

smart medicine extraordinary care

OVERLOOK FOUNDATION ANNUAL REPORT • 2019

smart medicineextraordinary care

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A Message from **OVERLOOK MEDICAL CENTER** and the **OVERLOOK FOUNDATION**

Every day we witness the transformative impact of *smart medicine* – leading-edge technologies, innovative treatments, advanced surgical procedures, and novel investigative therapies that address our communities' most critical health-care needs.

When smart medicine is delivered by a team of highly skilled, compassionate health-care professionals, it culminates in *extraordinary care*.

Thanks to your philanthropy, smart medicine and extraordinary care are in lockstep at Overlook Medical Center. Our patient experience scores, quality performance indicators, and ongoing accolades affirm that.

Healthgrades® ranks Overlook in the top 100 overall in the nation and one of America's 100 Best Hospitals for Stroke Care™, Critical Care™, General Surgery™ and Gastroenterology™. In its World's Best Hospital rankings, *Newsweek* names Overlook as one of the 100 Best in the U.S. CareChex ranks Overlook as the Top Neurosurgery Program in NY-NJ-PA-CT and as one of the top 100 hospitals for Cancer Care in the country. And for the 10th year in a row, Overlook has received the American Heart Association/American Stroke Association's Get with the Guidelines® Target: Stroke Honor Roll Elite Plus Gold Plus Quality Achievement Award.

In these pages, we'll highlight how patients are benefitting from the smart medicine and extraordinary care they receive here. You will meet a young man who made a stellar performance as the best man at his brother's wedding just four days after brain tumor surgery. We will introduce you to a breast cancer patient who developed the courage to confront a family history of the disease through genetic counseling and smart, compassionate surgical intervention. You will learn that patients with intracerebral hemorrhage have access to two new lifesaving options, thanks to Overlook's leading participation in a groundbreaking global clinical trial and early adoption of next-generation, state-of-the-art technology.

Innovation is everywhere at Overlook, from clinical care and artificial intelligence initiatives to sustainability efforts. As a recipient of the 2019 Practice Greenhealth Environmental Excellence Award, we are among a select group of hospitals leading the industry in all-around sustainability performance.

Your generous support is crucial to our ability to deliver smart medicine and extraordinary care. In 2019, gifts and pledges to our semiannual appeals, capital campaigns, and special events from you and other caring individuals, corporations, foundations, and community organizations totaled more than \$16.4 million.

Your ongoing philanthropy in 2020 will enable Overlook to sustain world-class health care in our community . . . care that is state-of-the-art, state-of-the-heart, and conveniently close to home.

With sincere appreciation for your generosity,



Beverly J. Luehs
Board Chair
Overlook Foundation



Alan Lieber
President
Overlook Medical Center



Clelia Biamonti, Ph.D.
Executive Director
Overlook Foundation



When Past Meets Present

Confronting a Family History of Breast Cancer

A diagnosis of breast cancer is terrifying for anyone. Imagine the impact of those words when you've already lost your mother and your sister to the disease.

"I was only 12 when my mother passed away," says Cheryl Mitchell, a 43-year-old middle school math educator and community service coordinator from Kenilworth. We had just moved from New York City to New Jersey, where we transitioned mom's care to Overlook. I vividly recall driving there at night to visit her and counting the lights on the homes leading to the hospital."

Losing her 44-year-old mother, and subsequently her 29-year-old sister in 2008, to breast cancer prompted Cheryl to be both fearful and vigilant about her own health. For more than a decade, Cheryl had annual mammogram screenings, periodic ultrasounds and MRIs, and numerous breast biopsies under the care of Marc Mandel, M.D., a senior member of the Carol G. Simon Cancer Center/Atlantic Cancer Care team and surgical representative to its Breast Leadership Program.

"Dr. Mandel suggested BRCA testing each time we met, but I resisted," remarks Cheryl. "I wasn't emotionally ready to know my genetic risk, and he was completely understanding and patient."

In June 2018 Cheryl's past and present fears collided when she was diagnosed with Stage 2 breast cancer following a routine mammogram.

"Based upon my family history, many physicians would have pushed me to get a mastectomy, but Dr. Mandel understood I wasn't comfortable with that at the outset," admits Cheryl. "He gave me the option of a nipple-sparing lumpectomy and reconstruction with his colleague Dr. Jim Gardner, chief of plastic surgery.

"After reviewing my history with Dr. Mandel, Dr. Gardner spent a considerable amount of time educating me about different types of reconstruction procedures. He understood the need to preserve my self-image and spoke to me in a kind, personal, human-to-human way."

Following the lumpectomy on her 42nd birthday, Cheryl underwent four rounds of chemotherapy under the care of Bonni Guerin, M.D., director of breast cancer treatment and prevention at Overlook's Carol G. Simon Cancer Center. Thanks to the use of cold cap therapy, funded in part by the Overlook Foundation, she was able to minimize hair loss and soften the visible impact of her cancer treatment for her students in the Bedminster Township School.

"Sandra Wrigley, the nurse navigator, was another godsend," observes Cheryl. "She sat with me during chemo, and she offered helpful advice and numerous holistic strategies throughout my treatment."

Recognizing that there was a deeper emotional component to Cheryl's care, Dr. Mandel encouraged her to explore her apprehensions and fears through counseling. Ultimately, Cheryl also agreed to BRCA testing, and when she tested positive for BRCA1, which put her at risk for both breast and ovarian cancer, she was better prepared to take additional proactive lifesaving measures.

Cheryl had her ovaries and fallopian tubes removed (her aunt succumbed to ovarian cancer at age 50) and in January 2019, Drs. Mandel and Gardner teamed up again to perform a bilateral nipple-sparing mastectomy and reconstruction.

"I'm pleased that Cheryl agreed to BRCA testing," points out Dr. Mandel. "Our genetic counselors are terrific assets to our cancer center and an integral part of our program. They can perform a wide panel of tests – based on family history – to determine your risk of developing a range of cancers and help guide treatment options.

"By proactively getting a bilateral mastectomy, Cheryl has significantly reduced her risk of local breast cancer recurrence and new disease developing on the other side."

"I'm grateful for the outcome – physically and emotionally," says Cheryl. "There have been tremendous advancements in diagnosing and treating breast cancer since my mother and sister were diagnosed. I feel fortunate to have access to that leading-edge technology as well as compassionate health-care professionals who are equipped to treat the total patient, not just the disease.

"Dr. Mandel, Dr. Gardner, and the whole team knew and understood my fears. They were patient. They were supportive; and they gave me a voice throughout the whole process."



“...the whole team knew and understood my fears. They were patient. They were supportive; and they gave me a voice throughout the whole process.”

Cheryl Mitchell (foreground) with her care team: Sandra Wrigley, R.N., Dr. Marc Mandel, Dr. Bonni Guerin, and Dr. James Gardner

NEW TECHNOLOGY REDUCES STRESS BEFORE BREAST SURGERY



Dr. Rebecca Yang and Dr. Benjamin Schneider

“The Savi Scout® allows us to individualize a patient’s treatment plan for surgical staging and reduce the level of anxiety for everyone involved.”

With about one in eight women receiving a breast cancer diagnosis in her lifetime, thousands are worried about impending surgery in any given week.

For Overlook Medical Center patients, breast surgery used to mean two separate procedures in a single day. Typically, a lumpectomy first involved a visit to the Breast Center for wire localization. A long wire, or hookwire, was inserted into the breast to tag the tumor. Then, with the protruding wire and some bandaging, she would travel to the hospital for surgery, sometimes hours later.

“There were a number of patient satisfaction issues related to this process,” says Dr. Rebecca Yang, director of breast surgical oncology. “In addition to the stressful wait time between wire placement and surgery, patients experienced discomfort and an increased risk of fainting due to the required pre-surgical fasting. We also faced a risk of dislodgement of the wire, with such migration leading to difficulty in finding the lesion in the operating room.”

Now, thanks to the wire-free radar localization system Savi Scout®, these women can have a small reflector the size of a grain of rice implanted in the breast prior to the day of surgery. Surgeons then use a handheld wand, which provides both audio and visual feedback, to locate the marker, generally within 1 millimeter of the cancer.

“With patients able to have the reflector placed days or even weeks in advance, there is less preparation time needed on the day of surgery,” explains Dr. Benjamin Schneider, medical director of the Breast Center at Overlook. “And since the localization is performed on a day separate from surgery, the patient does not have to fast for this procedure. Clearly this makes for a superior patient experience with no radiation and no wire involved.”

Funded by the Overlook Foundation, this technology also offers improved cosmetic results, as surgeons can approach the lesion from virtually any angle for optimum placement of the incision.

“We are so grateful for the support we received from the Overlook Foundation to launch this wireless localization program,” adds Dr. Yang. “The Savi Scout® allows us to individualize a patient’s treatment plan for surgical staging and reduce the level of anxiety for everyone involved.”

Naquesha squeezed my hands and commented on the pressure as the baby emerged. Suddenly, her hands slipped out of mine. Her eyes reddened and rolled back. She couldn’t breathe, and her heart stopped. The medical team called “code blue” and took the baby and me out of the room to focus on resuscitating her.—
Frantz Leneus

Naquesha Leneus was fighting for her life, bleeding profusely. Her care team had undertaken a cesarean section in March 2019, but during the procedure Naquesha suffered a rare amniotic fluid embolism, a birth complication that floods the bloodstream with amniotic fluid and causes total collapse of the heart and lungs along with abnormal clotting. The condition

MIRACLE MOMMA

has a high mortality rate, and only 10 percent of patients survive with no neurological impairments.

Dr. Megan Rosenstein, the anesthesiologist, immediately recognized the symptoms and called for an emergency response while the team revived and stabilized Naquesha. But she continued to hemorrhage. Across the next 11 days Naquesha endured seizures, massive transfusions, and several transfers between the intensive care unit and the operating room before recovering.

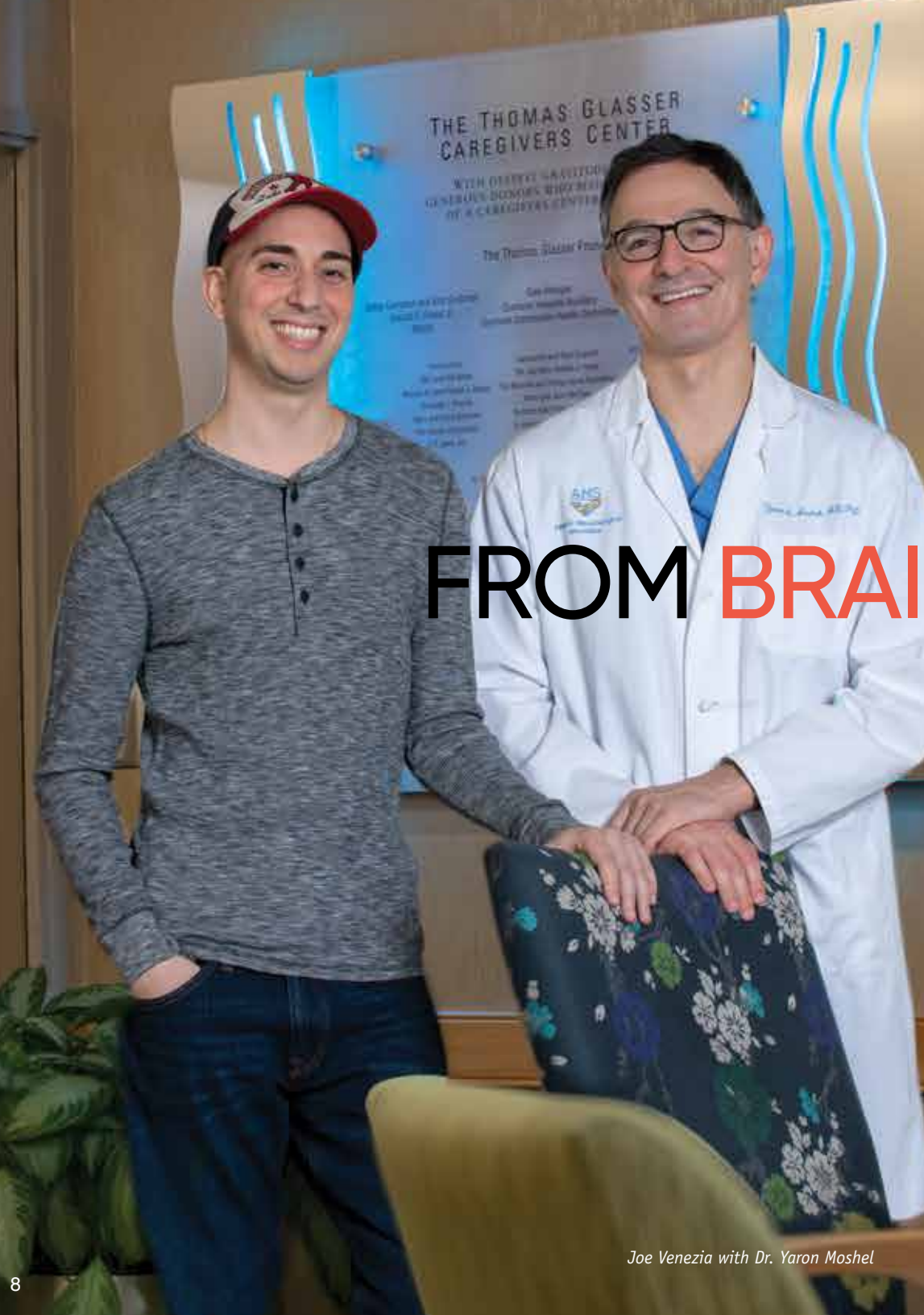
“After Naquesha was back on a regular floor,” Dr. Rosenstein recalled, “I noticed that her hair was braided, and I asked if her sister had stopped by. She said, ‘No, I braided it myself.’ Less than a week prior, we weren’t sure she’d live.”

“This is an example of Overlook at its best,” said obstetrician Winsome Parchment, M.D., who delivered the Leneus’ healthy, baby daughter, Kaidy. “The teamwork was amazing. All specialties worked hard and well, and the equipment was invaluable.” Crucial to the process was the Belmont® rapid infuser, funded by Overlook Foundation, which pumped more than 50 units of blood, plasma, and platelets into Naquesha.

“From labor and delivery to the nursery, ICU, OR, and recovery, everyone put their hearts and souls into saving my wife’s life,” said Frantz. “They even kept our daughter by the nurses desk. At almost no time was she not in someone’s arms. By God’s grace, we were granted nothing short of a miracle.”



Naquesha Leneus holds Kaidy with Frantz, their daughter Kaylie, and Dr. Winsome Parchment next to her . . . with representatives from the Overlook team that saved Naquesha’s life surrounding them.



Joe Venezia with Dr. Yaron Moshel

It was Sunday, September 15, and 30-year-old Joseph Venezia was sitting in Overlook’s Emergency Department (ED), awaiting the results of a CT scan on his brain. Less than 24 hours earlier, Joe had attended a close friend’s wedding, where he and several others agreed that he should seek medical attention.

“The small symptoms I was having over the past several months were adding up,” recalls Joe, a hedge fund accountant and hockey player from East Brunswick. “At first, my sense of taste was off. Then, I

had trouble texting and typing with my left hand. One morning, I had a seizure, but didn’t know what it was. At the wedding, I couldn’t hold a drink steady or smile on the left side of my face.”

At the suggestion of his fiancée Nicole Payne and her family, who knew of the stellar reputation of Atlantic Neuroscience Institute at Overlook, Joe came to Overlook’s ED.

“I had the shock of my life when the physician told me I had a brain tumor,” says Joe, who was immediately admitted to the Neuro Intensive Care Unit for further evaluation by the Gerald J. Glasser Brain Tumor Center team.

Yaron A. Moshel, M.D., Ph.D., co-director of The Gerald J. Glasser Brain Tumor Center and a neurosurgeon with Atlantic NeuroSurgical Specialists, explained that the CT scan and subsequent MRI showed a large tumor compressing a critical area of the brain called the internal capsule.

“The internal capsule is a deep-seated communication pathway, which controls physical movement and perception of sensory information,” Dr. Moshel explains. “Based upon the size of the tumor, it’s likely that it was growing for some time.

As it grows, the brain adjusts until the tumor becomes so big, it reaches a breaking point. That’s when motor function seriously deteriorates.”

“I told Dr. Moshel that I was very scared and nervous about the possibility of brain surgery,” states Joe. “My brother was getting married on Friday, and I was the best man. I wanted to go home and think about it.”

“Believe me, I would have preferred to send Joe home and perform the surgery after his brother’s wedding,” remarks Dr. Moshel. “I wouldn’t be able to live with myself if I somehow ruined their wedding, but the physician side of me knew we couldn’t wait to remove the tumor. I promised him we’d operate Monday and he’d be at the wedding Friday.”

“Dr. Moshel’s words gave me the confidence to proceed with the surgery,” observes Joe. “He answered all my questions and calmed me down. I thought it was life-threatening surgery, but he proved otherwise.”

As Joe headed into surgery, his family, fiancée and friends gathered in Overlook’s Thomas Glasser Caregivers Center where they found comfort and support as they waited for the outcome.

FROM BRAIN TUMOR TO BEST MAN

Meanwhile, in one of Overlook’s specially equipped neurosurgical suites, the surgical team carefully monitored Joe’s motor functions – through electrical stimulation and intraoperative functional brain mapping – as Dr. Moshel delicately removed the entire tumor. Remarkably, only a tiny patch of Joe’s hair was shaved to ensure that he would look his best as the best man.

“I had the surgery Monday and I was discharged Thursday, just in time to write my speech and deliver it Friday at my brother’s wedding,” remarks Joe. “I could walk. I could talk, and you could barely see the scar. Dr. Moshel worked an absolute miracle! I owe him and the staff at Overlook a lot more than I can describe in words.”

Two weeks following the surgery, Joe and his family returned to Overlook to review the results of the tumor pathology and meet with the multidisciplinary team, which is standard protocol for all brain tumor patients. Dr. Moshel explained that testing showed that the tumor was classified as an anaplastic astrocytoma, and that – although it was completely removed during surgery – Joe would need chemotherapy and radiation to treat the cavity that is left behind. Dr. Moshel also revealed that Joe’s tumor had genetic mutations that might be targeted with existing drugs during his treatment.

During the meeting, Dr. Moshel introduced Joe to neuro-oncologist Nicholas Metrus, M.D., who would design and oversee an individualized treatment plan, which could include any combination of chemotherapy, targeted therapy, and immunotherapy. Putting the comfort of his patient first, Dr. Metrus arranged for Joe to have his daily radiation treatments closer to his home for the next six weeks.

Following the initial round of chemotherapy and radiation, Joe is optimistic about his prognosis under the coordinated care of the Gerald J. Glasser Brain Tumor Center team.

If all goes according to plan, the next wedding he attends on July 2, 2020, will be his own!



Joe’s family and friends filled the Thomas Glasser Caregivers Center as they awaited news of a successful surgery.



Joe with his own bride-to-be Nicole Payne, at his brother’s wedding just four days after surgery.

TOP-TIER NEURO-ONCOLOGISTS Join Brain Tumor Center Team



“What makes the patient experience here so extraordinary is that we offer all of the resources of a major academic institution in a smaller, comfortable community setting with a highly personal approach to treatment.”

Dr. Nicholas Metrus and Dr. Robert Aiken

Robert Aiken, M.D., and Nicholas Metrus, M.D. have joined the multidisciplinary team of The Gerald J. Glasser Brain Tumor Center.

Dr. Aiken, a fellowship-trained neuro-oncologist with years of expertise in academic, clinical, and administrative roles, will serve as co-medical director with Yaron A. Moshel, M.D., Ph.D. Board-certified in neurology and neuro-oncology, he specializes in the diagnosis and management of patients with tumors of the brain, spinal cord, and nerves, as well as the management of paraneoplastic disorders involving the brain and nervous system. A devoted researcher and educator, Dr. Aiken served as director of neuro-oncology at Rutgers-Cancer Institute of New Jersey of Rutgers University. Previously, he held academic appointments in neurology, neurosurgery, and oncology at Mount Sinai School of Medicine in New York City and Rush University Medical Center

in Chicago following his fellowship training at Memorial Sloan-Kettering Cancer Center.

“Overlook has built a program that puts patients and families at the center of everything – the nation’s top medical experts, the latest image-guided surgical techniques, neuropathology that plays a key role in developing personalized tumor treatment plans, the region’s largest and most experienced CyberKnife® program, advanced clinical trials, and complementary integrative therapies – in one convenient location,” observes Dr. Aiken.

Dr. Metrus is a board-certified, fellowship-trained neurologist/neuro-oncologist, specializing in the diagnosis and treatment of patients with brain tumors and conditions of the central nervous system. Throughout his medical education, Dr. Metrus devoted his time to cutting-edge research and publishing his work on topics such as paraneoplastic disorders,

tumefactive multiple sclerosis, and clinical trial enrollment.

He has also published book chapters on ependymomas and advances in clinical trial design for brain tumors. He completed his fellowship training in neuro-oncology at MD Anderson Cancer Center (Houston, TX), where he was the 2018 recipient of a research grant; the William James Miller Endowed Fellowship Award, for his work in Guillain-Barre Syndrome following stem cell transplants; and again in 2019 for his description of unique presentations of cancer in the brain. His research on hypermutator gliomas has been presented at national and international medical conferences.

“I think that we’re on the cusp of some big breakthroughs in the field of neuro-oncology, and patients here will have access to novel therapies under investigation,” comments Dr. Metrus. “We are not only following best practices in neurological care, we are helping to pioneer them.”

PICTURE THIS...Smarter Imaging Through Artificial Intelligence

First impressions matter – especially when it comes to diagnostic imaging. Now, harnessing the power of artificial intelligence, Overlook is boosting the efficiency and accuracy of its diagnostic capabilities with the latest generation X-ray and magnetic resonance imaging (MRI) technologies.

GE Optima XR240amx Digital Mobile X-Ray –1st in New Jersey

There are many hospital environments in which mobile X-ray machines are indispensable: in the emergency department, where time is of the essence; in the neonatal intensive care unit, where temperature is carefully controlled; in the operating room, where surgical technology must work together harmoniously; or at a patient’s bedside, where comfort and convenience are key.

Overlook’s new digital mobile X-ray system, Optima XR240amx, combines the power of Helix advanced image processing algorithms with high-resolution, 100 micron FlashPad HD digital detectors, enabling physicians to see extraordinary anatomical detail with low-dose radiation and without traditional grids. It is the first of its kind in the state.

“Mobility is just as important as the images,” says Al Kerestes, director of radiology services at Overlook Medical Center, “and this system provides exceptional contrast enhancement and maneuverability to improve the speed and accuracy of diagnosis for all patients – even the tiniest.”



Siemens MAGNETOM Vida MRI Technology – 1st on East Coast

Faster, smarter, clearer, better, and much more comfortable. Those are just a few of the benefits offered by the next generation of MRI technology. The MAGNETOM Vida MRI – which made its East Coast debut at Overlook – has redefined imaging and diagnostic capabilities as well as the patient MRI experience. Outfitted with a 3 Tesla scanner – the most powerful of its kind – it produces higher quality images 25 percent faster than a standard MRI of the same field strength.

“Physicians are seeing vital structures in a level of clarity they’ve never seen before,” observes AL. “This unparalleled technology vastly improves diagnostic capabilities and the patient experience during breast imaging, complex neurosurgical procedure planning and prostate, colorectal, breast, and cervical tumor staging.”

While a traditional MRI of the chest or abdomen often required patients to hold their breath for long periods, the MAGNETOM Vida’s BioMatrix Technology builds algorithms to adapt to each patient’s size, respirations, and cardiac function, thereby minimizing the need for uncomfortable breath holding and reducing the need for rescans. Patients also appreciate the wider opening, optional quiet mode, and choice of soothing surroundings during the scan.





"I can write, speak, move, and walk.
It's amazing!"

Dr. Ronald Benitez with Joanne Castronova

New, Lifesaving Options for Brain Bleeds

It was a typical day at work for Joanne Castronova. Until it wasn't.

The New Milford resident had just finished eating lunch with her colleagues at Lakeland Bank in Oak Ridge, where she worked as a call center manager. As she walked back to her office, Joanne – abruptly and without warning – experienced the worst headache of her life. She was blinded by the pain, sick to her stomach, disoriented, and bumping into things.

The MIND Trial

Overlook is the only hospital in the state and one of only 50 sites in the world participating in a global clinical trial – coined MIND (Minimally Invasive Neuro Evacuation Device) Trial – comparing the efficacy of the Artemis™ Neuro Evacuation Device to best medical management for removing large, often lethal, brain bleeds.

Up to 500 patients between 18 and 80 years old with intracerebral hemorrhage may be eligible to participate in the trial. Participants are randomized to either receive minimally invasive hematoma evacuation with the Artemis™ Neuro Evacuation Device or best medical management of their condition within the region's leading Neurocritical Care Unit at the Atlantic Neuroscience Institute at Overlook (which may include the Aurora® Surgiscope System).

"Overlook is the highest enrolling site in the study, accounting for approximately half of the patients participating, and we are very encouraged by the outcomes to date," comments neurosurgeon Paul Saphier, M.D., Overlook's principal investigator and lead enroller in the study. He specializes in cranial, spinal, and endovascular neurosurgery.

Hearing the commotion, Joanne's co-workers brought her into another room and immediately called 911. By the time paramedics arrived, Joanne was drifting in and out of consciousness. While she doesn't remember much of what happened next, she is grateful that those crucial next steps included a 20-minute helicopter trip to Overlook Medical Center. It saved her life.

Joanne was one of the 120,000 people each year who experience an intracerebral hemorrhage (ICH), commonly referred to as a brain bleed. ICH – typically caused by high blood pressure – occurs when a weakened or diseased blood vessel within the brain bursts, allowing blood to leak inside the brain. The sudden increase in pressure within the brain can cause damage to brain cells, unconsciousness, and – in nearly 50 percent of victims – death. Of those who do survive, two-thirds are usually left with lasting physical or cognitive deficits.

Despite these statistics, the status quo for treating ICH patients has been to stabilize the patient by addressing the underlying cause of the bleeding, in most cases by controlling blood pressure.

"Traditional surgery is often not an option when removing blood clots from intracerebral hemorrhage because they tend to be located in deep-seated areas of the brain," comments Ronald Benitez, M.D., director of endovascular neurosurgery for Overlook Medical Center. "There is a significant risk of disrupting normal brain tissue."

Fortunately, for Joanne, there is nothing status quo about Atlantic Neuroscience Institute at Overlook, ranked #1 in New Jersey for neurosurgery by Carechex and among the nation's top five percent, five years in a row.

Thanks to Overlook's participation in a groundbreaking global clinical trial (see sidebar) and early adoption of next-generation, state-of-the-art technology, patients with ICH have access to two new life-saving options. Both involve minimally invasive surgical techniques for removing blood clots, using sophisticated imaging technology and a mini neuro-evacuation device. The device is inserted through a small incision in the scalp and a tiny burr hole through the skull to the affected area of the brain, where it removes the clot through suction.

Dr. Benitez recently earned the distinction of being the first physician in the U.S. to utilize the new FDA-approved AURORA® Surgiscope System to remove a blood clot in a patient with an intracerebral hemorrhage. Joanne happened to be an ideal candidate for the procedure.

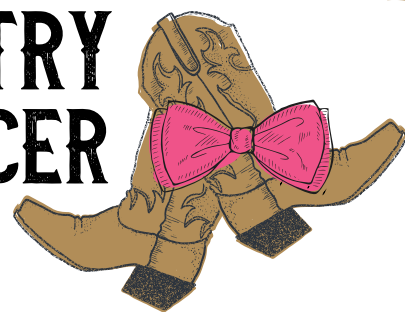
Upon Joanne's arrival at Overlook's specially equipped rooftop helipad, a response team, trained to manage critically ill neuroscience patients, transported her to the region's leading Neuro Intensive Care Unit. There, under the watchful eyes of the state's most respected neurocritical care experts, she was assessed and stabilized for surgery with Dr. Benitez the next day.

"The nurses in ICU really knew what they were doing," says Joanne. "They took excellent care of me and allowed my twin sister and son to have private moments with me, too. I was paralyzed on my right side; but after the operation, I had full function of my arms and legs."

"I can write, speak, move, and walk. It's amazing!" marvels Joanne, who benefited from physical rehabilitation following her discharge from the hospital. "I'm so grateful for the care I received at Overlook. Dr. Benitez is smart as a whip, but he's also down-to-earth. He sat down and took time to explain the whole procedure to my family. He couldn't have been nicer."

"We're proud to offer a minimally invasive surgical option to a large group of patients, who were previously considered inoperable," observes Dr. Benitez. "The integration of state-of-the-art technology with minimally invasive approaches is transforming the field of neurosurgery. It's exciting to be on the forefront of this evolution and witness the benefits."

ROCKIN' COUNTRY FOR BREAST CANCER



Dean and Christina Serratelli, Meri and Sol Barer, and Alan Lieber

Some 200 guests moseyed over to the Mendham farm of Sol and Meri Barer, longtime supporters of Overlook, to enjoy a good old barn dance and dinner to benefit advances in breast cancer surgery at Overlook Medical Center.

Hosted by the Overlook Foundation, the October 5 Boots & Bow Ties event featured the inspiring words of breast cancer survivor Virginia Cepeda, a young wife and mother from Summit, who was surrounded throughout the evening by family, friends, and many of her Overlook care team.



Sean and Shannon Riley, Tom and Liz Pryma, Mike and Susan Santomassimo, Virginia and Shawn Cepeda, and Kim and Dan Honeker

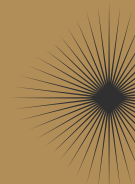
Lorie McDonald, Marlene Glasser, and Joan Bryant



Marianne Devlin, Lauren Yedvab, and Clelia Biamonti



Dr. Dan and Sarah Harrington with Kim and Dr. Jeff Leary



Dr. Louis Schwartz, chair of radiation oncology and medical director of the CyberKnife Center at Overlook, received the foundation's 2019 Medical Marvel Award. For nearly four decades, Dr. Schwartz has been caring for patients at Overlook and was the first radiation oncologist in the state to treat patients with radiosurgery technology starting in 1995.



Dr. Ruben Schwartz, Laura and Dr. Lou Schwartz, Zach Rosenberg and Dana Porger, and Hanna Schwartz and Ben Holmes (with Lou's grandson, Mal)



(rear) Dr. Joana Emmolo, Lydia Nadeau, Amy Perry, (front) Valerie Simon, Nikki Sumpter, and Madeline Ferraro

giving at a glance

OVERLOOK
FOUNDATION



The Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

If you would like to become a member of the Overlook Medical Center “family” by supporting the Foundation, you may

- Become a Distinguished Friend of Overlook Medical Center with an annual gift of \$2,500 or more;
- Designate your gift for a restricted or specific project or allow the Foundation’s board of trustees to determine the most needed application of your donation;
- Make a Gift of Gratitude in honor of a caregiver;
- Memorialize or commemorate an individual, family, or group by donating;
- Make a planned or deferred gift to maximize tax advantages and/or protect current or future income, thereby becoming a member of the Heritage Society.

All Overlook Foundation gifts are tax deductible and remain at Overlook.

For more information about how you can help further Overlook’s mission to provide exemplary health care services to its communities, please contact the Overlook Foundation, 46-48 Beauvoir Avenue, Summit, NJ 07901, 908-522-2840, www.overlookfoundation.org.



Our team: (top to bottom, left) Ken Cole, Marianne Devlin, Dina Rieman, Clelia Biamonti, (middle) Lorie McDonald, Amanda Payne, Angie Cennamo, Kim Myler, (right) Eileen Weiss, Sue Coven, Camille DelTosta, Kerry Mowry, (missing) Laura Parker and Marie Roberti.

Restricted Gifts
for Capital
and Program
\$14,153,216

Unrestricted
Annual
Support
\$2,306,572

Total
\$16,459,788

For the fifth consecutive year, representatives from the junior class of more than a dozen area high schools came together to learn more about Overlook and how philanthropy plays a vital role in delivering innovative and high-quality care for our patients. The students of the Overlook Foundation 2018-19 Junior Board met monthly throughout the school year before awarding a \$40,000 grant to the hospital’s Department of Surgery, with the funds they raised generously matched by a foundation trustee.

JUNIOR BOARD AWARDS GRANT FOR SURGERY

Conducting a site visit prior to making their decision were (rear) Erin Butterfield, co-chair; Gabriella Pickton, New Providence High School (HS); Mikayla Meyler, Chatham HS; Katy Martinson, Westfield HS; Ruqaiyyah Lucas-Caldwell, Newark Academy; Valeria Macchini, Scotch Plains-Fanwood HS; Mary Margaret Schroeder, Oak Knoll; Tyler Kung, co-chair; James Kim, Oratory Prep; (front) Michelle DeRose, Governor Livingston; Xenia-Valerie Schmitz, Kent Place; Haley Hariri, Oak Knoll; Annie Smith, Pingry; Lauryn Jackson, Summit HS; Biren Pramanik, Montclair Kimberley Academy; and Theo Coughlin, Delbarton.



REPURPOSING SURGICAL BLUE WRAP

One Tote at a Time

The U.S. Environmental Protection Agency estimates that surgical blue wrap – the polypropylene material used to cover sterile surgical instruments prior to their use in the operating room – accounts for 19 percent (255 million pounds) of operating room waste annually. Overlook Medical Center uses and discards about 16,000 pounds of this necessary, but nonbiodegradable, product each year.



Tami Ochs and Melissa Bonassisa

Overlook Medical Center is a recipient of the 2019 Practice Greenhealth Environmental Excellence Award, Practice Greenhealth’s highest honor for hospitals that are leading the industry in all-around sustainability performance. If you can sew and would like to volunteer your time and skills to creating blue wrap tote bags, contact melissa.bonassisa@atlantichhealth.org.

It was a waste problem that Tami Ochs, a nurse in Overlook’s Behavioral Health Department, thought she could solve with a little ingenuity and her sewing machine. Several months ago, she approached Mike Atanasio and Melissa Bonassisa, leaders of Overlook’s environmentally minded Green Team, with the idea of repurposing the wrap into reusable tote bags that would replace the single-use plastic bags given to discharged patients. After agreeing on a prototype, Tami went to work, producing hundreds of bags that are now distributed to discharged patients on the behavioral health and surgical floors, as well as sold in the hospital’s gift shop.

“I can make six to eight totes an hour in my spare time,” says Tami, who has been sewing since the age of five. “It’s relaxing for me and also gratifying to know that I’m making a dent in our blue wrap waste.”

Mike, who serves as director of food and nutrition, parking, and patient transportation at Overlook, agrees that replacing plastic bags with the blue totes is a cost-saver in multiple ways. “We can save up to \$30,000 a year by replacing the traditional plastic bags for patient belongings, while preventing a sizable amount of blue wrap from ending up in dump sites,” he estimates.

According to Melissa, a medical imaging supervisor, the totes have been a hit at health fairs, the Summit Farmers Market, and other community events. “Moving forward, we’ll continue to look for new and creative ways to utilize the totes and repurpose the blue wrap for other uses,” she remarks.

In November, the Overlook Green Team’s innovative spirit benefitted Summit’s homeless population. They donated care packages to representatives of Summit Helping Its People (SHIP) that included toiletries and a handmade sleeping bag and pillow, created from blue wrap, all contained in a blue wrap tote bag.

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smart medicineextraordinary care

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Celebrating with SAGE



Attending the SAGE 65th Birthday Bash in November were (front) Clelia Biamonti, Jess Chang, Vince and Priscilla Ursino, Mary Pradilla, (rear) Adam Psychos, Alan Lieber, Lauren Yedvab, and Ann Marie Binazeski. The Summit-based organization offers comprehensive programs and services to some 7,000 older adults and their families each year in Union, Essex, Morris, and Somerset counties, and is one of the oldest eldercare agencies in the state.

Down the Shore



Trustee Toby Wesson (right) and his wife Betsy wore their Overlook Medical Center baseball caps with pride at a summer gathering in Bay Head. Decades-long supporters of the foundation, the Wessons hosted a group of Overlook friends and staff, including Eileen Weiss (center), to hear about the latest innovations, protocols, and programs that have led Overlook to top rankings among U.S. hospitals.

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Lantern Hill Wellness Series



Residents of the Lantern Hill Retirement Community, New Providence, hear from Overlook specialists throughout the year thanks to a new lecture series launched by the foundation. Among recent speakers, Keren Isaacs Lebeau, Ph.D., a clinical neuropsychologist with Atlantic Neuroscience Associates, discussed ways to "Preserve and Boost Your Memory." Dr. Isaacs Lebeau has extensive experience in the neuropsychological evaluation of individuals with memory disorders, epilepsy, traumatic brain injury/concussion, movement disorders, and other neurological conditions.

Living Life to the Fullest



A Short Hills gathering of Overlook supporters last May featured grateful patient Geodi Bader (second from left) who related her harrowing experience to a rapt audience that included family friends Dr. Joshua and Isabella Fiske, and her husband, Keith. While vacationing in Mexico, Geodi fell ill and was placed in a medically induced coma. She was flown to Overlook where Dr. Ron Benitez repaired a ruptured brain aneurysm and Geodi began months of rehab. Initially given a 30 to 40 percent chance of survival, she recovered fully and considers her life back to normal. Says Geodi, "Life is precious! I wake up every single day and know it's a blessing."

All Smiles



Representatives of Delta Dental of New Jersey visited the Dental Center at Overlook for a first-hand look at the four new, state-of-the-art equipment operatories purchased with their \$70,000 grant to the Overlook Foundation. Through such generous support, the Overlook dental team can now offer greater access to essential dental services to some 3,000 patients annually, as well as oral health screenings and education to another 3,000 local residents.

The Overlook Foundation embarked on a fundraising initiative in 2016 to replace the dental center’s outdated equipment in order to address the critical oral health care challenges in the community, specifically for the underserved population with a focus on children, seniors, veterans, and the developmentally disabled.

“Overlook does an amazing job helping families access the dental care they need to stay healthy,”

commented Dennis Wilson (center), president and chief executive officer, Delta Dental of New Jersey. Also on hand for the visit were Kerry Mowry, director of corporate and foundation relations, Overlook Foundation; Dona Wilson, philanthropist; Clelia Biamonti, executive director, Overlook Foundation; Brian Silverman, D.M.D., director, Dental Center at Overlook; Alan Lieber, president, Overlook Medical Center; and Melanie Miller, manager, Dental Center at Overlook.

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Wagons Full of Fun



For 13-year-old Lily Dulman (center), celebrating her Bat Mitzvah last summer meant giving back to Overlook. The Livingston middle-schooler asked family and friends to donate items that would help brighten the days of our pediatric patients, as Lily remembered well how much those things meant when she herself was a patient here. Filling several wagons to overflowing, the proceeds of Lily's mitzvah project were gratefully accepted by child life specialists Savanna Dybus and Heather Hernandez.

Golfers Help Close Campaign



Jennifer Scatcherd, Stella Visaggio, Mary Pradilla, and Chris Herzog were among the Atlantic Health System colleagues enjoying some late summer golf at the foundation's 29th annual outing at Canoe Brook Country Club, Summit. Teaming up with physicians, corporate sponsors, foundation trustees, and other Overlook supporters, the golfers helped raise nearly \$130,000 to close out the foundation's campaign for outpatient palliative care.

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Rainbows and Pinwheels

Greeting all who enter the Bright Horizons Childcare Center at Overlook, a pinwheel mosaic keeps alive the memory of six-year-old Andy Bovin, who passed away in 1986 after a four-year battle with leukemia. His parents, Terry and Denis, subsequently created the Andy Bovin Memorial Fund to support leading-edge leukemia research, as well as to provide financial help to area families whose children are undergoing cancer treatment. On November 20, many of the center's children gathered to celebrate Andy's birthday with smiles, laughter, and the pinwheels that he loved so much.



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Support for Nursing Education



At a breakfast hosted by the foundation during National Nurses Week in May, 55 nursing scholarships were awarded to Overlook employees who are pursuing nursing degrees. Marion Herrmann (seated, right) was among several scholarship sponsors who attended, along with recipients Hannah Javier, Ronnie Funke, Maria Dungca, Danielle Wolf, Maria DeJesus, Michael Constanzo, Kelly Rogers, and Mia Gutzmore.

Uplifting Partnership with Wacoal



Among the foundation’s Breast Cancer Awareness Month activities in October, Wacoal in Short Hills sponsored an evening event featuring complimentary bra fittings, with a percentage of all bra sales donated to the Breast Center at Overlook. On hand to chat with customers were Dr. Rebecca Yang, director of breast surgical oncology at Overlook; Christine Dutcher, Wacoal store manager and retail events coordinator; and Dr. Natalie Rivera, family practice resident at Overlook and breast cancer patient.

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the overlook heritage society



Christel Dynes, Sue Thomas, and Glenie Austin



Carol Graham, Bev Luehs, Clelia Biamonti, and Claire Toth



Dr. Samantha Pozner (center) with Jack and Donna Walcott



Mitha Shah, Kim Myler, and Dr. Paul Saphier



Dave Hartman and Dick Griggs



Kay and Dr. Tom Inglesby, Ken Cole, Linda and Steve Stone

A new minimally invasive device will likely change the standard of care for strokes that occur when a blood vessel bursts within the brain, attendees learned at the annual Heritage Society luncheon held December 5 at Baltusrol Golf Club.

“Our team has performed approximately 100 of these procedures using the Artemis™ device and . . . [a] prior generation device over a two-year period,” Dr. Paul Saphier told the 50 attendees. “We’re proud to be a major participant in this trial.” For a condition that once meant terrible consequences for most patients, the new procedure and device offer dramatic recoveries for many patients, he reported. Dr. Saphier leads all physicians worldwide in enrolling patients for what is known as the Minimally Invasive Neuro Evacuation Device (MIND) trial.

Membership in the Overlook Heritage Society stands at 154 members. The society added three new members since the 2018 luncheon but lost members Marylane Burry of Springfield, Dr. Bernard Chaiken of Chatham, Mary Farley of Morristown, Terrence Farley of Basking Ridge, John Fleming of Madison, Robert Kaepffel of Mountainside, and F. Chandler Coddington Jr. of Murray Hill.

All people who name the foundation in their will, designate a gift from their IRA or retirement account, donate a life insurance policy or an interest in real estate, or create a charitable trust or annuity qualify for membership in the Overlook Heritage Society. To learn more about how you can change someone’s life through your estate plan, please call Kenneth Cole at (908) 522-2181 or e-mail him at kenneth.cole@atlantichhealth.org.

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OVERLOOK AT A GLANCE

Whatever your medical needs – from routine annual tests to emergency care – the talented and compassionate medical professionals at Overlook Medical Center are here for you and your loved ones. Our goal is to make everyone's stay a comfortable and successful one.

smart medicine extraordinary



- **ROSA®** (Robotic Stereotactic Assistance System): New Jersey's first minimally invasive surgical robot for epilepsy surgery
- **MEG** (Magnetoencephalography): first in the state to offer this technology for advanced diagnostics and planning for epilepsy surgery
- **Artemis™** Neuro Evacuation Device: the leading participant and only New Jersey hospital in a global clinical MIND (Minimally Invasive Neuro Evacuation Device) trial, comparing the efficacy of this device to best medical management for treating intracerebral hemorrhage (brain bleeds)
- **AURORA®** Surgiscope System: first U.S. hospital to utilize the new FDA-approved device to remove blood clots in patients with an intracerebral hemorrhage
- **Artificial Intelligence:** first in New Jersey to apply gridless portable technology to improve the speed and accuracy of diagnosis and enhance images for diagnostic X-rays
- **CyberKnife® M6™** Series: the latest generation, non-surgical treatment option for patients with inoperable or surgically complex tumors of the prostate, brain, spine, lung, pancreas, and liver
- **UroNav Fusion Biopsy System:** the latest technology for diagnosing prostate cancer by fusing pre-biopsy magnetic resonance images (MRIs) of the prostate with ultrasound-guided 3-D images in real time, providing superior imaging of the prostate and any suspicious lesions
- **Mako Robotic Arm:** a less invasive, partial knee replacement option for patients living with mid-stage osteoarthritis

- **3T Magnetom Vida MRI** – first hospital on the East Coast and the only hospital in New Jersey to offer this technology which produces higher quality images 25 percent faster than a standard MRI of the same field strength, offering improved diagnostic capabilities as well as greater patient comfort
- **Savi Scout®:** a wireless radar localization system benefitting women undergoing breast lumpectomy during the pre-surgical process
- **Aquilion™ ONE/GENESIS Edition 640-Slice CT:** the most advanced computed tomography (CT) technology on the market and only CT scanning system that can image an entire organ in a single rotation, allowing physicians to see a three-dimensional view of an organ, as well as how the organ and surrounding blood flow are dynamically functioning in real time
- **DaVinci Xi® Robot:** the latest tool in facilitating minimally invasive surgery in specialties such as gynecology, urology, oncology, and cardiology
- **RAPID:** state-of-the-art brain imaging software that allows physicians to more quickly identify treatment options and extend the treatment window for stroke patients
- **Approved site for TIMELESS,** a nationwide study to increase the window for medical treatment of ischemic stroke
- Participant in National Institutes of Health grant for the nationwide study of pediatric Lyme meningitis
- Atlantic Neuroscience Institute physicians published 34 articles on a variety of subjects

Located in Summit, New Jersey, Overlook Medical Center is home to some of the state's top physicians, offering cutting-edge research and advanced technology and treatments in a compassionate, patient-centered environment.

Our Atlantic Neuroscience Institute is the region's leader in neuroscience care, offering a broad range of advanced neurological, neurosurgical and neurodiagnostic services. These include an Advanced Comprehensive Stroke Center, a Level IV Epilepsy Center, and the Gerald J. Glasser Brain Tumor Center, where more brain tumor surgeries are performed than anywhere else in New Jersey. Our CyberKnife® program is the largest and most experienced in the state, and we have a satellite emergency department in Union, New Jersey, which treats approximately 40,000 emergency cases each year.

A nationally recognized, nonprofit regional medical center, Overlook has earned accolades from some of the most prestigious healthcare organizations. Our parent company, Atlantic Health System, is an integrated nonprofit health care delivery network powered by a workforce of more than 16,500 team members and 4,800 affiliated physicians dedicated to building healthier communities. The system serves five million people through more than 400 sites of care, including six hospitals.



- One of 'America's 100 Best Hospitals' for clinical excellence (Healthgrades®)
- One of 'America's 100 Best Hospitals' for stroke care, general surgery, critical care, and gastroenterology (Healthgrades®)
- World's Best Hospitals – Among the 100 Best Hospitals in the U.S. (*Newsweek*)
- #1 Neurosurgery Program in NY-NJ-PA-CT and one of the top 100 hospitals for Cancer Care in the U.S. (Carechex)
- 2019-2020 Best Regional Hospital (9th year in a row), high performing in colon cancer surgery, COPD and heart failure (*U.S. News & World Report*)
- Only New Jersey hospital named 'One of America's 100 Great Community Hospitals (Becker's Hospital Review, 2019 – two years in a row)
- National Surgical Quality Improvement Award (third year in a row) with Bariatric Surgery in top decile across nine measures (American College of Surgeons)
- American Heart Association/American Stroke Association's Get with the Guidelines® Target: Stroke Honor Roll Elite Plus Gold Plus Quality Achievement Award (10th year in a row)

- 2019 Women's Choice Award®, America's Best Hospitals for obstetrics, breast centers, and cancer care
- One of 10 New Jersey hospitals designated a Baby-Friendly birth facility by the World Health Organization and UNICEF
- Emergency Nurses Association Lantern Award™ (Union Campus: 2017-2020)
- National Medal of Honor for Organ Donation (U.S. Department of Health and Human Services)
- Top 25 U.S. Hospitals for Environmental Stewardship in Health Care (2019 Practice Greenhealth Environmental Excellence Award)
- LGBTQ Healthcare Equality Leader (Human Rights Campaign Foundation)
- Atlantic Health System, recognized by Fortune as one of the 100 Best Companies to Work For® (11 years in a row)



2019 OPERATING STATISTICS

Emergency Department Visits
102,342

Admissions
24,350

care

Same Day Surgical Procedures
9,223

Inpatient Surgeries
5,380

Employees
3,806

Births
2,612

Attending Physicians
1,527

Beds
501

Medical Residents
93

Average Length of Stay
4.3 days



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Stacy Beckett and Christina Amundson

A LETTER FROM THE OVERLOOK AUXILIARY

When the Overlook Auxiliary was formed in 1916, its founders firmly believed that a strong community required a strong local hospital. Their commitment to this vision was so compelling that Auxiliary members even took home hospital linens to wash and iron. During the intervening 104 years, the Auxiliary and its members focused on supporting the breadth and growth of our favorite local hospital -- helping our community grow stronger as Overlook Medical Center did likewise in becoming one of the top hospitals in the nation.

Building community by supporting the growth of Overlook Medical Center is a goal we share with the Overlook Foundation. We are grateful for the work of the Foundation leadership and staff, and for the many opportunities to collaborate throughout the year: from the Emergency Department renovations, to the “Uplifting Event” for the Breast Center, to the nursing scholarships that contribute to the great patient care at Overlook Medical Center.

This year, the Auxiliary is dedicating its efforts to raising funds for the early diagnosis and treatment of breast cancer at the Breast Center at Overlook. Breast cancer affects 1 in 8 women every year. The Auxiliary is very excited to support Overlook Medical Center as a cutting-edge treatment center for this ravaging disease, offering women more control in implementing treatment options. The goal that we share with the Foundation enhances our respective efforts to improve the patient experience at Overlook Medical Center.

In addition to raising funds, the Auxiliary provides hands-on volunteer efforts that began with operational tasks more than a century ago. Personal service continues to be an important component of today's Auxiliary with our members hosting bimonthly oncology teas and acting as patient care volunteers. We operate the Auxiliary Gift Shop & Bloom, as well as organize multiple vendor events throughout the year; host the popular holiday reception for staff and volunteers; and help to relieve stress for patients and staff alike by curating many beautiful “Art at Overlook” exhibits. Members also bring the holidays to our hallways, honoring Christian and Jewish traditions alike. We are particularly proud of our Junior Twig, whose young people fundraised for, purchased, and decorated two Christmas trees at the hospital this year. Such personal service sets the Auxiliary apart and brings an added dimension to the Overlook Medical Center community at large.

While we continue to strengthen our organization, the Overlook Auxiliary proudly stands beside the Overlook Foundation as we each support Overlook Medical Center's continued journey of excellence and contribute to the compassionate care that is the hallmark of the Overlook community.

With our heartfelt gratitude,
Christina Amundson and Stacy Beckett
Overlook Auxiliary Co-Presidents

friends remembered

Since our last report, we have lost several beloved members of the Overlook Foundation family. We recognize their special contributions to Overlook and to our community, and we extend our heartfelt condolences to their families.

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