



OVERLOOK FOUNDATION ANNUAL REPORT 2022

ALL IN FOR OVERLOOK

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A Message from Overlook Medical Center and Overlook Foundation

Excellence doesn't happen by chance. It happens with an all-in approach by our care team and you – our extraordinary donors – to create a medical center that is indispensable to the communities we serve.

Being indispensable requires a healing culture that combines clinical excellence with wellness and support services that offer the best possible experience for everyone who walks through our doors. It requires an exceptional kind of caring that is accessible to patients and their families all day, every day. And it requires an ongoing commitment to ensure world-class talent, the latest treatment technologies, and the most up-to-date facilities are always available close to home. Because of you, Overlook offers all that and more!

We are honored and grateful that you have chosen to partner with us toward our shared mission of health care excellence. Together, we have created one of America's 50 Best Hospitals right here in your backyard. And now, our work continues as we evolve to meet emerging needs with a multi-phase expansion and upgrade of nearly 90 percent of Overlook's patient care spaces.

In our 2022 annual report – All In For Overlook – we'll highlight some of the sweeping changes underway, including "new beginnings" for the Frank and Mimi Walsh Maternity Center. Emre Kayaalp, M.D., Ph.D., chair of obstetrics and gynecology, and Stacy Anne Mehcz, MPA, BSN, RN, director of nursing for women and children's health services, both of whom joined Overlook last year, explain how the reconfiguration of the entire department will optimize the birth experience for the increasing number of families turning to Overlook for maternity care.

In the following pages, you will meet a father and son who were given the gift of pain-free mobility thanks to the cross-functional, integrated model of care offered at Atlantic Health Neuroscience Spine Center at Overlook. We will introduce you to grateful patients whose lives were transformed through the intervention and support they received from our nationally ranked bariatrics program and innovative cardio-oncology program.

You will learn about the Varian™ TrueBeam™ Linear Accelerator, a breakthrough tool in our arsenal of treatment technologies that is advancing care for radiation oncology patients. You will also discover how Overlook's selection as the only New Jersey trial site for a groundbreaking brain tumor vaccine offers new hope for patients with newly diagnosed glioblastoma.

We will showcase sustainability initiatives that have earned Overlook national recognition, as well as a heartwarming internship program that gives area students with developmental disabilities greater opportunities for independence and employment.

Your generous support of health care excellence has touched lives, changed lives, and saved lives in your community. In 2022, gifts and pledges to our semiannual appeals, capital campaigns, and special events from you and other caring individuals, corporations, foundations, and community organizations amounted to more than \$8.7 million.

Thank you for being all in with Overlook!

With sincere appreciation for your generosity,

Clelia Biamonti *Stephanie Schwartz* *Jessalyn Chang*

Clelia Biamonti, Ph.D.	Stephanie Schwartz	Jessalyn Chang
Executive Director	President	Board Chair
Overlook Foundation	Overlook Medical Center	Overlook Foundation



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Cardio-Oncology Program Doesn't Miss a Beat During Cancer Treatment

Many cancer patients do not get the most advanced cardiac treatments because the cardiologist and oncologist are not discussing the overall prognosis and treatment course from both diseases. This program addresses that gap.

Madihah Brown has been caring for others for most of her young adult life.

At 39, she is a wife, mother of four active boys, and a patient care technician in Overlook's busy Emergency Department. When she was diagnosed with breast cancer in 2017, suddenly she was the patient who needed care . . . and not just cancer care.

During her pre-op testing prior to breast surgery, it was revealed that Madihah had cardiomyopathy, a disease of the heart muscle that makes it harder for the heart to pump blood to the rest of the body. Early signs of cardiomyopathy often go unnoticed; yet, if left untreated, the condition could lead to heart failure.

"I was ready to start my journey with breast cancer and knew I was going to be OK," says Madihah, "but the heart issue was a curve ball. I didn't know I had a cardiac problem. It came out of nowhere."

Fortunately for Madihah and other patients undergoing or about to start cancer treatment at Overlook, a cardio-oncologist and oncologist work together to monitor the impact of chemotherapy and radiation on their heart health. This partnership can efficiently address any side effects that may occur during cancer treatment and ensure that people with cardiac issues are still able to safely get optimal cancer therapies.

"Many chemotherapy agents and immunotherapies have some impact on the cardiovascular system, some of which can be toxic to the heart muscle or lead to hypertension, blood clots, or fluid retention that can weaken the heart muscle," observes cardiologist Sidney Glasofer, M.D., director of the Cardio-Oncology Program at Overlook. "Radiation, particularly in the chest area during breast cancer treatment, can also cause atherosclerosis, arrhythmia, valve disease, or disease to the heart lining."

"Cancer patients can develop some cardiovascular complications from their treatment," Dr. Glasofer adds. "If you are about to undergo cancer treatment, with or without pre-existing cardiac risk factors, or have previously had cancer treatment, it's important to be monitored by a cardiologist."

Following Madihah's breast surgery at Overlook, Dr. Glasofer vigilantly monitored the type of chemotherapy agent she received to ensure that it would not adversely impact her cardiomyopathy. Madihah also had a pacemaker implanted – a device that she affectionately calls her "seatbelt." "He doesn't want me to go into cardiac arrest out of nowhere," jokes Madihah, who continues to be under the care of Dr. Glasofer following additional surgeries and cancer treatment. "It's my safety net."

"Many cancer patients do not get the most advanced cardiac treatments because the cardiologist and oncologist are not discussing the overall prognosis and treatment course from both diseases," Dr. Glasofer points out. "This program addresses that gap."



Donna Delicio, Joana Emmolo, M.D., Joseph Weiner, M.D., Lydia Nadeau, Junsheng Cao

Overlook has a new tool in its arsenal of treatment technologies for radiation oncology patients.

The Varian™ TrueBeam™ Linear Accelerator rotates around the patient to deliver a prescribed radiation dose from nearly any angle. Integrating highly sophisticated imaging, beam delivery, and motion control, it generates 3D images in 60 percent less time with an up to 25 percent lower X-ray dose than previous imaging technologies. Plus, a high definition multileaf collimator shapes the beam to match the tumor, minimizing radiation to surrounding healthy tissue.

“This next-generation radiotherapy system allows us to deliver treatments with greater efficiency and accuracy, as well as expand the types of patients we can treat at Overlook,” comments Joana Emmolo, M.D., medical director of radiation oncology at Overlook. “The machine’s low X-ray imaging and four-dimensional computerized tomography combine to offer improved image quality, target accuracy, and more precise treatment. The higher intensity beam delivers a higher radiation dose, which ultimately reduces overall treatment time.”

One of the advancements that makes TrueBeam especially beneficial for women with left-sided breast cancer is its deep inspiration breath hold treatment, which can dramatically reduce the radiation dose to heart and lung tissue while the patient is in a supine position. “Women who are knowledgeable about this new advancement are seeking centers like ours for treatment,” explains Donna Delicio, director of nursing, outpatient oncology at Overlook’s Carol G. Simon Cancer Center.

“TrueBeam’s ability to deliver high-dose, pinpoint stereotactic treatments expands our ability to treat patients with pancreas, liver, and small lung lesions without implanting fiducial markers for tracking,” adds Dr. Emmolo. “This is very helpful for patients who are frail and/or at high risk for complication with the fiducial placement.”

“It’s a game-changer in terms of our ability to deliver more comprehensive, efficient, targeted radiotherapy.”

This next-generation radiotherapy system allows us to deliver treatments with greater efficiency and accuracy, as well as expand the types of patients we can treat at Overlook.

Overlook Selected as Trial Site for New Brain Tumor Vaccine

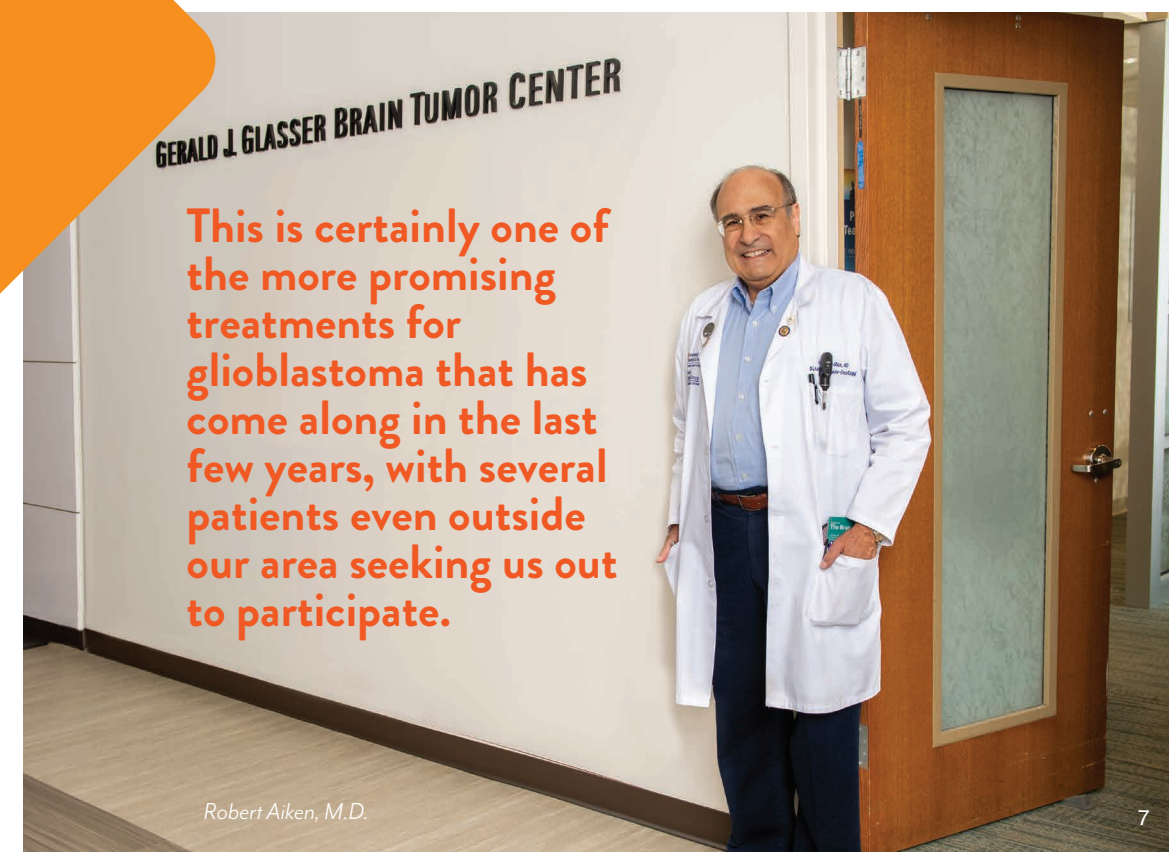
Patients with newly diagnosed glioblastoma – an aggressive type of malignant brain tumor – may be eligible to participate in a phase II study for a groundbreaking new brain tumor

vaccine. SurVaxM targets survivin – a cell-survival protein found in 95 percent of glioblastomas – and causes the body to produce an immune response against the protein. Researchers are hopeful that the vaccine will slow tumor growth and recurrence, extending a patient’s quality of life and survivability beyond the average 15-16 months.

Overlook is the only hospital in New Jersey and just one of two in the Mid-Atlantic region participating in the nationwide SURVIVE Phase 2B clinical trial . . . and has accrued more patient participants than any other test site so far. “This is certainly one of the more promising treatments for glioblastoma that has come along in the last few years, with several patients even outside our area seeking us out to participate,” says neuro-oncologist Robert Aiken, M.D., lead researcher for the trial at Overlook and co-director of Overlook’s Gerald J. Glasser Brain Tumor Center. “A few patients participating in earlier phase SurVaxM trials have survived for several years.”

SurVaxM is administered through a skin injection following surgery to remove the tumor, initial chemotherapy, and radiation. The vaccine is administered every two weeks over a six-week period and then every two months for 24 months. Accrual for the SURVIVE Phase 2B/3 trial is expected to continue for at least another year.

The Gerald J. Glasser Brain Tumor Center is nationally recognized for its robust clinical research program. It offers hope to countless patients as researchers work to develop the next generation of treatments for glioblastomas, brain metastases, meningiomas, and other less common neurological complications of cancer.



Robert Aiken, M.D.

Weighing In on Diabetes Management



Michelle Cohen, D.N.P.

Excess weight often contributes to increased insulin resistance, prediabetes, and Type 2 diabetes. Left untreated, diabetes can contribute to heart attack and stroke, among other health complications. “That’s why weight and diabetes management go hand in hand,” comments Michelle Cohen, DNP, RN, CDCES, nurse manager at Overlook’s Adult Diabetes Education Center and 2022 NJ BIZ “Forty Under 40 Award” recipient.

“For the majority of people who do not qualify for bariatric surgery, our certified diabetes care and education specialists, who are registered nurses and dietitians, offer patients a multidisciplinary approach to help manage all the social determinants of their health. We offer diabetes self-management training and medical nutrition therapy. In this, we focus on diet, exercise, medications, checking blood sugars, and other risk reduction techniques. If we learn that a patient smokes, for example, we connect them to smoking cessation resources within Atlantic Health System. Not only do we educate and train our patients, but we also assess their ability to access care, when needed, and afford their medications and supplies.”

The goal, Michelle says, is to help patients achieve their health goals and allow them to be active participants in their own care for overall wellness. “As patients lose weight, we see a gradual improvement in their blood sugar numbers and an overall improvement in their health.”



Muhammad Feteiha, M.D. with Kenneth Weisman and his grandchildren

A Healthier Outlook Thanks to Bariatric Surgery ✓

It’s 9 a.m. and 71-year-old Ken Weisman has already been to the gym, logged 10 miles on a stationary bike, and helped get his two young grandchildren off to school before heading to his part-time job. Seeing Ken today, it’s hard to imagine that he’s experienced two heart attacks, quadruple bypass surgery, six angioplasties, a hip replacement, diabetes, and spinal stenosis, not to mention that he once weighed 300 lbs.

“My weight was a problem all my life,” says the semi-retired Irvington resident. “I had a problem fitting into clothes. I felt uncomfortable, and I couldn’t walk long distances because I had trouble breathing.”

Determined to do something about his weight, Ken tried numerous diets with little long-term success. At 46, he lost 125 lbs. through regular walking and following the Atkins diet. But when the diet stopped, the weight came back – along with a host of health issues. Adding to his family history of cardiovascular disease, he developed Type 2 diabetes and was prescribed metformin. Spinal stenosis made it difficult for him to exercise. “I was angry with myself because I wasn’t able to do anything to correct the situation,” he remembers.

As the years passed and his weight increased, Ken started exploring the option of bariatric surgery. In 2021, he met with Kathy Kapner, bariatric coordinator, and Muhammad Feteiha, M.D., FACS, a bariatric surgeon with Atlantic Medical Group Advanced Surgical Associates and chair of the Department of Surgery at Overlook. “They were both so straightforward and down to earth, I fell in love with them immediately,” says Ken.

Kathy got the ball rolling by getting the necessary insurance approvals, while Dr. Feteiha initiated a series of evaluations to determine whether Ken was a good candidate for bariatric surgery. Over the next several months, Ken met with a nutritionist and a psychologist. He had extensive blood work done and underwent screenings with a gastroenterologist. “You name it, they did it,” jokes Ken. “It was a thorough process.”

Following bariatric surgery last May, Ken embraced a new relationship with eating that emphasizes healthy food choices and portion control. He joined a gym and has lost more than 70 lbs. His blood sugar levels dropped to within normal range, and he no longer requires diabetes medication. Plus, he’s off his blood pressure pills, and his spinal stenosis is in check.

“Bariatric surgery is more than a tool for losing weight,” observes Dr. Feteiha. “It’s a strategy for helping to resolve health issues that result from excess weight.” Obesity, he points out, is not just a weight disease, it’s a metabolic disease. “For those who qualify for bariatric surgery, we see a dramatic improvement in blood sugar management within days of surgery. And within a month, a patient’s diabetes medications are usually reduced or stopped.”

“I feel phenomenal,” says Ken. “Before the surgery, I couldn’t walk more than one step at a time before I was out of breath. Now I can walk a whole flight of steps in one motion. I have three children, three grandchildren, and a 92-year-old mother. When I go to bed at night, I know I’m going to wake up the next day and be there for the people I care about.”



Going Green and Clear

All signs leading to Overlook  may be blue, but we're earning accolades for going green through programs to create a safer, sustainable environment for patients, employees, and our community.

In 2022, Overlook was awarded Practice Greenhealth's Emerald Award, which recognizes the top 20 percent of applicants who have enacted advanced sustainability programs such as the installation of a Living Wall in Overlook's lobby, a move toward biodegradable plates and bowls in the cafeteria, participation in a statewide single-use plastic bag swap, and serving as a product testing site for reusable gowns. Overlook also received Practice Greenhealth's Greening the OR Award, in addition to its Environmental Excellence Award.

"The floor-to-ceiling, self-irrigating wall of plants brings oxygenated air into our lobby and demonstrates that environmental awareness is something we prioritize," says Melissa Bonasissa, MHA, CRA, RDMS, ultrasound medical imaging supervisor and member of Atlantic Health System's systemwide sustainability team of the Living Wall. "People love it. It allows us to visually highlight our message and mission regarding the environment."

"We've replaced Styrofoam in the cafeteria and single-use plastic bags in the gift shop with biodegradable and reusable options, and we're playing a role in statewide recycling initiatives," she adds. Efforts are also under way, she says, to document Overlook's reduced carbon footprint through telehealth visits and increase consumption of locally sourced foods. Also, water-efficient sinks, toilets, and showers have been installed in newly constructed areas of the hospital.

"Small things can collectively make a big difference," Bonasissa points out.

Overlook Recognized for Smoke-Free Surgical Procedures

Overlook was one of three New Jersey hospitals to earn a Go Clear Award™ for its achievement in eliminating hazardous smoke during surgical procedures. The award, presented by the Association of periOperative Registered Nurses (AORN), recognizes health care facilities that have committed to providing increased surgical patient and health care worker safety by implementing practices that eliminate smoke caused by lasers and electrosurgery devices during surgery.

A small amount of surgical smoke is generated in 90 percent of procedures when surgeons use special instruments to cauterize blood vessels or tissue, or when other devices utilize heat to function. Surgical smoke can contain toxic chemicals such as benzene, formaldehyde,

hydrogen cyanide and carbon monoxide, viruses, bacteria, blood, and cancer cells – all of which can pose serious health risks to patients and surgical staff.

Overlook earned its Go Clear Award by undergoing comprehensive surgical smoke education and testing and providing the medical devices and resources necessary to evacuate surgical smoke during all smoke-generating procedures.

"Making advances toward smoke-free surgical suites supports our mission to deliver quality patient care in a safe and healthy environment," comments Jill Carratala, MBA, BSN, RN, director of surgical services at Overlook.

Putting the Fun in Fundraising

At 200 members strong and growing, the 107-year-old Overlook Auxiliary – Overlook's oldest donor! – creatively re-energized efforts to enhance awareness, expand outreach, recruit new members, and boost support for current and emerging needs at the medical center.

Collectively during the past year, the impact of the members' time and talent granted nearly \$130,000 toward items on Overlook's Wish List and activities to support the Overlook community. This included providing a Brevera Breast Biopsy System for The Breast Center, vital equipment for the new Neuro Rehabilitation program, 200 Thanksgiving baskets for HealthStart families, handmade fidget blankets for patients with dementia, and 130 sound amplifiers to be used by patients with hearing loss.

The Gift Shop & Bloom, the Auxiliary's most significant annual fundraiser, was refreshed with new flooring and paint. Marketing for the friendly shopping hub was enhanced through a new Auxiliary website, social media, signage, a holiday catalog, and complimentary employee care packages.

In April, the Auxiliary hosted its inaugural "Art at Overlook" Auction and Cocktail Reception at the Racquets Club of Short Hills, bringing together more than 100 local artists, community members, and healthcare workers to raise over \$14,000 in support of pediatric and adolescent mental health initiatives.


Throughout the year, participation in several community outreach events – including the popular Summit Farmers' Market – helped expand awareness as well as membership in the Auxiliary. Local high school students were invited to join newly created Junior Twig groups and hit the ground running with multiple initiatives – from selling care packages to parents of college students during exam time to benefit oncology patients, to delivering Valentine gifts to pediatric patients and decorating the outdoor space of the Hersh Children's Center.

The Auxiliary ended the year with a "Cookies and Cocoa" reception for all Overlook employees in December. The highlight of the event was a gingerbread house competition, showcasing the creative talents of team members from 25 units of the medical center.

An orientation, featuring a tour of Overlook and The Gift Shop & Bloom, was developed to familiarize new members with the medical center and its myriad volunteer opportunities. "We want everyone to know that we welcome whatever time and talent you're willing to give," comments Overlook Auxiliary President Virginia Cepeda. "We're spreading joy among patients, visitors, employees, and the community in many different ways!"



Members of the "Art at Overlook" Auction and Cocktail Reception planning committee welcomed keynote speaker Walter Rosenfeld, M.D. who addressed pediatric mental health issues.

 If ever there was a year to amplify the level of "fun" in fundraising, 2022 proved to be that and more for the Overlook Auxiliary.



Auxiliary volunteers in The Gift Shop & Bloom keep this shopping mecca fresh and fun seven days a week for visitors and staff.



Atlantic Health System is one of only ten health systems in the United States to receive Practice Greenhealth's prestigious System for Change Award in recognition of its achievements in environmental sustainability.

Spine Center Puts Patients Back in Action



Joe and his father, Joseph Sr., of New Providence, have many things in common. Unfortunately, severe pain was one of them. Forty-three-year-old Joe's nerve pain in both of his arms and legs left him barely able to walk and on disability leave from his job for almost a year. His dad, a 69-year-old retired carpenter, had been struggling with severe back and groin pain for more than a year. Both father and son had nearly given up hope until they were referred to Atlantic Health Neuroscience Spine Center at Overlook. The second opinion they received gave each of them a second chance at a pain-free life.

Years of heavy utility work, manual labor, and volunteer firefighting had taken a toll on Joe's neck and back. A physician he initially consulted told him he had several herniated disks, but that they were inoperable and essentially untreatable. Joe's mother, a registered nurse, suggested that her son get a second opinion from Jay Chun, M.D., Ph.D., a neurosurgeon specializing in spine surgery and director of the Spine Center.

"Joe's MRI showed extreme cervical compression, which made walking and using his arms difficult," explains Dr. Chun. "His situation was so extreme that if he fell or was in a car accident, he could have been left a quadriplegic. I knew we had to do surgery immediately." Dr. Chun and the integrated team at the Spine Center quickly prepared for three procedures to repair compressed discs in Joe's cervical, thoracic, and lumbar spine. Using minimally invasive surgical techniques, Dr. Chun relieved the pressures on the spinal cord that would have caused catastrophic neurologic injury.

"While my case was complex and required specialized expertise, my experience at the Spine Center was seamless," says Joe. "Dr. Chun got everything moving quickly. He had fantastic communication, a great bedside manner, and made me feel at ease. Every doctor and discipline I needed was housed in one place, and the staff navigated me through the entire journey – from imaging and pre-op testing to follow-up and rehab."

Now, less than a year later, and walking and working pain-free, Joe remarks, **"Dr. Chun and his team gave me my life back."**

Based on his son's experience, Joseph Sr. also turned to Dr. Chun for a second opinion. Another spine surgeon had recommended back surgery to relieve Joseph's severe back and groin pain. "When I reviewed everything with Dr. Chun and he looked at my MRI, he suspected the problem was my hip, not my back," recalls Joseph.

"His MRI showed some spinal stenosis, but his symptoms were more typical of a hip problem," observes Dr. Chun. "I told Joseph he might need surgery for lumbar stenosis when he's 110, but the pain he was experiencing was related to his hip. I recommended he see an orthopedic surgeon right here in our Spine Center – one of the benefits of the holistic, convenient care we provide to our patients. The orthopedic surgeon confirmed Joseph had a hip issue that required surgery."

"Dr. Chun was very thorough," says Joseph. "He knew my son's situation was critical and jumped on it right away. With me, he looked at all the different avenues and helped me avoid unnecessary back surgery."

This father and son are just two examples of how the Spine Center is fundamentally changing the way spine care is delivered, points out Dr. Chun. "The goal of our integrated model is not to operate – but rather to achieve the proper diagnosis based on the patient's situation and the expertise and experience of our cross-functional team. Board-certified neurosurgeons, orthopedic surgeons, neurologists, neuroradiologists, physiatrists, physical therapists, nutritionists, nurses, and pain management specialists – all housed under one roof – track patient results, enabling us to deliver evidence-based care. When you factor in our participation in clinical trials that push the envelope in spine care and our commitment to providing best-in-class patient experiences, you get optimal patient outcomes."

Clinical Trial Aims to Reverse Opioid Crisis

Atlantic Health Neuroscience Spine Center is actively involved in clinical trials that set new standards for spine care. One of the latest is battling the opioid crisis by studying a new investigational non-opioid pain-relief patch, SP-103. The topical patch delivers more lidocaine than currently used topical pain patches and is being tested in patients with acute moderate-to-severe lower back pain that has lasted less than three months.

Leading the Vision for Maternity Care

For Emre Kayaalp, M.D., Ph.D., chair of obstetrics and gynecology, and Stacy Anne Mehciz, MPA, BSN, RN, director of nursing for women and children's health services, who both joined Overlook in 2022 to lead the Frank and Mimi Walsh Maternity Center, the reconfiguration of the entire department provides an opportunity to optimize the birth experience for the increasing number of families turning to Overlook for maternity care.

“Our goal is to offer the best possible outcomes – under the highest standards of care – in a joyful, nurturing environment,” says Dr. Kayaalp, who has held leadership positions at universities and hospitals in the U.S. and abroad, spearheading clinical research and programs to improve women's health.

He points to the success of Canadian and European models of women's health care, which rely on midwives and other allied health care professionals to assist in routine deliveries, suggesting those models can be replicated within the parameters of the American health care system. “At the same time,” Dr. Kayaalp comments, “our team must be prepared to manage all scenarios that require rapid, effective intensive care. It's a balancing act between offering a fun, positive experience and the appropriate clinical intervention, which is why the configuration of the physical unit is so important.”

Nearly 2,800 babies are born at Overlook each year, and most mothers experience a routine birth. However, Dr. Kayaalp points out that there is a growing proportion of older maternity patients, nationwide – particularly in this part of New Jersey – where there are more dual-income families and women are delaying childbirth. “In the obstetrics world, 36 is considered an advanced maternal age, placing those patients in a high-risk category.”

“As our volume of patients has increased, so too has the number of families of diverse backgrounds, and underserved populations,” says Stacy Anne, a vigilant champion of women's reproductive and maternal health who is committed to ensuring equitable access to safe and reliable medical care for all women, particularly vulnerable populations in the African American and LGBTQ communities. “With the reconfiguration of our physical space and delivery of exceptional care, we can make a real difference in helping these high-risk patients access high-quality care, and ultimately, get their babies off to a healthy start.

“New technology and facilities enhancements will allow us to deliver a more memorable family-centered approach to care,” adds Stacy Anne, “offering patients adequate time to rest, recoup, and bond with their babies through rooming-in. We go through the entire journey with them – from birth and postpartum care to facilitating the transition home.” Virtual postpartum visits, implemented during the initial wave of COVID-19, will continue to ensure a high percentage of maternity patients complete at least one postpartum visit, she says.

“There is a real commitment to excellence in women's health here,” observes Dr. Kayaalp. “The leadership team is energized to develop an enhanced model of care that can be piloted at Overlook and expanded to the rest of the network and state, where it will become the new standard of maternity care.”



Our goal is to offer the best possible outcomes – under the highest standards of care – in a joyful, nurturing environment.

Stacy Anne Mehciz, R.N., Emre Kayaalp, M.D.

New Beginnings for Mothers and Babies

While births are trending down nationally, Overlook has seen an uptick in deliveries over the past two years. In fact, during the initial peak of the pandemic, the hospital saw an influx of patients from outside its usual area, including from New York City.

Fortunately, plans were already in the works for a complete overhaul of the Frank and Mimi Walsh Maternity Center which is currently underway and expected to be completed by mid-2024. The project will reconfigure the entire department, tripling the number of private rooms, enhancing the flow of patient-centered care, and establishing new resources for families.

Part of a multi-phase expansion and upgrade of some 90 percent of Overlook's patient care spaces, the maternity center project has received solid support from The Healthcare Foundation of New Jersey through its \$1 million investment in a specialty that will benefit families throughout Union County and the surrounding area.

“The modernization of the Frank and Mimi Walsh Maternity Center strongly aligns with our organization's long-standing work to improve the quality of maternal healthcare in our region,” says Michael Schmidt, executive director and CEO of The Healthcare Foundation of New Jersey. “Our belief is that every family should receive high-quality, compassionate care when delivering a child, and this project will enable Overlook to deliver that level of care for generations to come.”

Overlook is uniquely located near some of the most diverse and historically underserved communities in New Jersey. More than half of Overlook's maternity patients identify as a race/ethnicity other than white and many face disparities in health care.

The maternity project will build a safe, high-quality, and equitable continuum of care for all pregnant and postpartum mothers, particularly Overlook's growing population of high-risk patients. This includes:

- Reconfiguring the maternity center's floorplan to create a contiguous flow between the labor and delivery and postpartum units, and the neonatal intensive care unit (NICU)
- Renovation of all labor and delivery rooms
- Creating 37 fully private postpartum rooms
- Creating a new four-bay triage and assessment area
- Creating a dual high-risk antepartum and postpartum area with four private rooms and critical diagnostic tools

“The maternity center is just one piece of Overlook's sweeping master plan to invest in the next generation of care for our patients and their families,” says Clelia Biamonti, executive director of the Overlook Foundation. “Our capital campaign – OverLook Ahead – offers a chance for those from our community to contribute to the future of Overlook as we continue to touch lives, change lives, and save lives.”

Off to the Races with the OVERLOOK AHEAD Campaign



Christina and Dean Serratelli with Priscilla and Vince Ursino



Peter and Dr. Megan Rosenstein, Clelia Biamonti, and Robert and Stephanie Schwartz



Sue Luehs, Maura Perier, and Liz Peck

Gathering at The Ryland Inn just days before the actual Churchill Downs event, guests donned their finest Kentucky Derby attire to launch the public phase of a \$176 million campaign to fund sweeping upgrades to Overlook Medical Center.

The OverLook Ahead campaign will help to financially support the enhancement plan to restructure 90 percent of the hospital's patient care spaces including new medical infrastructure in every room, a tripling of the number of private rooms, several brand-new units, and eight more operating rooms.

"Overlook is recognized as a beacon of innovation and excellent care, with an amazing team of clinicians and cutting-edge programs," said Overlook President Stephanie Schwartz at the event. "As we embark on this campaign, we're giving our world-class teams the facility, tools, and resources to complement the incredible work they do, and setting Overlook up to provide the best care now and in the future."

"For more than 115 years, Overlook has stood ready to assist those in need," added Clelia Biamonti, executive director of the Overlook Foundation. "Rarely has our commitment to and impact on the community been tested more than during the COVID epidemic . . . yet through the compassion and resilience of our team members, Overlook has emerged stronger. We have learned new ways to care for patients, and through this campaign, are preparing ourselves for what the future has in store."

About 200 Overlook supporters attended the May 1st kickoff event – titled "Off to the Races" – to hear more about the various projects directly from hospital and foundation leadership, as well as from the clinicians whose ability to provide exceptional care will be directly enhanced.

As we embark on this campaign, we're giving our world-class teams the facility, tools, and resources to complement the incredible work they do, and setting Overlook up to provide the best care now and in the future.



William Crane (right), president of the Bouras Foundation, with his son Bill, daughter-in-law Lauren, and wife Linda



Dr. Pamela Love with Christy Hodde and Ed Reeves



Lynn and Dr. Walter Rosenfeld – recipient of the foundation's 2022 Medical Marvel Award – with Dr. Samantha Pozner and Nikki Sumpter



Among the projects already completed are the South Parking Garage for employees (below), the entrance to the Bouras Emergency Department, and the Hersh Children's Center – a nearly 12,000-square-foot facility that centralizes the hospital's pediatric emergency and inpatient services in one convenient, family-friendly space (above).



Attending with his family, Owen Faecher thanked the clinicians who saved his life when, as a newborn, he was brought to the Overlook Emergency Department with a previously undiagnosed congenital heart defect.





One of just ten organizations recognized by the Association for Healthcare Philanthropy as a “Community Hospital High Performer,” also named a “2022 Top-Rated Nonprofit” by GreatNonprofits, the leading website for community recommendations of charities and nonprofits.

GIVING
AT A GLANCE

Restricted Gifts for
Capital and Program
\$7,708,589

Unrestricted
Annual Support
\$1,066,600

Total
\$8,775,189

Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

- If you would like to become a member of the “Overlook Medical Center Family” by supporting the Foundation, you may
- Become a “Distinguished Friend of Overlook Medical Center” with an annual gift of \$2,500 or more;
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All Overlook Foundation gifts are tax deductible and remain at Overlook.

For more information about how you can help further Overlook’s mission to provide exemplary health care services to its communities, please contact: Overlook Foundation, 46 Beauvoir Avenue, Summit, NJ 07901 908-522-2840, www.overlookfoundation.org

The foundation team: (rear) Aimee Artzer, Kelly Lallis, Eileen Weiss, Camille DelTosta, Lorie McDonald, Sue Coven, Kerry Mowry, Amanda Zampino, Megan Smith, (front) Clelia Biamonti, Kim Myler, Marianne Devlin, Marie Roberti, and Dina Rieman.

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Junior Board Focuses on Maternal Healthcare

Over the past eight years, more than 100 high school juniors have engaged in learning about their local hospital and the foundation that supports it.

They've heard from hospital administrators, physicians, and nurses; corporate and community leaders; and foundation donors, trustees, and team members . . . instilling in them a passion for philanthropy, healthcare, and Overlook.

Two returning seniors – Lauren Freed from Newark Academy and Natalie Manzo from Westfield High School (HS) – chaired this year's Junior Board, whose members voted to support the Frank and Mimi Walsh Maternity Center at Overlook.

"All but one of our monthly meetings were held virtually due to continuing COVID restrictions," reports Marianne Devlin, director of public relations for Overlook Foundation, who oversees the Junior Board program. "But that one in-person meeting included a tour of the maternity area which really resonated with the students and got them excited about helping to fund the extensive construction and renovation going on there."

Among their fundraising activities was a virtual panel discussion, "Maternal Healthcare: Supporting Mothers in Our Community," moderated by Dr. Megan Rosenstein, associate chief medical officer and director of obstetric anesthesia, and featuring a host of experts from the Overlook family: Dr. Dorothy Smok, maternal fetal specialist; obstetric hospitalists Dr. Antonia Pinney and Dr. Nita Praditpan; and Leanne Ivory, labor and delivery nurse.

Some \$18,000 was raised through donations to the virtual event, corporate matching gifts, and personal outreach by the students via the foundation's JustGiving website.

Members of the 2021-22 Junior Board included: Nupur Ballal, Kent Place; Patrick Eller, Delbarton; Nitya Gupta, Newark Academy; Jenna Hauser, Chatham HS; Caitlyn Jeffrey, Montclair Kimberley; Meredith Kenoff, Scotch Plains-Fanwood HS; Lauren Kim, Pingry; Harrison Lloyd, Oratory Prep; Megan McCann, Oak Knoll; Sophie McTigue, New Providence HS; Ola Mixon, Summit HS; James Regan, Westfield HS; and Ethan Wong, Governor Livingston HS.

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Charity Shoot Supports Surgical Services

The foundation's second annual sporting clays event at Hudson Farm Club drew dozens of shooters to rural Sussex County late last summer. Drs. Ron Benitez and Yaron Moshel of Atlantic NeuroSurgical Specialists spoke to the crowd just prior to the cannon firing by longtime Overlook supporter Ed Reeves (below), signaling the start of the afternoon's activities.

At the awards dinner that evening, guests heard from Dr. Muhammad Feteiha, Overlook chair of surgery, as well as foundation trustee Karina Calzadilla, who recounted her family's own surgical experiences at Overlook. Prizes were awarded to the first-place squad (Joseph Chiarello, Stephen Chiarello, Joe Mignon, and Christopher Pesce); top-scoring individual, Dr. Ron Benitez; and leading conservationist, Lauren Charlton.





Donors Don Hardhats

Nearly 40 guests at a Presidential Tour of Overlook this fall represented a combined 487 years of giving and \$11.3 million in support for the foundation. Among our generous donors on site for a first-hand look at construction and renovation progress were Mike Lipper and Hugh D'Andrade (above right); and Annette Mackie, Diane Swett, Marilyn Pfaltz, and Susan Watts (below).



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When six-year-old Andy Bovin passed away in 1986 after a four-year battle with leukemia, his parents Terry and Denis created the Andy Bovin Memorial Fund. Today, gifts to this fund continue to support leading-edge leukemia research, as well as to provide financial help to area families whose children are undergoing cancer treatment.

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Spotlight on Cultural Arts

Launched in 2022 with a number of community partners, the Overlook Culture Series highlights the visual arts, poetry, music, and other forms of artistic expression that reflect our commitment to humanism in medicine. Artist Rosalind Nzinga Vaughn-Nichol was among the talented presenters celebrating Black History Month, just one of several programs enjoyed by staff and visitors alike throughout the year.





Golfers Enjoy Entirely Outdoor Event

Some 200 golfers and volunteers converged on Canoe Brook Country Club last May for the foundation's 32nd Annual Golf Tournament, raising \$130,000 to support the John E. Reeves Same Day Surgery Center at Overlook.

Top finishing foursomes on the North and South courses respectively were Andrew Argo, Tracy Belmear, Ken Ferriter, and Frank McConville; and Becky Bedrosian, Mike Giacobello, Cindy Jones, and Jeff Leach. The Anthony F. Coppola, M.D. Memorial Award was presented to Darren Siker for the lowest individual gross score.

Among those enjoying a picture-perfect day were Stuart Milsten and Mike Gambro (above); and Rich Heintzelman, Mike Tanenbaum, Jim Keale, and Tom Robertson (below).



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The Overlook Heritage Society



Gathering for a special Afternoon of Gratitude in December, members of the Overlook Heritage Society came together for the first time in more than two years to enjoy – in person – a holiday performance by the St. Benedict's Preparatory School choir, followed by a festive luncheon in the Bouras Auditorium.

Overlook President Stephanie Schwartz and Chief Medical Officer John Audett, M.D. shared updates about the extensive construction and renovation projects currently underway as we continue to create the best hospital for the future. They addressed the valuable role of hospitalists as our patients' "coaches and quarterbacks," the forthcoming move of neurology and cardiology patients to dedicated step-down units, and for the second consecutive year, Overlook's 'A' grade for safety, the highest possible rating from The Leapfrog Group.

The Overlook Heritage Society proudly stands at 142 dedicated members who have generously invested in sustaining excellence in health care at Overlook by naming the foundation in their will, designating a gift from their IRA or retirement account, donating a life insurance policy or an interest in real estate, or creating a charitable trust or annuity.

We thoughtfully remember two members who we lost in the past year: William A. Quinn of Mountinside and Nancy G. Rice of Summit, more recently of Reston, VA. Their gifts will impact the medical center where the need is greatest.

To learn more about how you can change someone's life through your estate plan, please call Aimee Artzer at the foundation at 908.522.2181 and ask to discuss a planned gift to Overlook.

2022 Heritage Society Members

Anonymous (1)
Mrs. Robert Abelson
Barbara Z. Alleyne
Byron H. Arison
Anne S. and Paul A. Babineau
Phyllis and Khoren Basmadjian
Mr. and Mrs. Amos T. Beason
Janet B. Bent
Mr. David Bialoglow
Clelia Biamonti and
Adam Psichos
Mr. and Mrs. David C. Bushnell
Teresa C. Byrne
Diane J. Cesarz
Ms. Jessalyn Chang
Mrs. Judith A. Chicka
Carol and Ed Cimilluca
Kenneth D. Cole
Millie and Jack Cooper
Mr. David G. Dietze
Mrs. Alice S. Dillon
Christel A. Dynes
Mr. George Eizenberg
Ms. Suzanne B. Engel
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Amanda and Steve Ford

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Ms. Meyra J. Green
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David and Emily Wexler
Richard and Elizabeth Wolffe
Louis and Lillie Zachary
Dr. Carol Zimmermann

OVERLOOK at a Glance



2022 Operating Statistics

Emergency Department Visits **98,017**

Admissions **22,244**

Same Day Surgical Procedures **10,671**

Inpatient Surgeries **4,495**

Observation Cases **4,423**

Employees **3,406**

Births **2,629**

Attending Physicians **1,520**

Licensed Beds **504**

Medical Residents **101**

Average Length of Stay **4.8 days**

Overlook Medical Center is a nationally recognized, locally loved provider of world-class medical care, conveniently close to home. Here, the region's top-tier physicians, nurses, technicians, and caregivers offer the most advanced technology, leading-edge treatments, and pioneering research in a compassionate, patient-centered environment.

Our Summit, New Jersey campus is home to Atlantic Neuroscience Institute – the area's leader in neuroscience care – which offers a broad range of advanced neurological, neurosurgical, and neurodiagnostic services. These include an Advanced Comprehensive Stroke Center, a Level IV Epilepsy Center, Atlantic Health Neuroscience Spine Center, and the Gerald J. Glasser Brain Tumor Center, where more brain tumor surgeries are performed than anywhere else in the state. Our CyberKnife® program is the most experienced in the tri-state area at treating hard-to-reach tumors of the brain, prostate, spine, lung, liver, and pancreas. For our youngest patients and their parents, the all-new Hersh Children's Center provides top-tier pediatric emergency and inpatient services in one convenient family-friendly location.

Beyond our state-of-the-art facilities in Summit, Overlook's network of care extends to multiple access points located in the growing number of communities we serve. Patients throughout our region have convenient access to our multispecialty physician network, primary care, urgent care, surgical, rehab, infusion, and imaging centers in Union, Clark, Bayonne, and New Providence.

Atlantic Health System (AHS) – Overlook's parent company – serves more than half the state, including 12 counties and 6.2 million people. The not-for-profit system offers more than 400 sites of care, including seven hospitals, 23 urgent care centers, Atlantic Visiting Nurse, and Atlantic Anywhere Virtual Visits. Facilitating the connection between these services on both land and air is the transportation fleet of Atlantic Mobile Health. AHS is powered by a workforce of more than 18,000 team members and 4,800 affiliated physicians dedicated to building healthier communities.

Accolades



Excellence Awards

Bariatric Surgery
Cranial Neurosurgery
Labor and Delivery
Neurosciences
Obstetrics and Gynecology
Patient Safety
Pulmonary Care
(Healthgrades®)

America's 100 Best Hospitals

Critical Care
Gastrointestinal Care
Gastrointestinal Surgery
Spine Surgery
Stroke Care
(Healthgrades®)



**Excellence doesn't happen by chance.
It happens with an all-in approach
by our care team and you –
our extraordinary donors –
to create a medical center that is
indispensable to the community we serve.**



OVERLOOK AHEAD

Thanks to more than 1,800 generous donors, we have raised some \$59.5 million – nearly three-quarters of the way to our \$82.5 million goal!

The Overlook community has already seen some big changes funded through the OverLook Ahead campaign:

- The new Hersh Children's Center links the Meri and Sol Barer Inpatient Pediatric Unit to the Michael Gordon Reeves Pediatric Emergency Department for better coordinated care of our young patients.
- Once inside the new Bouras Emergency Department, patients are triaged to separate specialized areas for adults and children, with increased capacity for faster care.
- A new on-site employee parking garage has freed up space for patients and visitors in the existing East and West Garages, while eliminating the need for street and remote parking.

Construction is currently underway in the Reeves Same Day Surgery Center as well as the East Wing, which includes the Kevin Bell, M.D. Critical Care Unit, the Neuro Intensive Care Unit, and The Healthcare Foundation of NJ Mother Baby Unit.

Over the next few years, Overlook will be expanding its footprint and restructuring 90 percent of its patient care spaces – including new medical infrastructure in every room, triple the number of private rooms, a number of brand-new units, and additional operating rooms.

Visit www.overlookfoundation.org for more information about the exciting plans for making Overlook a true hospital of the future.

Stop by our campaign wall outside the Bouras Auditorium at Overlook to learn more!



Project SEARCH Inspires Independence and Employment

Every year, Overlook welcomes nine students with developmental disabilities to participate in a year-long internship program, called Project SEARCH, during their final year of high school. Project SEARCH interns participate in employment-related instruction and rotate through three internships in various areas of the hospital, including food and environmental services, information technology, materials management, clinical departments, and the gift shop. Rotations, which last 10-12 weeks, are individually designed to capitalize on each student's interests, vocational goals, and potential.

"Project SEARCH provides students a chance to explore careers and develop transferable job skills," says Josh Bornstein, M.Ed., director of special projects, Union County Educational Services Commission's Work Readiness Academy and Project SEARCH at Overlook Medical Center. "The combination of instruction and immersion in the workplace prepares young adults with disabilities to make successful transitions from school to productive adult life."

Students are supported by an Overlook team member, who serves as the internship mentor, as well as onsite Project SEARCH staff members who float between departments providing additional training and assistance. Graduates leave the program with a professional portfolio that includes a resume, references, recommendations, and real-world work experience and can accept a job offer at Overlook or elsewhere in the community. Once employed, graduates receive follow-up support from Project SEARCH to retain employment.

The combination of instruction and immersion in the workplace prepares young adults with disabilities to make successful transitions from school to productive adult life.

"Overlook embraced this program from the beginning when it became the first New Jersey Project SEARCH host site in 2016," remarks Bornstein. "Since then, it has been instrumental in helping to raise the bar for employment of individuals with disabilities. It's a good fit," he says of the Overlook partnership. "Hospitals are an ideal environment for this type of program because of the diversity of work-based learning opportunities."

Overlook Foundation was among the earliest hosts of Project SEARCH students, including Jalen Boyd who, today, works in Overlook's Food Services Department, delivering meals to patients throughout the hospital. His full-time employment continues to be a source of pride that began six years ago when he joined the program at his parents' urging. Today, he readily shares his positive attitude and upbeat nature with his co-workers and patients alike as he makes his daily rounds.

"When I started with Project SEARCH, I was excited about preparing myself for the real world. Sometimes it was challenging, but I always felt comfortable with my coaches and the other students," says Jalen. "I'm so happy to now be part of the Overlook family and hope to keep moving forward as part of this team!"

Since 2016, more than 70 percent of graduates have found successful employment in the community including 11 at Overlook.



Josh Bornstein, Jalen Boyd

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Friends Remembered

Since our last report, we have lost several beloved members of the Overlook Foundation family. We recognize their special contributions to Overlook and to our community, and we extend our heartfelt condolences to their families.

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