

ELEVATING.



INNOVATING.

LEADING.



OVERLOOK
FOUNDATION
ANNUAL REPORT
2018



Overlook
Medical Center
ATLANTIC HEALTH SYSTEM

ELEVATING.



INNOVATING.

LEADING.

Produced by the Overlook Foundation.

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A MESSAGE

FROM OVERLOOK
MEDICAL CENTER

AND THE
OVERLOOK
FOUNDATION



LEADING. INNOVATING. ELEVATING. Those three words describe a medical center committed not only to following but to developing best practices in health care. They are superlatives that require the collective talents of top-tier medical professionals, state-of-the-art technology, modern facilities, accessible services, and the support of a philanthropic community.

Overlook is that medical center and you are that community!

It is why we are consistently ranked among the nation's best. Healthgrades® ranks Overlook in the top two percent of hospitals in the nation for clinical performance. We are named one of America's 100 Best Hospitals for Stroke Care™, Critical Care™, and General Surgery™. U.S. News & World Report has named Overlook a Best Regional Hospital; and Becker's Hospital Review lists Overlook as one of its 100 Great Community Hospitals, the only New Jersey hospital to receive this distinction.

In the following pages, we highlight some of the innovations, protocols and programs that are elevating the patient experience at Overlook. You'll learn how Enhanced Recovery After Surgery (ERAS) is benefitting colorectal surgery patients. We'll show you how the Impella® device, the world's smallest heart pump, is providing lifesaving support for critically ill cardiac patients. We'll illustrate how Responsive Neurostimulation Therapy is helping to pinpoint and stop seizures in epilepsy patients. You'll also find out how we're using 3D printing to create more efficient and safe ways to care for patients, and how music therapy is providing physiological and psychological comfort to oncology patients.

Your generous support has made it possible for Overlook to lead, innovate, and elevate health care in our community. In 2018, gifts and pledges to our semiannual appeals, campaigns, and special events from you and other caring individuals, corporations, foundations, and community organizations amounted to more than \$9.7 million.

We look to a future of increased access to healthcare services by opening more urgent care, primary care, and behavioral health centers; expanding ambulatory, primary care and infusion services at our Union campus; and recruiting additional healthcare pioneers to our expanding network.

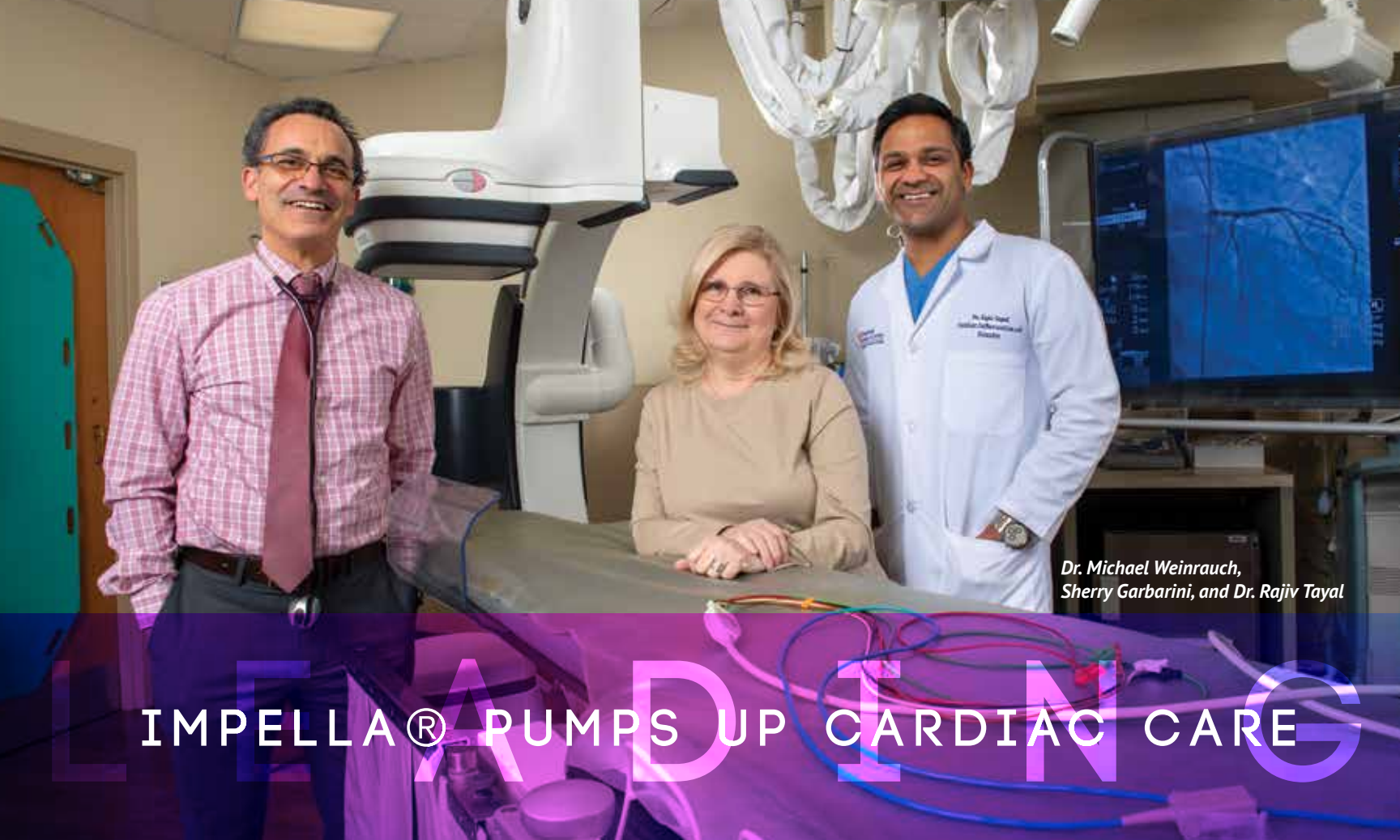
With your ongoing generosity in 2019, Overlook will continue to save, extend and transform lives. This annual report is a tribute to your philanthropy and your pioneering spirit!

With sincere appreciation for your generosity,

Clelia Biamonti, Ph.D.
Executive Director
Overlook Foundation

Alan Lieber
President
Overlook Medical Center

Beverly J. Luehs
Board Chair
Overlook Foundation



*Dr. Michael Weinrauch,
Sherry Garbarini, and Dr. Rajiv Tayal*

Sherry Garbarini was mowing her lawn during an unusually hot afternoon in May when she suddenly felt ill and her arms felt strangely heavy.

"I thought I was just dehydrated, but I decided to phone my primary care doctor just in case," recalls the 68-year-old North Plainfield resident.

After hearing Sherry's symptoms, Dr. Samir Patel – Sherry's physician of more than 30 years – urged her to go to Overlook's Emergency Department (ED) immediately, where a cardiac team was awaiting her arrival. Tests performed in the ED revealed that

Sherry had experienced a heart attack, triggered by severe blockages in all three major coronary arteries.

Cardiologist Rajiv Tayal, M.D., director of Overlook's Cardiac Catheterization Laboratory, explained to Sherry that she had two options – transfer to another hospital for open heart surgery or remain at Overlook for minimally invasive stenting.

Sherry opted to remain at Overlook, where she and her family had a long history, beginning with the birth of her children and, more recently, her grandchildren. "Overlook has always been my hospital of choice, and now I was counting on the staff again to help me through this health crisis," says Sherry.

Fortunately, Dr. Tayal had a new tool in his arsenal of minimally invasive interventional techniques to provide lifesaving support for critically ill cardiac patients like Sherry. The Impella®, the world's smallest heart pump, temporarily helps move blood through the heart and to the rest of the organs in the body. Used in patients in cardiogenic shock (such as a heart attack) or with severe multivessel coronary artery disease, the Impella® device is guided up to the heart through an artery (in Sherry's case, the femoral artery). Once in position, the Impella® heart pump unloads blood from the left ventricle and expels it into the ascending aorta, replicating the pumping motion of the heart.

↑ "It's as if nothing ever happened.
There was no pain, no incision,
and no impact on the quality of
my life..." SHERRY GARBARINI

"When treating patients with multiple severe blockages, there is always the risk of heart attack in a non-diseased vessel while repairing a diseased vessel," observes Dr. Tayal, a leading authority on high-risk percutaneous coronary intervention, who pioneered a novel technique of inserting the Impella® device through an axillary artery closer to the chest wall. "The Impella® helps maintain blood flow to critical organs during angioplasty and stenting, decreasing the likelihood of spontaneous cardiac arrest."

"Overlook has been on the forefront of minimally invasive cardiac catheterization procedures, such as the radial approach in which doctors access the heart through an artery in the wrist rather than the groin. Now, we have another tool to improve patient outcomes," remarks Michael Weinrauch, M.D., president of Associates in Cardiovascular Disease and chair of cardiology at Overlook.

"For patients coming to Overlook in cardiogenic shock, the Impella® provides the short-term stabilization they need before open heart surgery, catheterization, or recovery," says Dr. Weinrauch. "Traditionally, interventional cardiologists have used balloon angioplasty to assist these patients. Now, after training and experience with both protocols, our cardiologists are opting for the Impella® because it provides more hemodynamic support."

Overlook and its Atlantic Health partner, Morristown Memorial Medical Center, have teamed up to develop New Jersey's first multidisciplinary cardiogenic shock program for the early diagnosis and treatment of this select group of patients. The program is part of a national initiative that has substantially reduced mortality in patients like Sherry with cardiogenic shock and acute myocardial infarction.

"The use of the Impella® device allowed us to stabilize Sherry in order to repair the right and left coronary arteries using balloons and stents," Dr. Tayal explains. "The following day, we brought her back to the lab to repair the last remaining blockage."

"I was half-awake the entire time," recalls Sherry. "I was aware of what was going on, but I never felt a thing. Dr. Tayal was in complete control and I felt safe and secure under his care."

Sherry was discharged home after spending a few days in Overlook's Coronary Care and Step-Down Units. Within a week, she was driving again and participating in a cardiac rehabilitation program three times a week for three months. She has made a full recovery and regained her native heart function.

Now, looking back, her heart attack seems like a distant memory.

"It's as if nothing ever happened," she proclaims. "There was no pain, no incision, and no impact on the quality of my life...except for one thing. I hired a lawn service!"

ANATOMICAL MODELS GET PERSONAL

For many years, doctors have used anatomical models to explain injuries, conditions, and procedures to their patients. Now, thanks to innovations in 3D printing, an increasing number of leading hospitals, like Overlook Medical Center, are taking anatomical models to a new level by creating exact replicas of a patient’s body part.

“Creating patient-specific anatomical models can assist physicians and surgeons with patient consultations as well as pre-surgical planning,” explains Austin Murphy, director, facilities and clinical engineering for Atlantic Health System. “Orthopedic surgeons can replicate joints; cardiac surgeons can replicate heart valves. There are many specialty areas that can benefit from this.”

According to Austin, MRI and CT scans can be transmitted from any Atlantic Health System hospital directly into a computer-aided design workstation, which formats the image to a 3D printer housed at Overlook. The printer then deposits and melts thin layers of plastic over the course of four to five hours, resulting in an exact replica of a patient’s body part.

One of the first to embrace the benefits of Overlook’s new 3D printer was John Erickson, M.D., who recently joined Atlantic Medical Group Orthopedics in New Providence.



With Austin Murphy and biomedical equipment technicians Dan Matkovic and Vijay Singh, Dr. John Erickson displays a patient’s scapula replicated by Overlook’s 3D printer.

“It was my first week with the practice and I was getting an introduction to Overlook, when I learned about the 3D printer,” says Dr. Erickson, an orthopedic surgeon who specializes in shoulder, elbow, wrist, and hand procedures. “I immediately wanted to try it, so I worked with Austin and Dan, one of the biomedical engineers, to replicate the scapula of a patient with compromised bone quality due to arthritis.

“The model was created in one day and I was impressed with its quality. I could physically touch the bones and plan where to place a specific wire prior to surgery. It will be an excellent tool to show the patient what can be done to repair the shoulder.

“There are several companies making 3D patient-specific models,” Dr. Erickson adds. “Having this capability right here at Overlook is not only convenient, but it represents a potential cost-savings to the health system. I’m excited to put this to good use!”

“Our biomedical equipment technicians are continually looking for ways to assist our caregivers,” remarks Austin. “Sometimes that means innovating and patenting helpful new gadgets; and other times it means acquiring and testing useful technologies – such as 3D printing – which can be utilized by multiple specialties throughout our system hospitals.”

Overlook’s 3D printer was underwritten by proceeds from an endowment created by an anonymous Overlook Foundation donor.



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“An ambulance takes time, and time is brain...”



Alan Lieber, Dr. Ed and Debbie Zampella, Dr. John Halperin, and Clelia Biamonti check out Overlook’s rooftop helipad where 79 patient transfers from more than a dozen New Jersey hospitals occurred last year.

ONE-WAY FLIGHT SAVES LIVES

Since the opening of Overlook’s rooftop helipad in November 2016, approximately two patients per week arrive via helicopter for lifesaving neurocritical care.

“That’s something our community can feel very proud about,” comments John Halperin, M.D., chair, Department of Neurosciences, Overlook Medical Center.

“We’ve built the region’s premier neuroscience institute with an unparalleled breadth of neurological, neurosurgical, and neurodiagnostic capabilities, and many of the best and brightest neuroscience practitioners in the nation. It is essential that a neuroscience institute of this caliber have a helipad to provide the highest quality of care when minutes matter most – as in the case of stroke or aneurysm,” Dr. Halperin adds.

For patients experiencing an ischemic stroke, an interruption of blood flow to the brain, there is a 4.5-hour window of time from the onset of symptoms to administer alteplase (a powerful medicine that dissolves clots blocking brain arteries) or risk permanent disability or possibly death. Beyond that window, or in instances when the onset of symptoms is unknown, patients may be candidates for catheter-based procedures which can extract blood clots mechanically, sometimes in conjunction with alteplase. Every minute the brain is deprived of oxygen, nearly two million brain cells die.

“An ambulance takes time, and time is brain,” observes neurosurgeon Edward Zampella, M.D., a major donor to the helipad project. “Every minute lost could mean a permanent decline in mobility or cognitive function.”

For patients who live an hour or more away by ambulance from Overlook’s Comprehensive Stroke Center, Atlantic Air One – the primary helicopter used to transport patients to Overlook from other hospitals throughout the region – offers a one-way flight that could save their life.

“The helipad saves an estimated 20 or more minutes of transport time over either land or the previous two-step process of landing in a nearby location followed by ground transport to Overlook,” says Dr. Halperin. “For patients with aneurysms, it means access to the state’s finest team of experts, using the most sophisticated interventions available.”

Upon their arrival at the medical center’s specially equipped rooftop helipad, patients are welcomed by a response team of physicians, nurses, and technicians who have more training and experience with critically ill neuroscience patients than any other center in the region.

Ranked one of “America’s 100 Best Hospitals” for stroke care by the consumer health care rankings group Healthgrades®, Overlook is equipped with two neuroangiography suites with the most advanced equipment and devices essential for blood clot removal, the most advanced CT scanner available to rapidly and non-invasively assess brain artery blockage and the viability of damaged brain tissue, and a dedicated Neuro Intensive Care Unit.

It also has a growing telestroke program, allowing Overlook neurologists to evaluate and diagnose stroke patients quickly and remotely via two-way video communications software, similar to Skype. The telestroke program is in place at all five Atlantic Health System hospitals as well as others, including Hunterdon Regional Medical Center in Flemington.

“Telestroke enables us to swiftly evaluate stroke patients across a wide geographic area and it can help guide the decision about which patients can benefit most from air transport to Overlook,” says Dave Petersen, manager, Atlantic Mobile Health/ Atlantic Ambulance Corporation.

Although hospitals throughout the region have discovered the benefits of Overlook’s top-flight Comprehensive Stroke Center, the number of helicopter flights per month is expected to remain at the original estimate of two to three per week.

“Our helipad was built specifically to serve critically ill stroke patients, who can benefit from Overlook’s advanced level of care,” emphasizes Alan Lieber, president of Overlook Medical Center. “We’re fortunate to be able to offer such quality care to so many of our surrounding communities.”

Toni Coughlin is no stranger to surgery. She underwent several operations following a horrific car accident at age 17, and last year had multiple surgeries (including a colostomy) to treat diverticulitis and a perforated colon.

When Toni met Bertram T. Chinn, M.D., chief of Colon and Rectal Surgery at Overlook Medical Center, complications from previous colorectal surgeries had left her weak and malnourished. Yet, treating these complications would require two additional surgeries to restore normal function.

"I was so weak, I could barely stand," recalls Toni, 61, of Berkeley Heights. The thought of having additional surgery in her condition was frightening.

Fortunately, Dr. Chinn had a plan...a plan called ERAS (Enhanced Recovery After Surgery). This was formally introduced to Overlook's Department of Colon and Rectal Surgery last year by the ERAS team leaders, Dr. Chinn and Dr. Akanksha Sharma. ERAS is a multi-modal, multidisciplinary approach to optimizing a patient's recovery from surgery – which sometimes contradicts traditional peri-surgical protocols.

stimulate her GI tract back into action before starting solid foods. She returned home a few days later in a better state of mind and health, and better prepared for her next surgery.

"I recovered much more quickly thanks to the ERAS program," says Toni, who is thrilled to have her life back following a second surgery with Dr. Chinn. "I can drive, play with my grandchildren, and eat salads again!"

"ERAS takes the best practices over the past decades and puts them together in a comprehensive pathway across multiple disciplines to care for surgical patients," explains Dr. Chinn. "Its key components – pre-operative counseling and education, pre-operative nutrition and exercise, standardized anesthetic and non-opioid pain medication regimens, fluid management, minimally invasive surgery, and early mobilization – require a team approach.

"That's where Overlook really shines," Dr. Chinn adds. "Surgeons, anesthesiologists, nurses, nutritionists, and physical therapists all work seamlessly together to deliver patient-centered care."

"Since its inception in the colon and rectal surgery department, the ERAS program has already yielded benefits at Overlook," comments Paul Starker, M.D., chair of the Department of Surgery at Overlook,

A NEW ERA IN SURGICAL CARE

"During pre-admission testing, I was instructed to drink Ensure three times a day for a week before the surgery, including the night before and the morning of the procedure," explains Toni. "In the past, I fasted before surgery."

To help build up Toni's strength and improve her recovery, Dr. Chinn also prescribed non-narcotic pain medication and antibiotics prior to surgery. The goal – to prevent pain before it occurred. On the day of her operation, Toni felt (and blood tests confirmed) that she was healthier than she had been in a long time.

Within six hours following the eight-hour surgical procedure, Toni was up and walking with a member of Overlook's Early Mobilization Team. That evening, she was started on fluids, and the next morning she was handed a pack of gum to help

which has earned accolades from Healthgrades® and the American College of Surgeons' National Surgical Quality Improvement Program (ACS NSQIP®) for quality surgical patient care. Hospital stays are reduced by 30 percent, readmissions are lower, opioid use is down, and patient satisfaction is up.

"Standardization is the key to quality," Dr. Starker observes. "The ERAS program is applicable to many different procedures and we are excited about implementing it in other areas to achieve quality improvement."

Generous donations from the Bouras Foundation, the Summit Area Public Foundation, and private donors helped fund the development of an early mobilization team for the ERAS pilot program at Overlook.

"I recovered much more quickly thanks to the ERAS program..."

TONI COUGHLIN

Toni Coughlin (front) with Melissa Polley, Dr. Jed Calata, Florise Altina-Pierre, Dr. Akanksha Sharma, and Dr. Bert Chinn



MUSIC TO THEIR EARS, COMFORT TO THEIR BODIES AND SOULS

Freda Brown and Julie Sherwood

A young mother was anxious and depressed after being diagnosed with late-stage stomach cancer. Her oncology nurse asked Overlook's music therapist to pay her a visit. When the young patient saw the therapist's small harp, she said it reminded her of the Bible story in which David played healing music on the harp, and she wasn't afraid anymore. Over the next several weeks, the music therapist continued to treat the young woman. Sometimes the woman asked to hear uplifting songs while visiting family members played along with small shakers and drums. During one of those joyful sessions, the patient remarked, "You make me feel good!" When the young mother passed away the following week, her sister asked the music therapist to play at her wake – "so my sister can hear the harp one last time."

It helps to normalize the hospital environment, moving the focus away from disease and discomfort to promote relaxation, foster communication, and facilitate a sense of social connection.

Last year, more than 520 patients and caregivers in Overlook's William Warner Welsh Inpatient Oncology Unit experienced the benefits of music therapy. Research demonstrates treatments provided by a board-certified music therapist help alleviate pain, reduce stress, relieve anxiety, and facilitate the connection between patients and caregivers.

"From diagnosis through treatment, and even in hospice care, the fight against cancer is deeply challenging and personal for patients and caregivers alike," observes Julie Sherwood, MA, LCAT, MT-BC, a licensed creative arts therapist and board-certified music therapist at Overlook Medical Center. "Music therapy provides countless benefits, both physiological and psychological, to support oncology patients. It helps to normalize the hospital environment, moving the focus away from disease and discomfort to promote relaxation, foster communication, and facilitate a sense of social connection."

"Overlook's oncology nurses form deep bonds with patients as a result of their frequent admissions," Julie points out. "Losing a patient can be emotionally devastating for even the most seasoned veterans. Music therapy gives nurses comfort and peace, helping them to refocus their energies on creating a healing environment for patients and families."

Despite its positive impact, music therapy is only possible through philanthropy. Fortunately, for Overlook and its patients, Scotch Plains resident Freda Brown was also convinced of its therapeutic potential for healing. Thanks to her generous support, Overlook's music therapy program will continue to be offered seven hours a week for the next several years – bringing music to the ears, and comfort to the bodies and souls of future oncology patients, families, and caregivers.

LOCAL STUDENTS RAISE FUNDS FOR JUNIOR BOARD GRANT

Student representatives from 14 area high schools worked together throughout the 2017-18 school year as part of a Junior Board of the Overlook Foundation. Their efforts culminated in the awarding of a \$72,000 grant to fund a shared social worker position for the Gerald J. Glasser Brain Tumor Center and Movement Disorders Program at Overlook Medical Center.

The program includes one student each, all juniors, from: Chatham High School, Delbarton School, Governor Livingston High School, Kent Place School, Millburn High School, Montclair Kimberley Academy, Newark Academy, New Providence High School, Oak Knoll School of the Holy Child, Oratory Preparatory School, The Pingry School, Scotch Plains-Fanwood High School, Summit High School, and Westfield High School.

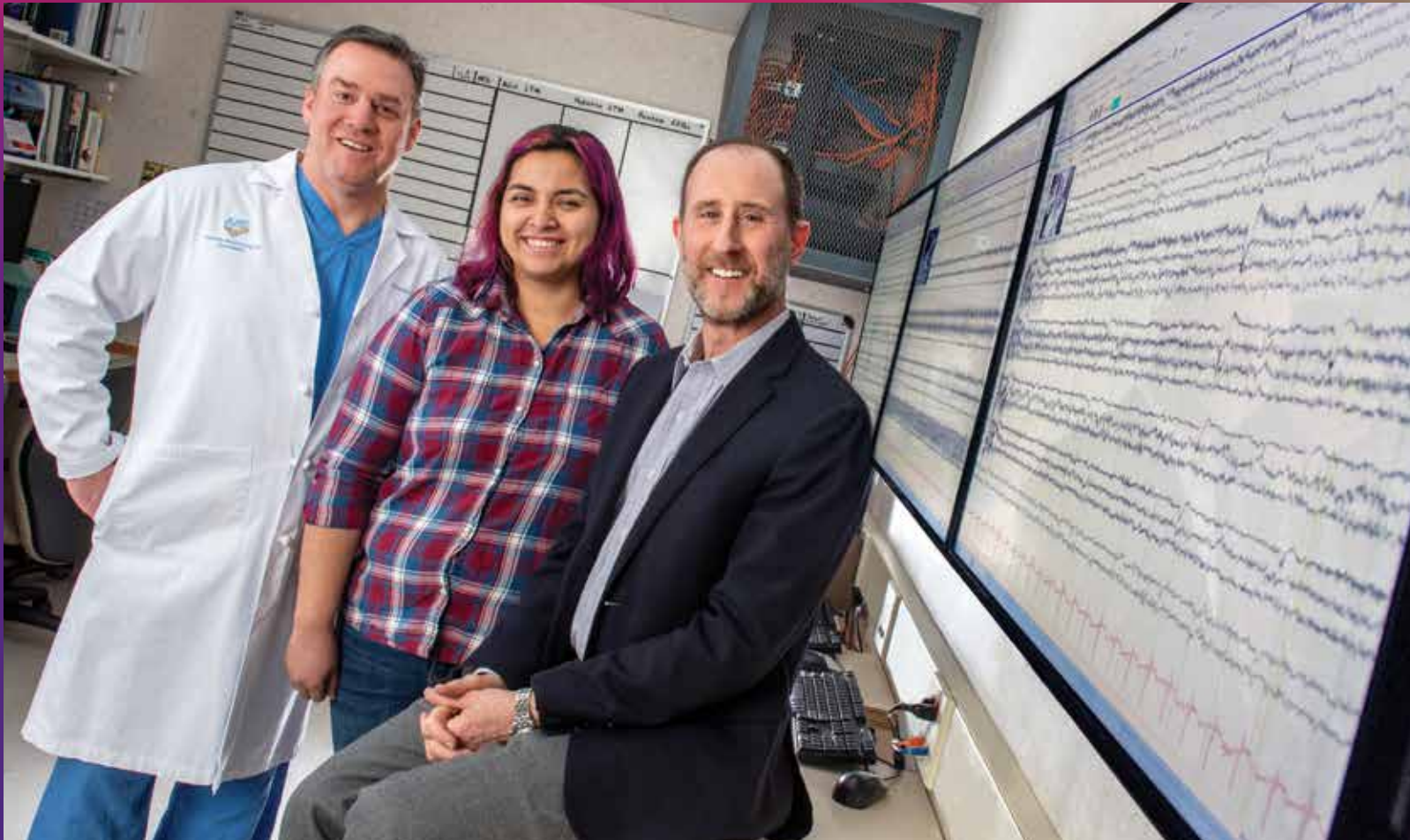
Meeting monthly, the students are exposed to the operation of a hospital foundation as the fund-raising arm of a nonprofit regional medical center. They interact with hospital personnel, as well as foundation trustees and staff, enabling them to better understand the importance of philanthropy in meeting the needs of Overlook's patients and their families.

The Junior Board is also charged with developing a grant application that is distributed to hospital departments of their choosing, with the decision-making process for awarding the grant left in their hands. Their fundraising goal was generously matched 3:1 by Overlook Foundation trustees.



Members of the 2017-18 Overlook Foundation Junior Board included (front) Nick Sannito, Erin Butterfield, Ethia Hu, Aanya Lall, Julia Helliesen, Robert Novak, Tyler Kung, (rear) Deacon Donaldson, Persis Baah, Maria Biegler, Christy Sieber, Ross Bell, and Sarit Radak. Missing: Finn Gannon.

NEW HOPE FOR EPILEPSY PATIENTS



Dr. Ron Benitez, Ann Sosa, and Dr. Jeff Politsky

“Since my treatment at Overlook, I rarely have seizures, and if I do they are much shorter and less intense.”

ANN SOSA

Ann Sosa was 15 when she had her first seizure. Suddenly, without warning, her body became rigid; she lost control of her bladder, lost consciousness, and stopped breathing.

A trip to the hospital and subsequent testing led to a diagnosis of epilepsy, a chronic neurological condition affecting 3.4 million Americans that is characterized by recurrent episodes of altered neurologic function, loss of consciousness, or convulsive activity caused by abnormal electrical activity in the brain. With 150,000 new cases of epilepsy diagnosed in the United States each year, it is estimated that one in 26 people will develop epilepsy at some point in their lifetime.

“For years I was on medication to try to control the seizures,” says Ann, now 33 and living with her parents in Dover, “but I was still having them once or twice a week and they would last for more than two minutes. The worst part was not knowing when they would come. I was in a constant state of fear.”

Although Ann was able to graduate from college with a human services degree, her seizures prevented her from driving and ultimately pursuing her goal of becoming a social worker.

An online search for an epilepsy specialist led Ann to Jeffrey M. Politsky, M.D., co-director of the Atlantic Neuroscience Institute’s Comprehensive Epilepsy Center at Overlook Medical Center. Offering a variety of specialized services and advanced treatment options, the epilepsy center is designated a Level IV by the National Association of Epilepsy Centers.

“Dr. Politsky explained that there were other options beyond medication for controlling my seizures,” recalls Ann. “He said that if he could pinpoint where the seizures were coming from, a neurosurgeon on his team could possibly remove that area of the brain or control that area through an implantable neurostimulator. I was more than willing to give those options a try.”

Dr. Politsky conducted a thorough evaluation to record Ann’s seizure activity and determine where the seizures originated in her brain. After reviewing Ann’s data set with the entire epilepsy team, further evaluation with intracranially implanted electrodes was recommended and explained in detail to Ann, who agreed to proceed. When testing confirmed that seizures were originating from more than one location, Dr. Politsky and Ronald Benitez, M.D., chief of endovascular neurosurgery at Overlook, recommended a combination approach to treatment – surgical removal of some epileptic tissue as well as implantation of the Responsive Neurostimulation (RNS®) device to control remaining and/or unresectable epileptic tissue.

The RNS® System, developed by NeuroPace, is the first and only medical device that can monitor and respond to brain activity, similar to a pacemaker that monitors and responds to heart rhythms. It consists of a small implantable neurostimulator connected to up to two tiny wires that are placed in and around the seizure focus or foci (if there is more than one affected area). The electrodes record seizure activity and then deliver a pulse of stimulation back to the brain to interrupt the seizure, preventing it from spreading beyond its origin. Once implanted into the scalp, the neurostimulator is essentially unnoticeable. It works around the clock to stop seizures at their source without side effects.

Following the surgical implantation of the neurostimulator, Ann received a laptop and a remote monitor that she uses at home to wirelessly collect information from the neurostimulator and transfer it to the NeuroPace Patient Data Management System (PDMS). Her doctors can log into the PDMS at any time to review accurate, ongoing information about her seizure activity and treatment progress.

“One of the real benefits of the RNS® System is that it is a surgical alternative that continually records brain activity, allowing us to personalize epilepsy treatment and make adjustments as necessary,” states Dr. Politsky. “In clinical studies, the RNS System was shown to significantly reduce seizures, with continued improvement over time.

“Our first course of action in treating epilepsy is medication,” he adds, “but antiseizure medications are ineffective in more than one-third of epilepsy patients and may produce chronic side effects that negatively impact a patient’s quality of life.”

“Until recently, only traditional epilepsy surgery directly treated the source of seizures by removing some or all of the epilepsy focus, or even disrupting the abnormal network,” Dr. Benitez points out. “And while the majority of epilepsy patients can be treated effectively with anti-seizure drug therapy, a significant number do not respond to or cannot tolerate anti-seizure drugs. Now for those being considered for epilepsy surgery, we have a less minimally invasive option that can preserve brain function because we don’t have to resect tissue. The RNS® device directly records seizure activity and delivers stimulation back to the seizure focus to effectively cancel the seizure. In Ann’s case, we did both – we used The RNS® System in combination with traditional surgery.”

“Since my treatment at Overlook, I rarely have seizures, and if I do, they are much shorter and less intense,” observes Ann. “Plus, the RNS device, allows me to feel when a seizure might occur and be prepared – whether it happens or not. I’m much less worried about getting seizures now, and I’m hopeful that I’ll continue to improve under Dr. Politsky’s care.”

INNOVATING



ISN'T IT AMAZING?!

GUESTS ENJOY "AMAZING" NIGHT
OF MUSIC, MAGIC, AND A SPECIAL APPEAL



Jessica Sales, Cathy and Dr. Cliff Sales, with Tola and Dr. John Halperin



Dr. Stephen Windsor, Sharon Kelly, Jude Lark, Laura Lark, Jennifer and Bob Moran

It was an evening of wonder and celebration that netted some \$370,000 for the Gerald J. Glasser Brain Tumor Center at Overlook. A sellout crowd of more than 200 guests enjoyed a night of fine dining and dancing in the rustic chic Coach House at the Ryland Inn, capped off by a magic show featuring a few lucky members of the audience.

The fall event brought together foundation donors – including trustees, physicians, and corporate sponsors – in support of a program that cares for more than 1,000 patients each year in its new home at Overlook.

Dr. Yaron Moshel, co-director of the center, spoke about the groundbreaking work that he and his team do on behalf of patients and their families . . . before introducing Erik Sletteland, whose son was one of those patients. Later in the program, Manish Bhandari and his wife Radhika spoke movingly about his own experience as a patient of Dr. Ron Benitez, to whom he presented the foundation's 2018 Medical Marvel Award.



Ken and Ann Oliva with Peggy and Dr. David Schreck



Dr. Ajay and Danielle Goyal



Dr. Ron Benitez (center) with his mother, Janet, and wife, Liz



Maggie Hariri, Alex Hariri, Dr. Maria Nguyen, and Dr. Jeanine Bulan

Restricted Gifts
for Capital
and Program
\$7,444,318

Unrestricted
Annual Support
\$2,300,589

Total
\$9,744,907

2018 GIVING AT A GLANCE

The Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

If you would like to become a member of the "Overlook Medical Center Family" by supporting the Foundation, you may

- Become a "Distinguished Friend of Overlook Medical Center" with an annual gift of \$2,500 or more;
- Designate your gift for a restricted or specific project or allow the Foundation's board of trustees to determine the most needed application of your donation;
- Make a Gift of Gratitude in honor of a caregiver;
- Memorialize or commemorate an individual, family or group by donating;
- Make a planned or deferred gift to maximize tax advantages and/or protect current or future income, thereby becoming a member of the Heritage Society.

All Overlook Foundation gifts are tax deductible and remain at Overlook.

For more information about how you can help further Overlook's mission to provide exemplary health care services to its communities, please contact the Overlook Foundation, 36 Upper Overlook Road, Summit, NJ 07901, 908-522-2840, www.overlookfoundation.org.



The Overlook Foundation team: Angie Cennamo, Lorie McDonald, Marie Roberti, Eileen Weiss, Dina Rieman, Sue Coven, Laura Parker, Kim Myler, Kerry Mowry, Ken Cole, Marianne Devlin, Dania Rothenberg, and Clelia Biamonti

PEDIATRIC EATING DISORDERS PROGRAM EXPANDS

A happy, healthy 8-year-old girl in our community suddenly refuses to eat or drink, plagued by voices in her head telling her that eating is bad.

This is the new face of eating disorders: children who have not even reached adolescence, whose bright futures are plagued by a dark problem that can now be solved at our newly expanded Pediatric Eating Disorders Center.

For nearly a decade, the Eating Disorders Program at Overlook was the only medically based program in New Jersey to provide comprehensive treatment exclusively for adolescent patients with anorexia nervosa, bulimia nervosa, and related disorders.

With a dramatic rise in the number of hospitalizations for eating disorders in children and no outpatient programs in the state to meet their needs, the Overlook Foundation set out to raise \$1.8 million to open an innovative, evidence-based family treatment program designed specifically for 8- to 12-year-olds.

Today, both the adolescent and children's programs are staffed by a multidisciplinary team of health care professionals – board-certified physicians, psychologists, psychiatrists, child life specialists, nurses, social workers, therapists, and nutritionists – who not only treat the patient, but also provide extensive training and support to parents, who are integral to their child's recovery.



Celebrating the opening of new consultation and treatment space for the Pediatric Eating Disorders Program are Dianne Fotiades, Breene Wesson, Clelia Biamonti, Dr. Walter Rosenfeld, Alan Lieber, Anne Bennett, Dr. Meghan Feehan, and Fran Drigun.

With 100 percent of parents surveyed saying they would recommend the Eating Disorders Program at Overlook, we are effectively keeping our children here in the community with their families, as they get the treatment they need to go on to live happy, successful lives.



ANDY BOVIN MEMORIAL FUND SUPPORTS FAMILIES OF CHILDREN WITH LEUKEMIA

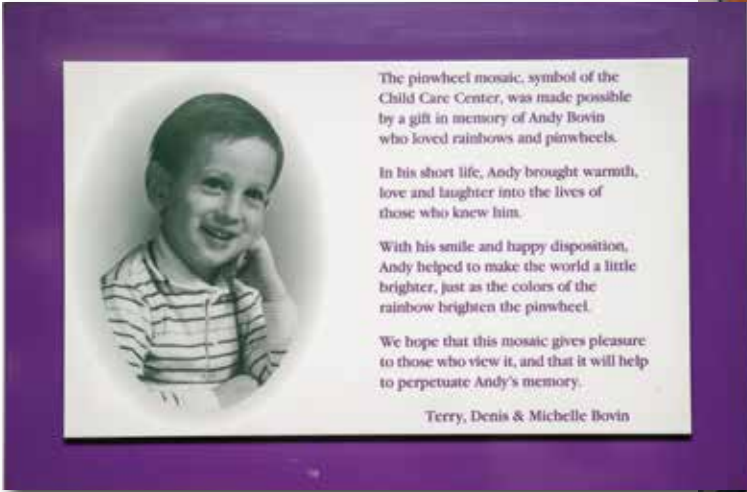
Families whose lives are touched by the care they received at Overlook are often inspired to make a difference in the lives of others by establishing their own charitable giving funds.

The Andy Bovin Memorial Fund was created by Terry and Denis Bovin in memory of their son, Andy, who passed away in 1986 after a four-year battle with Acute Lymphoblastic Leukemia when he was just six-and-a-half years old.

The fund supports leading-edge leukemia research that promises to extend the lives of children like Andy and, hopefully, find a cure for the devastating disease. It also helps alleviate some of the financial burdens of families whose children receive treatment for cancer and other blood diseases at The Valerie Fund Children's Center at Overlook and three other hospitals in the region. Thanks to the fund's support, these centers are able to purchase items such as computers, video telephones, televisions, and fish tanks that would otherwise go unfunded.

Every year, Andy's Fund makes it possible for three families to spend a week at Camp Sunshine in Casco, Maine. The camp, staffed by oncology healthcare professionals, specializes in the needs of children with life-threatening diseases and provides a nurturing environment where all family members can enjoy swimming, boating, arts and crafts, and other sports and activities.

Today, with support from Andy's sister and her husband, Dr. Michelle Bovin and Dr. Chris Miller, Terry and Denis continue to proudly keep the memory of their son alive as the Andy Bovin Memorial Fund helps children with leukemia and other cancers, the centers that treat them, and promising research to transform young lives.



The pinwheel mosaic, symbol of the Child Care Center, was made possible by a gift in memory of Andy Bovin who loved rainbows and pinwheels.

In his short life, Andy brought warmth, love and laughter into the lives of those who knew him.

With his smile and happy disposition, Andy helped to make the world a little brighter, just as the colors of the rainbow brighten the pinwheel.

We hope that this mosaic gives pleasure to those who view it, and that it will help to perpetuate Andy's memory.

Terry, Denis & Michelle Bovin



Children at the Bright Horizons Childcare Center at Overlook celebrated the memory of Andy Bovin on his November 20 birthday by gathering in front of a pinwheel mosaic made possible by a gift from the Bovin family. Like many children his age, Andy loved pinwheels and rainbows.

HONOR ROLL

LEADING. INNOVATING. ELEVATING. is a tribute to the philanthropy of individuals, corporations, organizations, and foundations who contributed \$1,000 or more to the Overlook Foundation from July 1, 2017, through December 31, 2018. The generosity of our donors has enabled Overlook to evolve into a nationally respected medical center, providing advanced care close to home. We gratefully acknowledge their support as we continue to touch lives ... change lives ... and save lives, while consistently elevating the level of health care we provide to our community.



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Kids Helping Kids
Summit residents Stella and Charlotte Lemkau (with an assist from their younger brother) spent a warm summer day pouring lemonade to raise money for pediatric patients at Overlook. Neighbors and passersby, including several Summit police officers, stopped to support the girls who were spurred to action by their concern for a cousin and friend afflicted with Type I diabetes.



Styling for Dollars
The talented stylists at Ateliers 113 Hair Salon and Spa in Summit donated a full day of their services for a Blowout & Cut Fundraiser to benefit the Carol G. Simon Cancer Center at Overlook Medical Center. Current and new patrons stopped in throughout the day to have their hair coifed by salon owner Michelle Azouz (center) and her team. All proceeds were directed to provide wigs, prosthetics, bras, and medical treatments for women in need from the Overlook community.

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Bringing Out One's Inner Artist
Regardless of experience or ability, Overlook employees were invited to try their hand at creating an emoji garden on an exterior loading dock retaining wall that faces the Behavioral Health Department offices. Mural artist Dan Fenelon brought along stencils, drawing supplies, and his own expertise to help Dr. Peter Bolo and his team honor the late Dr. Robert Karp and Dr. Harish Malhotra.



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Investors Bank Supports Palliative Program
Representatives of Investors Bank presented the Overlook Foundation with a \$10,000 check, the final installment of a \$50,000 pledge made to the foundation's \$2.5 million campaign to increase the endowment for palliative care. Bank officials were able to hear from the hospital's palliative care team about how the bank's donation is helping to bring comfort and care to hundreds of patients and their families each year. "Overlook does an amazing job helping families while they are going through a tough time," commented Investors CEO Kevin Cummings.

In 2015, the Overlook Foundation embarked on a fundraising campaign to meet growing demand and provide these essential services to all patients and families with non-curative and life-limiting illness. Thanks in part to the generosity of Investors Bank, seriously ill patients at Overlook Medical Center and their families receive specialized palliative care from an interdisciplinary team whose focus is to relieve their physical, spiritual, and psychosocial distress. Established in 1999 by renowned cardiologist Dr. John Gregory, the program has grown from some 60 consults annually to more than 1,000 patients and families in the hospital setting, as well as nearly 150 new oncology patients in their practice.

Research has shown the positive impact of hospital-based palliative care on reducing patients' pain and relieving caregivers' stress. Palliative care clinicians also advocate for alignment of medical care with the individual goals of patients and their families.

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^ *Donations made solely to the Andy Bovin Memorial Fund*
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Smiles All Around
Gathering at the Dental Center at Overlook for an up-close look at the newest equipment made possible by several generous foundations and individuals were: Dr. Jack Audett, chief medical officer, Overlook; Dr. Gene Napoliello, chair, Delta Dental of New Jersey Foundation; Bev Luehs, chair, Overlook Foundation; Alan Lieber, president, Overlook; Dr. Brian Silverman, director, dental services at Overlook; and Bernie Moriarty, president, The Hyde and Watson Foundation.



Community Outreach on the Green
Members of Overlook's community health team can be found at many local events, promoting the health and well-being of area residents. Last summer, Overlook Foundation Executive Director Clelia Biamonti (right) joined Joan Patella, Cassandra Germain, and a friendly neighborhood lifeguard in providing health education materials at one of Summit's popular "Screen on the Green" nights.

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^ *Donations made solely to the Andy Bovin
Memorial Fund*

* *Donations made to the Overlook Foundation and
the Andy Bovin Memorial Fund*

Golfers Tee Up for Brain Tumor Center

Corporate sponsors joined physicians, trustees, and other friends of Overlook to support the foundation's 28th Annual Golf Tournament last spring, raising some \$140,000 for the Gerald J. Glasser Brain Tumor Center at Overlook. Among the golfers taking to the links at Canoe Brook Country Club in Summit were Assemblyman Jon Bramnick, Dr. Jim Gardner, Mike Setola, and Dr. Rick Luciani.

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^ *Donations made solely to the Andy
Bovin Memorial Fund*

* *Donations made to the Overlook
Foundation and the Andy Bovin
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HONOR ROLL OF DONORS



Nursing Scholarships Awarded

In support of Overlook employees who are pursuing nursing degrees, some 50 scholarships were awarded at a May breakfast hosted by the foundation and attended by representatives of the sponsoring individuals and organizations. Among the celebrants were Amy Perry, scholarship founders Dr. Walter and Patricia Groff, Alan Lieber, and MaryPat Sullivan.



Health Totes Hit the Stacks

Local library directors Susan Permahos (Summit), Megan Kociolek (Clark), and Kassundra Miller (Hillside) met with Overlook librarian Pat Regenberg to discuss the success of 'Health Totes,' an innovative partnership between the Libraries of the Union County Consortium and the Overlook library. Local residents can now find an array of books, CDs, and DVDs on specific topics, conveniently packed in Health Literacy Tote Bags at participating libraries, that can help them take control of their own health.

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*Lenore Ford, Cassandra Romas,
and Sharon Meola*

THE OVERLOOK HERITAGE SOCIETY

Overlook Medical Center will soon boast the capability of delivering radiation directly to breast tumors from inside the surgical site during lumpectomies and partial mastectomies, Heritage Society members learned at their annual luncheon last fall. Dr. Rebecca Yang, Overlook's new chief of breast surgery, made the announcement during her presentation on advances in breast surgery. She anticipates lower cancer recurrence rates for patients suffering from breast cancer. Dr. Yang has experience using the tool at the Lahey Clinic in Boston, where she was medical director of the breast clinic before joining Overlook.

The 55 members and their guests who attended the luncheon also heard about the pioneering research career of Evemarie Gilfillan of Basking Ridge. She recently left the largest bequest ever to Overlook by a woman, a gift of \$1 million.

Membership in the society stands at 163 members. The society added three new members since the 2017 luncheon and lost members Warren Hoffman of Warren Township, Marcos Scarkos of Cranford, and Elaine Cook of Millburn, besides Mrs. Gilfillan.

All people who name the foundation in their will, designate a gift from their IRA or retirement account, donate a life insurance policy or an interest in real estate, or create a charitable trust or annuity qualify for membership in the Overlook Heritage Society. To learn more about how you can change someone's life through your estate plan, please contact Kenneth Cole at (908) 522-2181 or kenneth.cole@atlantichhealth.org.



*Jack and Millie Cooper with
Vince and Priscilla Ursino*



Dave and Kitty Hartman, Carol Graham, and Jack and Donna Walcott



*Barbara Alleyne and her son, Anthony,
with Janet Gray*



Mitha and Dr. Talaxi Shah

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OVERLOOK AT A GLANCE

Located in Summit, New Jersey, Overlook Medical Center is home to some of the state's top physicians, offering cutting-edge research and advanced technology and treatments in a compassionate, patient-centered environment.

Our Atlantic Neuroscience Institute is the region's leader in neuroscience care, offering a broad range of advanced neurological, neurosurgical and neurodiagnostic services. These include an Advanced Comprehensive Stroke Center, a Level IV Epilepsy Center, and the Gerald J. Glasser Brain Tumor Center, where more brain tumor surgeries are performed than anywhere else in New Jersey. Our CyberKnife® program is the largest and most experienced in the state, and we have a satellite emergency department in Union, New Jersey, which treats about 40,000 emergency cases each year.

A nationally recognized, nonprofit regional medical center, Overlook has earned accolades from some of the most prestigious healthcare organizations. Our parent company, Atlantic Health System, is an integrated nonprofit health care delivery network powered by a workforce of more than 16,500 team members and 4,800 affiliated physicians dedicated to building healthier communities. The system serves five million people through more than 400 sites of care, including six hospitals.

LEADING

- 100th magnetoencephalogram (MEG) evaluation performed at Overlook's Level IV Epilepsy Center
- One of the first Atlantic Health System sites to implement EPIC online medical record system, empowering patients to control their health care and medical history in one secure location
- Added 154 new physicians to medical staff, including many highly sought-after primary care and physician specialists
- Reduced orthopedic readmissions by 45 percent
- Reduced opioid use in the Emergency Department by 60 percent
- Inaugural class of the Sidney Kimmel Medical College Regional Campus Medical School launched in July
- Completed first cohort with Montclair State University RN to BSN nursing program
- Ninth year of Overlook Student Internship Program
- Extended telestroke services to Hunterdon County

INNOVATING

- Four new research trials initiated at The Gerald J. Glasser Brain Tumor Center
- Nine research trials offered by the Institute for Rheumatic and Autoimmune Diseases
- Five clinical trials and four clinical registries offered by the Personalized Genomic Medicine Program
- Thirty-six articles published by Atlantic Neuroscience Institute team members
- Large vessel occlusion stroke program, increasing the number of patients eligible for interventions
- 3D printer creates patient-specific anatomical models
- Deep brain stimulation for Parkinson's disease
- Robotic surgery for esophageal cancers
- Impella® device insertion during high-risk percutaneous coronary interventions
- Enhanced Recovery After Surgery (ERAS) pilot program implemented for colorectal surgery patients
- Cryotherapy for Barrett's esophagus
- Prostate artery embolization for benign prostatic hyperplasia
- Training physicians in transcaval aortic endoleak repairs
- Bariatric surgery for lower BMI patients and adolescents

ELEVATING

- One of 'America's 100 Best Hospitals' for clinical excellence by consumer healthcare rankings group, Healthgrades®, **placing Overlook in the top two percent of hospitals in the nation for clinical performance**
- One of 'America's 100 Best Hospitals' for stroke care (six consecutive years), general surgery (three consecutive years) and critical care (four consecutive years) (Healthgrades®)
- Among the top five percent of hospitals in the nation in neurosciences, cranial neurosurgery, treatment of stroke, general surgery, critical care, and bariatric surgery (Healthgrades®)
- Among the top 10 percent of hospitals in the nation for overall GI surgery
- Only New Jersey hospital named 'One of America's 100 Great Community Hospitals' (Becker's Hospital Review)
- Emergency Nurses Association Lantern Award™ (Union Campus – three consecutive years)
- Best Regional Hospital, high performing in neurology & neurosurgery, colon cancer surgery, COPD, and heart failure (U.S. News & World Report)
- National Medal of Honor for Organ Donation (U.S. Department of Health and Human Services)
- One of 10 New Jersey hospitals designated a Baby-Friendly birth facility by the World Health Organization and UNICEF
- 2018 Practice GreenHealth Emerald Award, Greening the OR Award, Becker's Hospital Review's list of Greenest Hospitals in the nation for sustainability efforts, including tri-generation power plant and recycling efforts, beehives and community gardens
- Atlantic Health System, recognized by Fortune as one of the '100 Best Companies to Work For®' (10th consecutive year)

Where you go for health care matters. Overlook's caring, compassionate medical experts ensure that those who come through our doors continue to have more of the moments that matter most to them.

2018 OPERATING STATISTICS

Average Length of Stay	Medical Residents	Beds	Attending Physicians	Births	Employees	Inpatient Surgeries	Same Day Surgical Procedures	Admissions	Emergency Department Visits
4.4 days	96	504	1,554	2,734	3,596	5,406	8,770	24,653	101,202

A LETTER FROM THE OVERLOOK AUXILIARY

With the concept of “mindfulness” permeating the Overlook Auxiliary’s efforts in 2018, we gratefully acknowledge the terrific work of the Overlook Foundation leadership and staff. Both nonprofit organizations enjoy a seamless partnership that reaps benefits for the entire Overlook Medical Center community despite our different missions.



Jane Schapker,
Christina Amundson,
and Laura Bojanowski

Last year, we continued our collaboration on the Emergency Department renovations and on much needed nursing scholarships, collaborations that will continue in 2019. The Overlook Auxiliary also plans to undertake improvements to the Parents’ Lounge at the Pediatric Eating Disorders Center located in MAC II, the only center of its kind on the Eastern seaboard. This latter endeavor arose directly as a result of a tour of the facility that the Overlook Foundation organized. Clearly, the synergy that we share magnifies our efforts to improve the patient experience at Overlook Medical Center, each in our own distinct way.

In addition to raising needed funds, the Overlook Auxiliary provides hands-on volunteer efforts. Personal service was the focus when the Overlook Auxiliary was founded in 1916, with members then cleaning and changing hospital linens, while also taking on other necessary operational tasks.

Today, personal service continues to be an important component of our work, as our members host bimonthly oncology teas, act as patient care volunteers, and bring the holidays to the hospital hallways, honoring Christian and Jewish traditions. Our members also run the Auxiliary Gift Shop & Bloom, as well as multiple vendor events throughout the year; host the popular holiday reception for staff and volunteers; and help to relieve stress for patients and staff alike by curating many beautiful “Art at Overlook” exhibits. This year, we launched our Phantom Ball, a successful “no party” fundraiser, so that the hospital’s youngest patients could have the best possible hospital experience. This priceless personal service sets the Auxiliary apart and brings an added dimension to the Overlook Medical Center community at large.

While we continue to focus on strengthening our organization, the Overlook Auxiliary proudly stands beside Clelia Biamonti and the entire Overlook Foundation team as we each support the hospital’s continued journey of excellence and contribute to the compassionate care that is the hallmark of Overlook Medical Center.

With our heartfelt gratitude,

Christina Amundson and Liza Tulloch,
Overlook Auxiliary Co-Presidents

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FRIENDS REMEMBERED

Since our last report, we have lost several beloved members of the Overlook Foundation family. We recognize their special contributions to Overlook and to our community, and we extend our heartfelt condolences to their families.

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