

OVERLOOK FOUNDATION
ANNUAL REPORT • 2021



Turning the Page

On the cover:

With COVID vaccinations and boosters readily available, our communities are looking forward to more multi-generational gatherings, as with the Calzadilla/Picicci family: Karina and Arturo (center), their children Diana and Santiago, and her parents Florencio and Cecilia.



Turning the Page was produced by the Overlook Foundation.
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A Message from Overlook Medical Center and Overlook Foundation

As we reflect upon the past two years of unprecedented challenges and look with hope and confidence toward 2022, a simple phrase comes to mind: *Turning the page.*

Many of you know that plans were underway to bring major facilities and technology enhancements to our Summit campus when the coronavirus pandemic prompted us to reevaluate them with a fresh perspective. In 2021, we optimized those plans and – with the help of supporters like you – we have made our nationally recognized community hospital even better.

Our facilities are prepared to keep patients and staff safe from any type of infectious disease. Thanks to your generosity, ventilation systems will be upgraded in all critical care areas so that they can be converted to negative pressure rooms at the flip of a switch. This critical capital improvement protects patients and practitioners from infection and prevents the spread of infectious disease to other areas of the hospital. We have a high level of preparedness for whatever the future may hold – a level of safety that you expect and deserve in your community hospital.

In 2021, your philanthropy funded the opening of the Hersh Children's Center – a new 12,000-square-foot facility, consolidating pediatric emergency and inpatient services in one centralized location. Your generosity culminated in a new front entrance, lobby, and triage area for Overlook's Bouras Emergency Department. It also helped build a new employee parking deck.

In these pages, we'll highlight how donor dollars are responsible for putting the latest visualization tools for removing deep-seated brain tumors into the hands of renown neurosurgeons at the Foundation-funded Gerald J. Glasser Brain Tumor Center. We'll demonstrate how the HoloLens 2 mixed reality device is improving complex shoulder surgery. You will learn about a little boy who was thoroughly entertained by a video during an MRI, thanks to the theater experience offered by Overlook's state-of-the-art 3T Magnetom Vida. You will also meet a grateful patient – and Foundation board member – who made a meaningful contribution to enhance the capabilities of Overlook's Thyroid Center.


We are turning the page by welcoming a new generation of clinical and leadership talent to the Overlook family. Many young top-tier physicians, trained at major academic institutions, are choosing to continue their careers in practices within the multispecialty Atlantic Medical Group. You'll have an opportunity to read about Lee Starker, M.D. – a gifted young surgeon – who is following in the footsteps (or more accurately, the talented hands) of his father – retiring Overlook surgeon Paul Starker, M.D.


In 2021, Stephanie Schwartz, former president of Chilton Medical Center, became president of Overlook, following the retirement of Alan Lieber, who led the hospital since 2003. Ophelia Byers, D.N.P., R.N., A.P.R.N., joined Overlook as chief nursing officer, succeeding Mary Pat Sullivan, R.N., who served in the position for more than 14 years and has transitioned to a new position as director of nursing education and professional development for Atlantic Health System.


As in years past, we are profoundly grateful for the power of your generosity. Last year, gifts and pledges to our semi-annual appeals, capital campaigns, and special events from you and other caring individuals, corporations, foundations, and community organizations totaled more than \$20.6 million. Your gifts allowed us to respond to unforeseen challenges, optimize plans under way, and turn the page toward a brighter, healthier future for our communities.

WE are one of America's 50 Best Hospitals, but YOU are THE BEST supporters!

With sincere appreciation for your generosity,


Clelia Biamonti, Ph.D.
Executive Director
Overlook Foundation


Stephanie Schwartz
President
Overlook Medical Center


A. Jude Avelino, Esq.
Board Chair
Overlook Foundation

As we reflect upon the past two years of unprecedented challenges and look with hope and confidence toward 2022, a simple phrase comes to mind: *Turning the page.*



Technology That Is Transforming Brain Surgery

Last March, Lisa Vidal was on a Zoom call when she noticed that the right side of her face appeared to droop. A few days later, at her daughter's lacrosse tournament, a friend spotted the same thing and suggested it might be Bell's palsy, a temporary weakness of facial muscles.

Lisa – a preschool teacher, wife, and mother from Branchburg – consulted her family physician, who prescribed a steroid and ordered an MRI. At the imaging center on March 31, she got the shock of her life.

"They told me that I had a mass on the right side of my brain," remembers Lisa. "They wouldn't allow me to drive home. In fact, they recommended that I go straight to Overlook, which they said has an excellent neuroscience program."

As she and her husband, Manny, drove to Overlook's Emergency Department, they called family members and

friends, who confirmed that they were headed to the best and most convenient neuroscience center in the region. They also offered their support at home with the Vidals' children – 14-year-old twin daughters and two sons, ages 18 and 21.

Following additional MRI scans, the Vidals met with Yaron Moshel, M.D., Ph.D., a neurosurgeon at Atlantic NeuroSurgical Specialists (ANS) and co-director of the Gerald J. Glasser Brain Tumor Center. Dr. Moshel explained that Lisa had a tumor located in a deep-seated area of the brain called the insula (which plays a role in regulating numerous functions including emotion, perception of pain, motor control, and sense of self). He said that the tumor was, most likely, malignant and needed to be surgically removed.

Despite the life-changing diagnosis, Lisa says, Dr. Moshel and the entire staff made them feel comfortable every step of the way. Nicholas Metrus, M.D., a neuro-oncologist, put them at ease, explaining every detail about the treatment plan. Retired neurosurgeon and ordained Catholic deacon Brian Beyerl, M.D., FACS, and social worker Janet LeMonnier provided vital emotional support. "Beth, the nurse practitioner, was also so knowledgeable, sweet, and comforting. She braided my hair so that only a small patch needed to be shaved."

Yaron Moshel, M.D, Fabio Frisoli, M.D.

On April 2, the morning of the surgery, Lisa FaceTimed with her family and told Manny, "If I survive this, I want to renew our wedding vows."

That morning, Lisa also did something novel among most brain tumor patients. She drank a pink liquid that made her tumor glow. The Glasser Center is one of the first in New Jersey to incorporate fluorescent imaging to help surgeons distinguish malignant tissue from healthy tissue in glioma brain tumors, which typically lack defined biological boundaries. Patients ingest 5-ALA, a fluorescent tracer that circulates throughout the body and tags abnormal brain tumor cells by illuminating them a bright pink color that can be seen with the specialized filters of Overlook's newest high-tech microscope, the Zeiss Kinevo® 900 (funded by donations to Overlook Foundation). This cutting-edge robotic visualization system, together with Stealth Navigation 3D images, allows neurosurgeons to safely remove malignant tumors in some of the most difficult-to-reach locations with pinpoint accuracy.

"The combination of these technologies absolutely improves the quality and outcome of our cases," comments neurosurgeon Fabio Frisoli, M.D., who became proficient in the use of the Zeiss during his fellowship in brain tumor and skull base surgery at Barrow Neurological Institute. "The surgical corridor in which we are working is no more than an inch or two. In the past, we would need to reposition the microscope with our hands, look up at a screen displaying an MRI, and turn back to the operating table. The Zeiss has both a mouthpiece and foot pedal, allowing us to seamlessly maneuver the robotic microscope during surgery with automatic zoom and focus adjustments. Our hands never leave the surgical field and the heads-up display allows us to see everything right in front of us. With the added benefit of fluorescence, we can remove more tumor and spare healthy tissue with a whole new level of safety, certainty, and efficiency."

Prior to surgery, Dr. Moshel predicted that he might be able to remove 40-50% of Lisa's tumor. After the surgery, the MRI showed that he was actually able to remove 80-90% of it, thanks largely to the Glasser Center's leading-edge visualization tools.



Lisa and Manny Vidal (second and third from right) enjoyed a special vow renewal in the Dominican Republic with Lisa's mother Marcie, and children Nicholas, Kiera, Manny, and Maia.

"I've never had surgery and my first was brain surgery!" remarks Lisa. "God knows you don't want to hear that, but what impressed me most was the support and caring we received from every person we encountered at Overlook. From the medical team, including Dr. Metrus' nurse, Angela Davis, who was available to address our concerns, to radiation oncologist Joana Emmolo and the radiation oncology technicians, the nurse who always greets me and offers me lunch at the infusion center, the virtual support group in which we participate, and the physical therapist who genuinely wants me to get back to where I want to be – they have all made such an impact on my life."

"Few centers across the country offer a multidisciplinary service that works so closely together to offer patients access to the highest quality and groundbreaking treatments," points out Dr. Frisoli.

Last August, Manny fulfilled Lisa's pre-surgery wish. Surrounded by 18 friends and family members, they renewed their wedding vows in the Dominican Republic. In the coming months, they plan even more family getaways. "Every day is a gift," says Lisa.



Mixed Reality Device Aids Orthopedic Surgery

Fifty-nine-year-old Susan Supino is no stranger to pain, having lived with migraine headaches and severe arthritis for many years.

But the progressive pain in her shoulder was different. It interfered with daily functions like putting on her coat, walking her dog, making the bed, and even sleeping.

At the recommendation of Andrew Kaufman, M.D., a pain management specialist affiliated with Overlook Medical Center, Susan met with John Erickson, M.D., a fellowship-trained orthopedic surgeon at Atlantic Medical Group Orthopedics in New Providence. Dr. Erickson, who utilizes state-of-the-art techniques to treat shoulder, elbow, wrist, and hand conditions, identified that her chronic shoulder pain was due to significant

bone loss and degeneration of the supraspinatus tendon – part of the rotator cuff that facilitates upward arm movement.

“Dr. Erickson was very professional,” says the retired medical social worker and adjunct social sciences instructor from Sussex County. “He didn’t push me into having surgery, but he was honest in telling me that an injection would not be of much help.”

Guided by the reality of being housebound due to the COVID variant, Susan opted for a reverse shoulder replacement last May. “It seemed like a good time to do it, since I wasn’t going anywhere at the time,” she remembers.

Planning is important in every surgery. But it becomes even more critical when it involves harvesting bone from a patient’s shoulder to create a wedge implant for use in a reverse total shoulder replacement. In the past, Dr. Erickson might have utilized a 3D patient-specific anatomical model for pre-surgical planning. Today, he is among a select group of surgeons worldwide using the Microsoft HoloLens 2 mixed reality device.

Resembling a pair of high-tech ski goggles, the device is equipped with sophisticated environmental mapping hardware and an eye-tracking camera that enable users to see the world around them as well as interact with models they create. Operated with hand gestures and voice commands, surgeons can view 3D holographic images of a patient’s anatomy created from X-rays or other scans and move those virtual images around to see them from different angles.

“It’s a great way to ensure that you’ve optimized the result,” explains Dr. Erickson, who uses the HoloLens 2 for surgical planning, live surgery, and as a teaching tool with orthopedic residents from Rutgers New Jersey Medical School. For Susan’s surgery, “it offered the ability to check my graft size, guide the position and angle of the pin, and measure depth and length for accuracy.”

Due to his early adoption of mixed reality technology, Dr. Erickson was one of two American surgeons selected to participate in a global Microsoft 24-hour Holographic Surgical event last year. During the event, Dr. Erickson collaborated remotely with a surgeon in Paris to assist a Brazilian surgeon in treating a collarbone fracture and perform a shoulder arthroscopy – all using the mixed reality technology linked through Microsoft Teams. Since then, he has participated in many other virtual surgeries around the world.

“The HoloLens 2 opens up whole new pathways for helping surgeons,” remarks Dr. Erickson. “In addition to surgical planning and training, I predict it will soon have a bigger role as a navigational device in the operating room.”

In Susan’s case, the mixed reality device contributed to a successful surgical outcome and a promising new chapter in her life. “I can lift my arms straight up, make the bed, and walk the dog with no pain,” she says.

Having recently relocated to North Carolina, Susan is enjoying life with a new home ... AND a new shoulder.

John Erickson, M.D.

Turning the Page on COVID

When the coronavirus pandemic reached our community in 2020, Overlook’s leadership, environmental staff, pharmacy, and multispecialty care teams flexed on a dime to create a playbook that would achieve the best possible outcomes for COVID-positive patients while simultaneously caring for non-COVID patients. Throughout 2021 and beyond, combatting COVID has become part of our daily operations.

“Being part of a vibrant, respected health care system has proven to be extremely beneficial in accessing resources from the state and delivering essential care to our communities both within and beyond our walls,” remarks John Audett, M.D., Overlook’s chief medical officer. “We are recognized as a go-to health care system because of our ability to get things done efficiently.”

Behind the scenes, Atlantic Consolidated Laboratory (ACL) was transformed into a comprehensive clinical laboratory with a first-rate Molecular Department to perform a full range of COVID testing. ACL was the first clinical laboratory in the state to introduce rapid testing for COVID variants. With grant funding from the New Jersey Department of Health, ACL expanded access to and capacity for high-quality in-house COVID testing. In addition to more than 40 locations across New Jersey where people could access high-quality testing, Atlantic Health System (AHS) introduced a mobile testing program, providing more than 4,000 tests per week to schools, long-term care facilities, and businesses.

On February 9, 2021, Overlook and AHS partnered with the City of Summit to open a vaccine clinic at the Summit Community Center, which for several months was manned by Clelia Biamonti, executive director of Overlook Foundation. Since then, Overlook has provided over 100,000 COVID vaccines to the community through vaccine centers in Summit and Clark, as well as a mobile initiative. As an early provider of monoclonal antibody therapy, more than 1,400 Overlook patients were treated at one of our AHS monoclonal antibody infusion sites.

“Now, should new variants or infectious disease come to our doorstep, we have confidence in our ability to meet those challenges with the ingenuity and leadership we demonstrated before,” says Dr. Audett.

Paying It Forward

with Technology to Benefit Thyroid Center



Richard Schrader, James Chen, M.D.

James Chen, M.D., FACE, and Richard Schrader have a physician-patient relationship that spans more than 15 years. They met in 2007, when Rich was referred to Overlook for radioactive iodine treatment and nuclear scans following surgery to remove a malignant thyroid tumor.

"At the time, Overlook was one of a very limited number of facilities with the ability to do such treatments and scans," recalls Rich, a retired corporate executive whose career included engineering and finance roles with a global engineering firm.

Behind this unique capability was Dr. Chen, one of the few board-certified endocrinologists in the country who is also board-certified in nuclear medicine and holds a Nuclear Regulatory Commission license to treat patients with thyroid cancer. After an initial radioactive iodine treatment following his surgery, Rich returned to Overlook annually for scans to screen for any recurring abnormalities.

"Dr. Chen has a tremendous rapport with his patients and an excellent bedside manner," Rich points out. "Whether you are a lay person or highly technical, he is very good at explaining everything."

As the years went by and his annual visits with Dr. Chen continued, Rich and his wife, Eileen, began talking about making a meaningful contribution to Overlook and earmarking it for the thyroid program.

"At the time, the thyroid program was housed in a small area on the hospital's fourth floor and didn't seem reflective of the important care it provided to the region," remarks Rich.

It just so happened that the Scotch Plains couple's philanthropic interest in the thyroid program dovetailed Overlook's own plans to relocate and expand the thyroid program, culminating in the 2020 opening of the Atlantic Thyroid Center in the Medical Arts Center II building. The Thyroid Center provides comprehensive evaluation and management of patients with hyperthyroidism, hypothyroidism, thyroid nodule, and thyroid cancer through one convenient gateway to a range of Atlantic Medical Group specialists: endocrinologists specializing in thyroid disease including thyroid biopsies and nuclear imaging and treatment; ENTs; surgical oncologists; pathologists specializing in thyroid disorders; and head and neck radiologists.

The Schraders' gift will supplement these capabilities by funding the purchase of radiofrequency ablation (RFA) technology. RFA is a minimally invasive procedure used to shrink large symptomatic benign

thyroid tumors. The physician uses ultrasound to guide a needle and microelectrode probe to the target area, sending radiofrequency waves that deliver friction and heat to the tumors and causing the cells to die.

"Normally, people would require surgery to treat these tumors, leaving them with a permanent scar on their neck," comments Dr. Chen, director of the new Thyroid Center.

"This technology eliminates the need for surgery as well as recovery time. The Schraders' gift will improve the lives of many patients."

Small but Powerful

The thyroid is a small butterfly-shaped gland with an important job. Located at the base of the neck in front of the trachea, it produces hormones that regulate the body's metabolism and impacts critical body functions, such as energy level and heart rate.

According to the American Thyroid Association, more than 12 percent of the U.S. population will develop a thyroid condition during their lifetime. This could range from the incidental discovery of a small nodule during a chest scan to the development of a potentially life-threatening form of thyroid cancer.

"Fortunately, most thyroid disorders – including cancer – can be managed, if diagnosed early and treated by the appropriate specialist," says Dr. Chen. "At Overlook, we have the tools, technology, and talent to deliver top-flight multidisciplinary care. We coordinate every stage of your treatment, including all appointments, the moment you walk through our door."

Caring for Communities

Beyond Our Walls

Since the December 2020 opening of the Clark-North Pavilion at 140 Central Avenue, residents in eastern Union County have benefited from access to urgent care, COVID-19 vaccinations, and an array of medical, imaging, laboratory, and rehabilitation services in one convenient location.

The 24,000-square-foot, state-of-the-art facility is home to talented specialists in orthopedics, physical therapy, cardiology, rheumatology, neurology, and surgical oncology – all seamlessly connected to the award-winning Overlook Medical Center.



Irene Rossmer, M.D., Marc Mandel, M.D.

"The Clark-North Pavilion complements Overlook's Union-based location by offering urgent, preventive, and top-tier subspecialty care to those living in Cranford, Clark, Westfield, Linden, Rahway, Roselle, and surrounding communities," comments Marc Mandel, M.D., MS, FACS, a member of the Carol G. Simon Cancer Center/Atlantic Cancer Care team, Overlook's cancer liaison to the American College of Surgeons and surgical representative to its Breast Leadership Program.

"We are seeing more people from the area, perhaps reluctant to travel to Summit – especially women who may have put off their mammograms during the height of the pandemic," observes Dr. Mandel, who has office hours at both the Clark-North Pavilion and Overlook. "In Clark, we have a full breast imaging center with mammography, MRI, and ultrasound, as well as ultrasound-guided breast biopsy. If cancer is detected, patients receive the full complement of care, exactly as if they had gone to Overlook's Summit campus for their initial mammogram."

Irene Rossmer, M.D., FACS – a surgeon specializing in the management of complex cancers of the gastrointestinal tract, liver, pancreas, skin, and breast – is equally excited about making individualized, multidisciplinary cancer treatment more accessible to the community. Dr. Rossmer, who joined Atlantic Medical Group's surgical oncology team in 2020, says patients with advanced cancer problems would typically need to travel to higher level tertiary care facilities for treatment.

"Now, whether we have an initial consultation in Clark or Summit, patients have access to multiple oncology specialists who collaborate on a treatment plan that may include surgery, radiation, medical oncology – or a combination of those," she explains. "They have access to clinical trials, palliative care, social and emotional support services, nutritional guidance, and integrative therapies – all designed to put them on a path to recovery."

A Letter From the Overlook Auxiliary



Just off the main lobby of the hospital, Stacy Beckett welcomes shoppers to the Gift Shop & Bloom, one of many fund-raising initiatives spearheaded by the Overlook Auxiliary.

Since 1916, the Overlook Auxiliary has cultivated a compassionate and comforting environment throughout the entire Overlook Medical Center community with active volunteering and imaginative fund raising.

Although the current pandemic has taken the Auxiliary in some different directions, the organization's Gift Shop & Bloom has remained a constant amidst the challenges of caring for a community adjusting to a new normal. The Phantom Ball went on as planned, raising more than \$27,000 for patients recovering from COVID post-hospitalization. And Art at Overlook launched a new exhibit, "A Bouquet for Heroes," as a salute to front-line workers everywhere. This beautiful artwork lines the hallways of the 5th floor and additional pieces have been purchased for the Mother/Baby unit to delight our new mothers.

The Auxiliary hosted a successful "New Member Zoom" meeting to allow for community members to learn more about our organization from the comfort and safety of their own homes. Proceeds from our well-attended spring luncheon at the Fortnightly Club of Summit were directed for the purchase of Halo Sleep Sacks and Emergency CPR kits for NICU patients to use after discharge. In the fall, we were busy with our annual mum sale, a Zoom wine tasting event, and holiday greenery and Boon Supply fundraisers.

Throughout the year, Auxiliary volunteers continued their work in the Gift Shop & Bloom, provided no-sew oncology blankets as well as thousands of changing pads and baby booties for the Mother/Baby unit, countless headbands for the nursing staff, lap afghans for elder care, and fidget aprons for our Alzheimer's patients. Additional areas benefiting from Auxiliary funding included: Camp Clover (for children experiencing the grief of loss); the Mother/Baby and Pediatric units; the Pediatric Eating Disorders Program; Overlook Family Medicine; the Radiology Department; the Hospice Complementary Therapy program; the HealthStart Clinic; nursing scholarships, including the Elsa Russell Memorial Scholarship and the Alternative BSN Nursing Program; and Atlantic Visiting Nurse (formerly Atlantic Hospice). We ended 2021 with our annual holiday decorating at the hospital and a holiday reception for employees, featuring baked goods from auxilians and boxed lunches from Summit FLAG (Front Line Appreciation Group).

As longtime Chief Nursing Officer MaryPat Sullivan moved on to new responsibilities at Atlantic Health System, we proudly honored her with the Overlook Auxiliary President's Cup and heartfelt thanks for her many years of service to the Auxiliary and Overlook. In addition, the newly created MaryPat Sullivan Nursing Scholarship will allow her legacy here to live on for many years to come.

Another end of an era came with the retirement of Madonna Lee, the Auxiliary coordinator, after 15 years of hard work and a warm smile for everyone throughout the hospital. Our new office assistant, Jennifer Cooney, comes to the Auxiliary with years of non-profit experience. In just a few short months, she has streamlined office operations and furthered our use of technology by creating a members' Facebook group and readying a new Overlook Auxiliary website for launch in early 2022.

Through our year-end annual appeal, we hope to raise additional funds for current and emerging needs at Overlook. We are grateful for our members and supporters who allow us to meet the challenges of ushering the Auxiliary through a new century unlike the last. And we appreciate the opportunities for service and support that we share with the Overlook Foundation on behalf of the hospital on its continued journey of excellence and compassionate care for our community.

With heartfelt gratitude,
Stacy Beckett and Heather Speas
Overlook Auxiliary Co-Presidents

Junior Board Supports Teen Mental Health

Since 2014 when the Overlook Foundation piloted a Junior Board program, representatives from 14 area high schools have been learning about Overlook and how philanthropy supports its mission. Each year, a new group of students gathers monthly to hear from a variety of speakers who share their insight and experiences in both the health care and fund-raising arenas.

Program curriculum also focuses on the role that corporations and foundations play in helping organizations meet the needs of those they serve through the grant process. After learning about the under-construction Hersh Children's Center at Overlook, the 2020-21 Junior Board voted to fund raise for a grant to support future generations of teens suffering from mental health issues in the hospital setting.

"Particularly challenging for those in what will be a consolidated pediatric emergency and inpatient area are cases of depression, suicidal ideation, and out-of-control behavior in children and adolescents," says Marianne Devlin, director of public relations and board development for Overlook Foundation, who oversees the Junior Board program. "The students' goal was to raise awareness of such mental health issues and ask for the community's support in funding a patient room that will

address the comfort and safety concerns of their peers who may be suffering."

For the first time in Junior Board history, this year's teens took their philanthropic efforts a step further by hosting a virtual panel discussion entitled, "Teen Mental Health in Our Community." The spring event was moderated by Dr. Walter Rosenfeld, chair of pediatrics for Goryeb Children's Hospital and medical director of children's health for Atlantic Health System. Panelists included Dr. Christopher Lynch and Dr. Carrie Masia Warner, as well as two parents who each lost a child to suicide – Wendy Sefcik, chair of the NJ Youth Suicide Prevention Advisory Council, and Dianne Grossman, founder of Mallory's Army Foundation.

More than 100 teens and adults participated in the discussion, which was the brainchild of Newark Academy's Lauren Freed who sought to combine her interest in philanthropy and social advocacy. "With an increased focus on public health brought about by the pandemic," explains Lauren, "we know that mental health should be viewed not as an individual struggle, but as a community health issue that we must address together."

More than \$25,000 was raised by the 2020-21 Junior Board through donations to the virtual event and personal outreach by the students via the foundation's JustGiving website.



After meeting virtually for the entire school year, several members of the 2020-21 Junior Board were finally able to gather in person to tour the new Hersh Children's Center at Overlook this past summer: Hannah Asirvatham, Kent Place; Lauren Freed, Newark Academy; Evan O'Dowd, Oratory Prep; Co-Chair Bella Henry, Oak Knoll; Luke Lagunowich, Chatham High School (HS); Natalie Manzo, Westfield HS; and Griffin Faecher, Pingry.

Missing: Co-Chair Connor Teehan, Delbarton; Jessica Cabral, Summit HS; Veronica Gonzalez, Montclair Kimberley Academy; Julia Jackson, Scotch Plains-Fanwood HS; Betsy Keenan, Oak Knoll; Andrew Minocha, Millburn HS; Jadyn Riggi, Governor Livingston HS; Matthew Sebastian, Delbarton; and Kate Ure, New Providence HS.

An **Entertaining** **MRI** Experience



Patrick Conover, Mark Linderman, Benjamin Cohen, M.D.



We always ask patients if they'd like to listen to music during their MRI. For those who are claustrophobic and think they may need anesthesia, we offer a movie and, most often, they avoid sedation.

Eight-year-old Jeremy Delgado is no stranger to hospitals. Born with a rare genetic disorder known as Mowat-Wilson Syndrome, he has undergone multiple surgeries and diagnostic procedures in his young life. That doesn't mean familiarity has made trips to the hospital any easier for Jeremy and his parents, Gerardo and Laura. In fact, getting an MRI always meant getting anesthesia ... until Jeremy came to Overlook.

Jeremy had been having seizures and his neurologist had ordered a complete MRI of his brain without contrast (epilepsy protocol) to help pinpoint the location of the seizure activity. The procedure requires patients to wear a birdcage-like apparatus on their head while remaining completely still, inside a four-foot-long cylindrical chamber, for approximately 45 minutes.

"Due to Jeremy's condition, he is always moving," says Gerardo. "In the past, he was given anesthesia so that he would be completely still during an MRI. We assumed that this would also happen at Overlook when we came here last July."

Instead, the Delgados, of Haskell, were both surprised and delighted.

Patrick Conover, an MRI technologist with Atlantic Medical Group Radiology, suggested using the entertainment system that is built into Overlook's state-of-the-art 3T Magnetom Vida MRI. In addition to BioMatrix technology that automatically adjusts for patients' breathing patterns and biovariability to deliver superior imaging quality and enhance patient comfort, the 3T Magnetom Vida offers patients the ability to have a theater experience during their MRI. The system offers multiple projectors and a high-resolution LCD screen, allowing the patient to watch movies on Netflix, Disney+, or YouTube; news programs; or a variety of soothing images, like fish tanks or scenic photos of places around the world. Headphones are used to block out noise from the machine.

"We always ask patients if they'd like to listen to music during their MRI," explains Patrick, who has worked at Overlook for 15 years. "For those who are claustrophobic and think they may need anesthesia, we offer a movie and, most often, they avoid sedation."

"I selected a Kung Fu Panda animated film for Jeremy, and he was completely still for the entire procedure. Mark Linderman, my MRI coordinator, provided comfort and assistance and Jeremy's dad was also there to hold his son's hand."

The Delgados were grateful for the care Jeremy received during the MRI. "The technician was so nice and polite, and he did an excellent job keeping Jeremy calm without sedation or anesthesia," remarks Gerardo. "He had never seen Kung Fu Panda before and he was completely focused on it."

Benjamin Cohen, M.D., the neuroradiologist responsible for reading the MRI was also pleased with the outcome of the procedure. "Subtle lesions responsible for epileptic seizures could be easily missed if they are obscured by the slightest motion during an MRI. Patients must be completely still during the acquisition of the scan to obtain the best image, which could be difficult with a young child. Although children Jeremy's age often require anesthesia to keep them still, it's preferable to circumvent it."

According to Mr. Delgado, the MRI helped pinpoint the origin of Jeremy's seizures, prompting his neurologist to adjust his medication. For Jeremy, that means an improved quality of life and a new video to add to his list of favorites.



Passing The Scalpel

A Father/Son Surgical Legacy

There was a familiar pair of hands in the operating room when Paul Starker, M.D., Overlook's chair of surgery and director of surgical education, performed his final surgery before retiring at the end of 2021. They were the hands of his son, surgical oncologist Lee Starker, M.D., Ph.D.

"To be able to do that with your dad is a pretty cool, but rare, experience," says Lee (affectionately known as Starker 2.0). "I did my first Whipple surgery with him a few years ago and a few procedures since then; but joining him for his final surgery was like closing a chapter on a legend."

Indeed, Paul's 32-year career at Overlook Medical Center marks a legendary commitment to surgical excellence and the education of future surgeons. During his 20-year tenure as chair of surgery, Overlook consistently earned national recognition for surgical outcomes. The American College of Surgeons' National Surgical Quality Improvement Program (NSQIP) – the nation's leading outcomes-based program to measure and improve the quality of surgical care – has ranked Overlook among the top 10% of hospitals in the country. Healthgrades® has named Overlook one of America's 100 Best Hospitals for general surgery six years in a row – the only hospital in New Jersey to attain that recognition.

"I'm most proud of the fact that – despite our size – Overlook has been ranked among the best with the largest medical centers in the country," observes Paul, whose surgical practice focused on the organs of the intra-abdominal gastrointestinal tract, biliary surgery, and hernia repair.

As clinical professor of surgery at Columbia University and associate program director for the surgical training program affiliated with Overlook, Paul cites his work with residents as one of the most rewarding aspects of his career. In 2007, he was the first off-site professor to earn a Teacher of The Year Award from the Columbia Surgical Training Program. "My residents have landed in top positions all over the country," he comments. "After taking their boards, they often called to say how much their training at Overlook helped them. One of them once said, 'You're like a college basketball coach. You have us for four years and then send us to the pros.'"

An added bonus – for both Paul and the residents – was the proximity of his Summit home to Overlook. "For many years, we had a Thanksgiving Day tradition with the residents," remembers Paul. "I'd bring them to our home for dinner, and if there was an emergency, I'd have one of them back in minutes."

For Paul, and now Lee, Overlook has afforded an ideal work-life balance. "Living and working in Summit, I was able to have a clinical practice at a high-quality hospital, teach residents, and have a family life. I always knew Lee would be a doctor," he says about the eldest of his four children with wife Alie. "He wore scrubs on Halloween."

During summers home from college, Lee also wore scrubs while working as a surgical technician in Overlook's operating room. That experience, coupled with observing his dad's videos of surgery and bout with cancer, cemented Lee's desire to enter the medical field. He completed his surgical residency at Yale-New Haven Hospital in Connecticut and received his Ph.D. in epigenetics and genetics of parathyroid tumors from Uppsala University in Sweden before traveling to Houston for his surgical oncology fellowship training at MD Anderson Cancer Center.

"Ultimately, Overlook gave me the opportunity to do what I wanted to do – touch people's lives through surgical oncology," remarks Lee, who joined Overlook's surgical staff in 2016.

Like his father, he teaches residents from Columbia and Morristown, while enjoying the proximity of his Summit home to his clinical practice at Overlook.

"When I first got here, my dad was the shoulder to lean on," says Lee. "Now, people are asking me to take a second look at their cases. My dad will be extraordinarily missed, but he ensured that the next generation of surgeons is well prepared to continue his commitment to quality."

Paul couldn't agree more.

The Overlook Heritage Society

Stress tests for many cardiac patients may no longer be needed as a result of Overlook's coronary angiography program, which can also speed patients through the Emergency Department with a safer alternative to invasive angiograms, according to Chief of Cardiology Michael Weinrauch, M.D. During the annual gathering of the Heritage Society, Dr. Weinrauch also shared news of the medical center's burgeoning program in cardio-oncology. The staff developed it because cancer patients are living longer and cancer treatments are affecting patient cardiovascular systems more frequently. As in 2020, members met virtually but also heard from Overlook's new leadership, President Stephanie Schwartz and Chief Nursing Officer Ophelia Byers.

Membership in the Overlook Heritage Society stands at 157, with six new members in 2021. The society lost five members in the past year: Dr. Jerome Cook of Westfield, Gloria Rose of Short Hills, Harold Oslick of Westfield and more recently of Somerset, Louise Gili of Millburn, and Amy Liss of Summit. Their gifts will benefit hospice services, continuing education for neuroscience nurses, the unrestricted fund, and the five-year project to transform the patient care experience at Overlook and nearly triple the number of single rooms.

All people who name the foundation in their will, designate a gift from their IRA or retirement account, donate a life insurance policy or an interest in real estate, or create a charitable trust or annuity qualify for membership in the Overlook Heritage Society. To learn more about how you can change someone's life through your estate plan, please call Kelly Lallis at the foundation at 908.522.2840 and ask to discuss a planned gift to Overlook.

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Hersh Children's Center and Bouras Emergency Department Entrance Open

Atlantic Health System leaders and members of the Overlook medical staff joined hospital president Stephanie Schwartz and foundation executive director Clelia Biamonti in not one, but two ribbon cuttings to celebrate the opening of the new Hersh Children's Center and Bouras Emergency Department Entrance last fall.

The latest phase of a massive plan to transform Overlook, the 12,000-square-foot facility brings together the Meri and Sol Barer Inpatient Pediatric Center (previously on the hospital's sixth floor) and the Michael Gordon Reeves Pediatric Emergency Department in one convenient, family-friendly space.

"This combined and innovative approach to pediatric care is one of only a few of its kind in the northern New Jersey region," says Walter Rosenfeld, M.D., chairman of pediatrics for the system. "By centralizing pediatric services, we can dramatically reduce the time from an emergency department visit to an inpatient room for children requiring hospitalization. It will also improve continuity of care by having clinical teams dedicated to patients from the moment they enter, through every stage of their experience."

The Hersh Children's Center is funded, in part, by a \$2 million grant from the Dorothy B. Hersh Foundation, and features

- Nine inpatient rooms, including two isolation rooms and Liam's Room (for patients with serious chronic conditions or life-limiting illnesses)
- Eight emergency department rooms staffed by pediatric emergency physicians, pediatric subspecialists, and pediatric nurses
- One flexible room for emergency department patients or inpatients and families
- A play area with skylights and a garden outside the entrance
- Family lounges, comfortable waiting areas, and patient consultation rooms
- In-room accommodations for parents to comfortably stay the night with their children
- Numerous structural and design elements to enhance safety, serenity, and security for patients and families

A \$2.5 million gift from the Nicholas J. and Anna K. Bouras Foundation funded the relocation of the Michael Gordon Reeves Pediatric Emergency Department, as well as new adult Emergency Department waiting and triage rooms and additional patient rooms.

"We were thrilled to have so many of our donors on hand to celebrate this milestone," remarks Clelia who, with the foundation staff, offered donor tours of the area prior to the ribbon cutting. "Without their foresight and generosity, we would find ourselves hard-pressed to meaningfully support the hospital's investment in the next generation of care."

Clockwise from top right:

Ben Maisano, Lori Ingber, Meri Barer, and Jennifer and Ido Zairi

Christy Hodde and Ed Reeves

Preparing for the Hersh Children's Center ribbon cutting are: Clelia Biamonti, Kerry Mowry, Brian Gragnolati, Stephanie Schwartz, Robert and Harriet Donnelly, Sean Donnelly, Walter Rosenfeld, M.D., and Joanna Wright.

Led by Overlook administrators, physicians, and project architects, donor tours allowed community members to have a firsthand look at the new Hersh Children's Center before the facility opened for patients.

Summit Mayor Nora Radest

William Crane, president and trustee of the Nicholas J. and Anna K. Bouras Foundation

Joining Stephanie Schwartz and William Crane (foreground) as they cut the ribbon in front of the new Bouras Emergency Department entrance are: Pamela Love, M.D., Sharon Kelly, Jennifer Moran, Brian Gragnolati, John Audett, M.D., Christopher Amalfitano, M.D., Stella Visaggio, Jude Lark, Ophelia Byers, Clelia Biamonti, and Lauren Yedvab.



OVERLOOK FOUNDATION

GIVING AT A GLANCE

**Restricted Gifts
for Capital
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\$17,687,341

**Unrestricted
Annual Support**
\$2,994,220

Total
\$20,681,561

The Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

If you would like to become a member of the "Overlook Medical Center Family" by supporting the Foundation, you may

- Become a "Distinguished Friend of Overlook Medical Center" with an annual gift of \$2,500 or more;
- Designate your gift for a restricted or specific project or allow the Foundation's board of trustees to determine the most needed application of your donation;
- Make a Gift of Gratitude in honor of a caregiver;
- Memorialize or commemorate an individual, family, or group by donating;
- Make a planned or deferred gift to maximize tax advantages and/or protect current or future income, thereby becoming a member of the Heritage Society.

All Overlook Foundation gifts are tax-deductible and remain at Overlook.

For more information about how you can help further Overlook's mission to provide exemplary health care services to its communities, please contact Overlook Foundation, 46-48 Beauvoir Avenue, Summit, NJ 07901 • 908-522-2840 www.overlookfoundation.org



Enjoying the view from Overlook's new employee parking garage are foundation team members Megan Smith, Camille DelTosta, Sue Coven, Eileen Weiss, Ken Cole, Marianne Devlin, Amanda Zampino, Clelia Biamonti, Lorie McDonald, Dina Rieman, Marie Roberti, Kerry Mowry, Kim Myler, and Kelly Lallis.

The Honor Roll of Donors

Turning the Page is a tribute to the philanthropy of individuals, corporations, organizations, and foundations who contributed \$1,000 or more to the Overlook Foundation during calendar year 2021. Through the dedication of our health care heroes and the unwavering support of our donors, Overlook Medical Center continues to move forward in providing the highest level of care for our patients and their families ... as the world looks ahead to better days.

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Caregivers Center Celebrates Milestone

A decade ago, Claude Fusco (center) saw his vision become a reality with the opening of the very first in-hospital facility of its kind in the state. Today, the Thomas Glasser Caregivers Center at Overlook welcomes more than 1,500 families each year. Along with a host of volunteers, licensed clinical social worker Marian Teehan and liaison Valerie Gagliano help provide a tranquil environment and free support services for those caring for critically, chronically, or terminally ill loved ones.

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Remembering Michael

For more than 15 years, Michael Crowley valiantly fought a battle with brain cancer alongside the many people who touched his life during countless treatments and visits to Overlook. “You can only imagine the shock we felt when Mike was diagnosed with an oligodendroglioma,” his widow, Tammy, remembers. “From the beginning, we always trusted that he was getting the best of care at Overlook. Absolutely everyone at the hospital was kind, supportive, and knowledgeable, going above and beyond every step of the way.”

After his death in 2020, Tammy (right) and Mike’s sister, Darlene Wright (left), wanted to honor his memory with a golf outing to benefit the Gerald J. Glasser Brain Tumor Center. Gathering to golf and reminisce last May at Harker’s Hollow Golf Club were dozens of Michael’s friends and family including Glenn Wilkinson, Scott Pohl, and Gus Sigalas.

Donors to the Andy Bovin
Memorial Fund

Gifts of \$1,000 or more

When six-year-old Andy Bovin passed away in 1986 after a four-year battle with leukemia, his parents Terry and Denis created the Andy Bovin Memorial Fund. Today, gifts to this fund continue to support leading-edge leukemia research, as well as to provide financial help to area families whose children are undergoing cancer treatment.

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Lends a Hand

Making life a little easier for Overlook oncology patients in need, Andrea Kondracki, on behalf of the Junior League of Summit, delivered gift cards to social worker Kerry Ricci. The organization put its "Done in a Meeting" concept into action, with members donating cash to purchase gift cards to help with basic necessities, like food and transportation, for patients undergoing treatment over a lengthy period of time.

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Golfers Tee Off for Pediatrics

Forty-two foursomes took to the links at Canoe Brook Country Club last May, raising more than \$120,000 to support the new Hersh Children’s Center at Overlook. Among the golfers enjoying a sunny day in Summit were foundation trustee Frank Perier with friends Dave Ferry, Dave Grewcock, and Rich Reed.

Top finishing foursomes on the North and South courses were Dr. Angelo Kweon, Dr. Leroy Sutherland, Dr. Dan Woo, and Brian Doolan; and Bart Thyer, Armon Modirian, April Dixon, and Anthony Mungo. The Anthony F. Coppola, M.D. Memorial Award, named in honor of one of Overlook’s most respected physicians and philanthropists, was presented to Jonathan Kessler for the lowest individual gross score.

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HONOR ROLL OF DONORS



New Sporting Clays Event Supports Atlantic Neuroscience Institute

Overlook Foundation hosted its first-ever charity shoot in September at Hudson Farm Club, with nearly 100 shooters and hikers enjoying a picture-perfect day on 4,000 acres of landscaped farmland in rural Sussex County.

Speakers at the awards dinner – held in the open-air Crow’s Nest pavilion – included Drs. Ron Benitez, Jack Knightly, and Jay Chen of Atlantic NeuroSurgical Specialists, a partner of Altair Health. Prizes were awarded to the first-place squad (Joseph Chiarello, Stephen Chiarello, Joe Mignon, and Ben Faden); top-scoring individual, Sean Donnelly; and leading conservationist, Dr. Marianne Hamra.



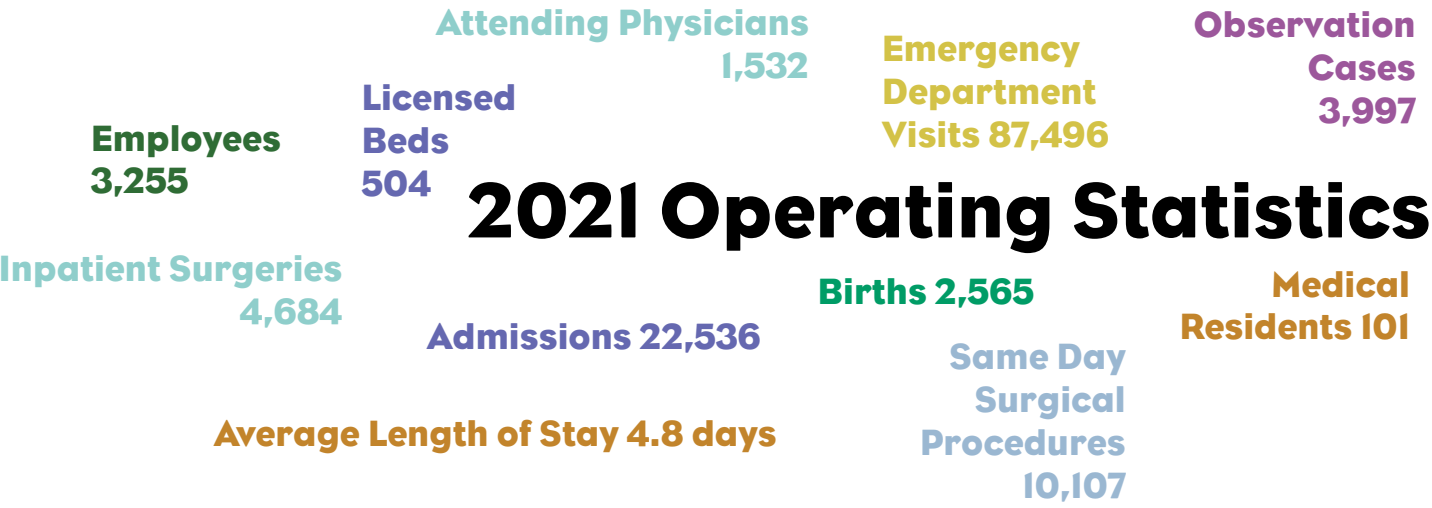
Overlook at a Glance

Overlook Medical Center is a nationally recognized, nonprofit regional medical provider that consistently earns accolades for clinical excellence. It is home to some of the region's most well-respected physicians, offering advanced technology, leading-edge treatments, and pioneering research in a compassionate, patient-centered environment. Our network of caring extends beyond the borders of our Summit, New Jersey campus with telehealth programs and points of care conveniently located in the communities we serve. A satellite emergency department in Union treats approximately 40,000 emergency cases each year, while the Clark-North Pavilion provides residents in eastern Union County with easy access to urgent and multispecialty care.

Our Atlantic Neuroscience Institute is the area's leader in neuroscience care, offering a broad range of advanced neurological, neurosurgical, and neurodiagnostic services. These include an Advanced Comprehensive Stroke Center, a Level IV Epilepsy Center, and the Gerald J. Glasser Brain Tumor

Center, where more brain tumor surgeries are performed than anywhere else in the state. Our CyberKnife® program is the largest and most experienced in New Jersey; and our newly built Hersh Children's Center provides our youngest patients with top-tier pediatric emergency and inpatient services in one convenient, family-friendly location.

Overlook's parent company, Atlantic Health System (AHS), serves more than half the state including 11 counties and 4.9 million people. The not-for-profit system offers more than 400 sites of care, including seven hospitals, 16 urgent care centers, Atlantic Visiting Nurse, and Atlantic Anywhere Virtual Visits. Facilitating the connection between these services on both land and air is the transportation fleet of Atlantic Mobile Health. AHS is powered by a workforce of more than 18,000 team members and 4,800 affiliated physicians dedicated to building healthier communities. A recent partnership with CentraState Healthcare System has welcomed nearly 50 additional physicians and providers to the Atlantic Medical Group family, expanding access to the AHS multispecialty physician network across central New Jersey.



Accolades

One of 'America's 50 Best Hospitals' for clinical excellence (Healthgrades®)
2 consecutive years (top 1% of U.S. hospitals)

Healthgrades® Excellence Awards for pulmonary care (5 consecutive years) bariatric surgery (6 consecutive years) critical care (7 consecutive years) gastrointestinal care and gastrointestinal surgery (each for 6 consecutive years)

2021 Environmental Excellence Award (Practice Greenhealth)

'A' Grade for Safety 2021 highest possible rating (Leapfrog)

Best Regional Hospital 2021-2022 high performing in three specialties (neurology and neurosurgery, orthopedics, and urology) and eight common adult procedures and conditions (colon cancer surgery, heart failure, COPD, diabetes, heart attack, kidney failure, knee replacement, and stroke) (U.S. News & World Report)

Horizon Center of Excellence – hip and knees (orthopedics) and maternity care

NICHE "Exemplar" Status: Nurses Improving Care for Health System Elders

Designated a Baby-Friendly birth facility by the World Health Organization and UNICEF

One of 'America's 100 Best Hospitals' for stroke care (9 consecutive years) critical care (7 consecutive years) gastrointestinal surgery (6 consecutive years) gastrointestinal care (3 consecutive years) and spine surgery (Healthgrades®)

"World's Best Hospitals" 3 consecutive years (Newsweek)

#1 Hospital in the state for major neurosurgery 2021 (Carechex)

2021 Medical Excellence Award, Top 100 Hospital in the Nation – Overall Hospital Care (Carechex)

Emergency Nurses Association Lantern Award™ (Summit and Union Campuses)

National Medal of Honor for Organ Donation (U.S. Department of Health and Human Services)

LGBTQ Healthcare Equality Leader (Human Rights Campaign Foundation)

Atlantic Health System recognized by Fortune as one of the '100 Best Companies to Work For®' (13 consecutive years)

One of only two hospitals in New Jersey to achieve all three Healthgrades® neurosciences specialty excellence awards in cranial neurosurgery, stroke care, and neurosciences

MAGNET Designation for nursing excellence (American Nurses Credentialing Center)

Whatever your medical needs – from routine annual tests to emergency care – our award-winning medical professionals are here for you and your loved ones.



A Special Thanks to Alan Lieber



In 2021, the Overlook Family bid a fond farewell to Alan Lieber, president of Overlook Medical Center since 2003. Here, Alan reflects upon his 18-year career as a health care leader and innovator.

As you look back on your career at Overlook, what makes you especially proud?

That would have to be the opportunity to make a difference in the lives of so many people who have entrusted us with their care.

We have earned national recognition for improved clinical outcomes, a commitment to our workforce, and our dedication to the health of our communities. Being ranked among the nation's top 50 hospitals by Healthgrades® represents the fact that we're in the top 1% of the nation's nearly 5,500 hospitals for clinical outcomes. Being recognized by Fortune as one of the '100 Best Companies to Work For®' 13 years in a row speaks volumes about employee satisfaction and engagement; and earning Practice Greenhealth's top 25 U.S. Hospitals for Environmental Excellence Award three years in a row reflects our broader commitment to community health.

I am proud of our evolution from a community hospital to regional medical center. When I joined Overlook, we were serving roughly 10 zip codes. Today, we serve a larger, more diverse region, drawing patients from the greater tri-state area to our multidisciplinary centers of excellence for brain tumor, stroke, thyroid, interventional GI, spine, rheumatology, breast, and cardio oncology. These centers give patients access to the expertise of multiple specialists in one convenient location.

Today, Overlook is not just an acute care hospital operating within our Summit campus. We've developed an integrated healthcare delivery system with multiple access points to primary care physicians and urgent care centers, as well as surgery, imaging, infusion, and rehab centers throughout the region. We've established medical neighborhoods, providing communities with unprecedented convenient access to physician specialists in areas such as orthopedics, gastroenterology, otolaryngology, and more.

Together we've fostered a culture of innovation that has culminated in the development of numerous tools, protocols and programs that have elevated the patient experience at Overlook. We were first in the nation to bring a telestroke program into ambulances

as well as the first to deploy a Siemens 3T MRI with AI capabilities, for example. We were the first hospital in New Jersey to create a center exclusively for caregivers, the first to develop a children's and adolescent eating disorders program, and the first to utilize magnetoencephalography for diagnosing and planning epilepsy surgery. Our CyberKnife program – a nonsurgical option for treating inoperable tumors – was the first in the Northeast and is now the largest and most experienced in the state. And I am particularly proud of the employee ingenuity that resulted in numerous initiatives, including a patented portable storage and dispensing unit for insulin and a program to repurpose surgical blue wrap into tote bags.

How has the past year shaped your perspective of health care and the health care providers here?

I was truly inspired by our leadership team, front-line providers, and support staff – all of whom stepped up to put patients first. They were selfless, willing to take on new roles, and constantly developing creative solutions to unexpected challenges.

Our culture of innovation served us well during the pandemic. When smart people are given clear goals and the latitude and resources to innovate solutions to complex problems, great things can happen.

What is your vision for Overlook's future?

My hope is that Overlook will continue to thrive through innovation and embrace the qualities of a High Reliability Organization, one that empowers every employee to improve the quality of care we provide here.

What will you miss most about coming to work here?

That's easy – I'll miss all the wonderful people. I spent one day telecommuting during COVID and I couldn't stand it. I missed the personal interaction.

What's next?

Aside from spending more time hiking, biking, and getting my tennis game back, I'm excited to continue making a meaningful difference in the health and well-being of the broader community through my new role as executive vice president of The Rippel Foundation.

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Friends Remembered

Since our last report, we have lost several beloved members of the Overlook Foundation family. We recognize their special contributions to Overlook and to our community, and we extend our heartfelt condolences to their families.

- | | |
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