



# URGENCY OF CARE

OVERLOOK FOUNDATION ANNUAL REPORT 2016



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**On the cover:**  
Emergency Department  
Staff Nurse Noel Santos  
relies on smart teamwork  
and cutting-edge technology  
to keep cases moving  
through the unit.

*Urgency of Care* was produced by the Overlook Foundation.  
Principal writing by Renée Tesaro, RCB Communications. Graphic design and principal photography by Kathy Cacicedo.

# A MESSAGE

## from Overlook Medical Center and the Overlook Foundation

Many hospitals strive to be the best, but only a select few earn that distinction.

We are proud to announce that Overlook Medical Center has been recognized as one of America's 100 Best Hospitals™ in 2017 by the consumer healthcare rankings group Healthgrades®. Additionally, Overlook is the only hospital in New Jersey to be named one of America's 100 Best Hospitals for General Surgery™. For the second year, we've been named one of America's 100 Best Hospitals for Critical Care™, and for the fourth year, one of America's 100 Best Hospitals for Stroke Care™.

Outstanding clinical performance in neurosciences and treatment for stroke has earned Overlook the distinction of being the only hospital in New Jersey to receive both the Healthgrades 2017 Neuroscience Excellence Award™ and Stroke Care Excellence Award™ eight years in a row! And now, our Bariatric Surgery Program – which performs the most bariatric surgeries in the state – has received the Healthgrades 2017 Bariatric Surgery Excellence Award™ for superior performance.

We are acutely aware that clinical excellence is dependent upon multiple factors: skilled professionals, state-of-the-art technology, leading edge facilities, and delivering exceptional care *expeditiously*. Prompt and accurate diagnosis equates to faster treatment and a speedier recovery. It improves both patient outcomes and patient satisfaction.

In these pages, we highlight some of Overlook's initiatives to sustain a culture of urgency in our approach to care. You'll learn more about the Emergency Department's newly opened Expedited Care Unit, the helipad that is reducing time to treatment for critically ill neurosciences patients, the telestroke program that diagnoses stroke patients en route to the hospital, the fragility fracture team that streamlines treatment for hip fractures, cardiac imaging that quickly assesses chest pain, and urgent care centers that offer prompt, affordable medical care in our communities.

Your generous support of Overlook has made programs like these possible. During the past fiscal year, gifts and pledges to our semiannual appeals, capital campaigns, and special events from you and other caring individuals, corporations, foundations and community organizations totaled some \$6.6 million.

This 2016 Annual Report is a tribute to your philanthropy. Your gifts allow us not only to strive to be the best, but to BE the best...for you and countless others who expect and deserve excellence and expedience when it comes to your health care.

With sincere appreciation for your support,



Michael A. Tannenbaum  
Board Chair  
Overlook Foundation

Ann M. Oliva  
Executive Director  
Overlook Foundation

Alan Lieber  
President  
Overlook Medical Center





Dr. John Halperin and Anthony Raffino

## DIAGNOSING STROKE

### En Route to the Emergency Department

Minutes count when treating stroke. It is estimated that every minute a patient goes without treatment, two million brain cells die.

For patients with ischemic stroke, there is a 4.5-hour window of time from the onset of symptoms to administer tPA (tissue plasminogen activator) – a powerful medicine that dissolves clots blocking brain arteries – or risk permanent disability or possibly death. Beyond that 4.5-hour window, or in instances when the onset of symptoms is unknown, patients may be candidates for catheter-based procedures, which can extract blood clots mechanically, sometimes in conjunction with tPA.

The key to effective treatment? Early diagnosis.

For the past several years, Overlook has significantly reduced “door-to-needle” time and improved patient outcomes with its telestroke program in the Emergency Department. The program allows neurologists to evaluate and diagnose stroke patients quickly and remotely via two-way video communications software similar to Skype. It is being used at Overlook’s Emergency Department, its satellite Emergency Department in Union, and four additional New Jersey hospitals among the 23 which refer patients to Overlook’s award-winning, regional center for stroke care.

“The success of our telestroke program led us to believe that we could diagnose stroke patients even more quickly if we utilized this technology in ambulances en route to the Emergency Department,” comments John Halperin, M.D., chairman, Department of Neuroscience, Overlook Medical Center.

From January 2015 through March 2016, the Overlook stroke team – Shalini Bansil, M.D.; Gary Belt, M.D.; Robert Felberg, M.D.; and Marci Rabin, M.D. – worked with Dr. Halperin and Jane Rubin, director of neuroscience services, to compare door-to-needle time with in-transit telestroke (ambulances with laptop-like devices, equipped with high-definition camera, microphone, and screen allowing bi-directional communication) to patients treated without this approach. Results were compared to those published using Mobile Stroke Transportation Units (costly, specially designed ambulances with built-in CT scanners and specialized staff).

The study, published in the journal *Stroke*, found that door-to-needle time was reduced by 13-14 minutes when the neurologist could communicate with the paramedic, see the patient, and get enough data to make a diagnosis via a simple telehealth platform using a computer tablet – before the patient even reaches the Emergency Department. According to Dr. Halperin,

“While time-to-treatment was reduced more with specially equipped Mobile Stroke Transportation Units, their cost and complexity limit the number of patients they can reach.”

“In-transit telestroke is now available in eight paramedic units serving Union, Essex, Morris, Passaic, and part of Somerset and Sussex counties,” says Anthony Raffino, manager of the Paramedic Program and the Air Medical Program at Atlantic Ambulance Corporation, a division of Atlantic Health System.

### The key to effective treatment? Early diagnosis.

“Now, when someone calls 911 with a suspected stroke, our advanced life support team can meet the local rescue squad on the scene, transfer the telestroke equipment to them and one of our paramedics accompanies the local squad to the hospital,” he explains. “Along the way, the neurologist beams in and does an initial assessment, makes a preliminary diagnosis, and provides a course of treatment in collaboration with the paramedics, Emergency Department, and radiology – all before the patient crosses the threshold of the Emergency Department!”

“Our only limitation is cell service,” remarks Dr. Halperin, “but we’re already onto a solution for that.”





# A MAGICAL *Masquerade*



Dr. Sol and Meri Barer, Sue Thomas, and Maria Maisano



Gala Chair Stacy and John McCann



Dr. and Mrs. Jay Chun with Danielle and Dr. Ajay Goyal



## Gala Guests Enjoy Evening of Magic and Mystery

In the spirit of a Venetian masquerade ball, the Overlook Foundation hosted a gala evening at Liberty Science Center in late October, where some 400 guests enjoyed *A Magical Masquerade* in support of Overlook's Emergency Department.

Mind teasing mentalists, costumed performers, and masterful magicians entertained guests as they experienced the fascinating exhibits and spectacular views of Manhattan that the center offers.

Signature sponsor Neiman Marcus Short Hills partnered with renowned artist Jay Strongwater to offer 100 Magical Mystery Boxes for purchase. While all contained a jeweled picture frame, just one held a note indicating that its owner had won a custom-designed objet d'art worth nearly \$10,000.

Celebrating its 100th anniversary in 2016, the Overlook Auxiliary was recognized for its invaluable contributions and countless hours of service to the hospital. Later, Summit's own Lenox Underground rocked the ballroom . . . and gave back every dime they made to support music education for children through their own foundation.

With the help of the Reeves Foundation Challenge Grant, nearly \$400,000 was raised for Overlook's Emergency Department renovation. An expedited care unit has already opened and a redesign of the pediatric area has been completed. In the spring, construction will begin on a new area dedicated exclusively for behavioral health patients.

Dr. and Mrs. John-Paul Bouffard



Alan Lieber, Dave Hartman, and Claire Toth



Dr. Bill and Maida Tansey with Dr. Bob Hariri



# FRAGILITY FRACTURE PROGRAM

## Ensures Hip Fractures Have a Standing Appointment In Operating Room

If you're over 50 and suffered a fracture as a result of falling from a standing position, you've experienced a fragility fracture. Each year, more than two million people suffer these types of fractures – more than those suffering from heart attacks, strokes, and breast cancer combined. And that number is increasing along with our aging population.

Elderly people, especially women in their 80s, are particularly prone to fragility fractures of the hip. Their fractures – often hastened by osteoporosis – are usually accompanied by other medical conditions, such as dementia, balance disorders, and cognitive or cardiac issues. Data shows that if these patients are not surgically treated within 48 hours, they have a higher risk of further health complications or even death.

"The complex medical issues of our growing elderly population require a team approach to care," observes Paul Starker, M.D., chairman of the Department of Surgery at Overlook Medical Center and the director of surgical education. "To better serve those coming to our Emergency Department with hip fractures, we created a fragility fracture team to streamline their care."

That team includes members of the Emergency and Internal Medicine departments, orthopedic surgeons, and anesthesiologists, who can expedite surgical care as well as provide comprehensive post-op management and rehabilitation.

80  
COULD BE  
THE NEW  
60!

"We have a designated block of time exclusively for hip surgeries five days a week so that all of our patients can receive the surgical treatment they need within 48 hours," says Jeffrey Leary, M.D., an orthopedic surgeon, who is very familiar with the benefits of urgent care. Dr. Leary completed his fellowship training in both orthopedic trauma and complex hip and knee replacements following two combat tours of Afghanistan as a member of a select Special Operations Surgical Team – a role that earned him the Air Force Commendation Medal, the Joint Service Commendation Medal, and the Meritorious Service Medal.

"As a result of this streamlined team approach, hip fractures are diagnosed and fixed sooner, which in turn allows for faster mobilization, better pain control and quicker recovery," comments Dr. Starker. "In just 10 months, we've seen a significant decrease in complications. We're proud to say that our mortality rate was zero in the first quarter of 2016, and since we instituted the program our results outperform the patient outcomes of top-tier hospitals nationwide."

If these surgeons had their way, hip fractures would be a rarity.

With ongoing advancements and collaboration among endocrinology, bone density technology, and programs to combat osteoporosis, their vision may become reality – and 80 could be the new 60!



Dr. Jeff Leary, Dr. Paul Starker, and Dr. Gina LaCapra, medical leader of the fracture team

## OVERLOOK JUNIOR BOARD

### Awards Grant to Behavioral Health Department

Student representatives from 12 area high schools served as members of the Overlook Foundation Junior Board for the 2015-16 school year, which culminated in their awarding of a nearly \$19,000 grant to the Behavioral Health Department at Overlook Medical Center.

The program included one student each, all juniors, from Chatham High School, Governor Livingston High School, Kent Place School, Millburn High School, Newark Academy, New Providence High School, Oak Knoll School of the Holy Child, Oratory Preparatory School, The Pingry School, Scotch Plains-Fanwood High School, Summit High School, and Westfield High School.

Meeting monthly, the students were exposed to the operation of a hospital foundation as the fund-raising arm of a nonprofit regional medical center. They interacted with hospital personnel, as well as foundation trustees and staff, enabling them to better understand the importance of philanthropy in meeting the needs of Overlook's patients and their families.

The Junior Board was also charged with developing a grant application that was distributed to four hospital departments of their choosing, with the decision-making process for awarding the grant left in their hands. They conducted department visits, evaluating the needs within each of these areas, and then held a variety of fund raisers. A current and a past foundation trustee both pledged up to a \$5,000 challenge match toward their efforts.

"Every one of the programs that we looked at was certainly worthy of our funding, so our discussions as a group were pretty intense," says Surina Gupta, now a senior at Summit High School. "Ultimately, we felt that we could have the broadest impact by awarding the grant to the Behavioral Health Department which cares for more than 1,000 inpatients annually, most of whom stay in the hospital for a week on average."

Two other rising seniors, Kiran Damodaran from Newark Academy and Logan Richardson from Chatham High School, returned to the board room in the fall as co-chairs of the 2016-17 Junior Board, using what they've learned to help guide a new group of students through the experience.

Dr. Peter Bolo and Lauren Woods (center and left center) accepted the Junior Board grant on behalf of the Behavioral Health Department at Overlook. Also attending the group's final meeting of the school year were: Logan Richardson, Charlotte Smith, Kristen Rusas, Meryl Schaffer, Max Lusk, Garrett Callen, Kiran Damodaran, Hannah Curtis, Anthony Silvestri, Surina Gupta, and Andrew Vita.



## OVERLOOK SUPPORTERS

### Receive Lifetime Achievement Awards

In recognition of their noteworthy contributions to Overlook Medical Center in the areas of community, medical, volunteer, and foundation service, the Overlook Foundation awarded Lifetime Achievement honors to Betsy Compton of Long Valley; William Tansey III, M.D. of Short Hills; Mary Hall of Chatham; and the Willits Foundation. Clelia Biamonti, Ph.D., chair of the Overlook Foundation, presented the awards at the organization's 14th Annual Chairman's Dinner at Baltusrol Golf Club.

#### Betsy Compton for Community Service

A member of the Overlook Foundation board of trustees for many years, Betsy served on a variety of committees and was board chair from 2010 to 2011. Among her philanthropic priorities at Overlook are the Thomas Glasser Caregivers Center, the Atlantic Neuroscience Institute, and the Autism Research Project. In the greater Summit community, Betsy has served on the boards of Bridges Outreach, Christ Church, and the Cooperative Nursery School, and as a parent liaison at Summit High School. She was a longtime trustee at her alma mater, Northfield Mt. Hermon School, and currently volunteers with New York Cares and City Harvest.

#### Dr. William Tansey III for Medical Service

A graduate of Yale University and Columbia University College of Physicians and Surgeons, Dr. Tansey served as a medical officer in the US Navy before going into private practice in Short Hills and ultimately joining the Department of Cardiology at Summit Medical Group. He has been recognized consistently on "Best Doctors in America" lists in regional and national magazines and was named one of "America's Top Cardiologists" by the Consumer Research Council of America. An ambassador for the American Heart Association and a founding member of the NJ Department of Health and Senior Services Cardiovascular Health Advisory Panel, Dr. Tansey also chairs the Liberty Science Center board.

#### Mary Hall for Volunteer Service

Some 26,000 volunteer hours (and still counting) have earned Mary the endearing nickname "Miss Overlook." First stepping into the hospital in 1993 to visit a sick friend, she had an "overwhelming feeling" that led her to stop by the volunteer office before she left. Now 23 years later, Mary has worked as a messenger delivering mail and flowers, helped with admitting and discharging patients, and staffed the information desk, always with a smile and often with some accessory befitting of the nearest holiday. Beyond Overlook, she also spent many years feeding Newark's homeless population through St. Teresa of Avila Parish in Summit.

#### The Willits Foundation for Foundation Service

A private, family foundation established in 1963 through the generosity of the late Harris L. Willits, a past C. R. Bard board chair, the Willits Foundation has been supporting Overlook Medical Center since its founding. Over the past 50 years, the foundation has supported pediatrics, hospice, the Vauxhall clinic, Healthy Avenues van, Reeves Chair of Medicine, Thomas Glasser Caregivers Center, and many other worthy programs throughout the hospital. Members of the Willits family continue Mr. Willits' legacy today through continued support of Overlook, as well as the Willits Scholarship Program that provides financial aid and encouragement to young people looking to further their education.



The Overlook Foundation awarded its 2016 Lifetime Achievement honors to Betsy Compton of Long Valley; Mary Hall of Chatham; Dr. William Tansey III of Short Hills; and the Willits Foundation, accepted by Laura Evans.

# IMAGING TECHNOLOGY GETS TO THE HEART OF CHEST PAIN

All chest pain is not created equally. Sometimes, it's an indicator of a heart attack. Other times, it's a sign of coronary artery disease and the risk of a future heart attack. In either case, doctors at Overlook's Emergency Department are determined and equipped to get to the heart of the matter quickly.

When patients come to the Emergency Department with chest pain, they may be asked to undergo a variety of tests to determine whether they've had a heart attack, how much damage has occurred to their heart, and the degree of coronary artery disease they may have. One of those tests is a blood test to check for elevated levels of troponin (proteins found in heart muscle that are released into the blood when there is damage to the heart muscle, as in a heart attack).

"Until recently, our standard protocol has been to check troponin levels over time," explains Christopher Amalfitano, M.D., CPE, chair of the Emergency Department at Overlook Medical Center, "at least six hours after the onset of pain. If the initial troponin level is negative (and the EKG is normal), it still doesn't rule out a heart attack, so we repeat the test every four to six hours while the patient waits in an observation area or is admitted.

**Cardiac CTA gives patients a quicker, clearer picture of their heart health; and without the lengthy wait, they'll barely miss a beat in their day.**

"Now, waiting time is significantly reduced for lower-risk chest pain patients like these. When an initial troponin test is negative, we proceed with a new diagnostic imaging test known as cardiac computed tomography angiography (CTA)."

Cardiac CTA uses computer-aided technology, along with intravenous (IV) contrast material (dye), to obtain high-resolution, three-dimensional images of the moving heart and large vessels, which are then read by Seth Uretsky, M.D., a member of the cardiology team. CTA can detect blockages in the coronary arteries, cardiac masses, and aortic and pericardial disease. It can be performed much faster (in less than one minute) than a cardiac catheterization, with potentially less risk and discomfort as well as decreased recovery time.

"Cardiac CTA will give us a diagnosis sooner than repeated troponin testing, shorten a patient's length of stay in the Emergency Department, and lower the likelihood of hospital admission for further testing," observes Michael Weinrauch, M.D., section chief, cardiology, Overlook Medical Center. "It also exposes patients to significantly less radiation than a nuclear stress test, which is often the other test used to evaluate these patients.

"Studies have shown that a normal cardiac CTA in patients who would be considered low or intermediate risk, based on their history and nature of chest discomfort, virtually rules out a heart attack," Dr. Weinrauch adds. "For other patients, cardiac CTA might identify mild coronary disease before it becomes a problem. These patients can be monitored more closely by their physician and, with pharmacological therapy and lifestyle changes, minimize their risk of a future heart attack."

"We're delighted to have this new diagnostic tool in the Emergency Department," says Dr. Amalfitano. "Cardiac CTA gives patients a quicker, clearer picture of their heart health; and without the lengthy wait, they'll barely miss a beat in their day."



*Dr. Seth Uretsky, Dr. Chris Amalfitano, and Dr. Michael Weinrauch*



## THE OVERLOOK AUXILIARY: A Century Strong, Building Momentum for the Future

Celebrating a 100-year-old legacy is a milestone for any organization; but for the Overlook Auxiliary, 2016 marked a century of service to our medical center and its many communities. Since Overlook's earliest beginnings, the Auxiliary has helped save and transform countless lives through the time, talents and fundraising efforts of its dedicated volunteers. Thanks to a grant from Celgene, the Auxiliary has put together a memory book to be distributed to its members and the community in honor of its past endeavors and volunteers.

Today, this independent organization of more than 350 members and 15 active Twigs continues to have an extraordinary impact on the patient and visitor experience at Overlook. The musical entertainment in our lobby, the artwork in our hallways, the friendly volunteers in our gift shop and at patients' bedsides, and many of our nationally ranked facilities, services and programs, made possible through Auxiliary donations, are examples of the Auxiliary's imprint on Overlook's healing culture.

During the past year, the Overlook Auxiliary Executive Board approved pledges of \$100,000 toward the Foundation's Campaign for Emergency Services through The Reeves Foundation Challenge Grant. It also pledged \$30,000 toward Pastoral Care and Social Services, \$15,000 toward the Music Program, and ongoing contributions toward nursing scholarships, HealthStart (a health services clinic for underserved women and children), and several other smaller ongoing projects.



At the Foundation's 2016 *A Magical Masquerade* Gala, the Auxiliary was honored with a commemorative brick to be placed in Overlook's Centennial Garden. Joining in the celebration were Gala Chair and Foundation Trustee Stacy McCann, Medical Staff President Cliff Sales, M.D., Auxiliary Co-President Elsa Russell, Overlook Medical Center President Alan Lieber, and Auxiliary Co-President Anne Kelligrew St.Clair.

The Auxiliary Gift Shop & Bloom – a popular shopping destination for patients, staff and visitors – generated over \$500,000 in sales, of which more than \$64,000 was earmarked for Overlook programs. A *Petite Pulse* (a mini-version of the Auxiliary's newsletter) was also launched to keep staff and volunteers informed about new and upcoming merchandise in the gift shop.

Twig fundraisers included a night at the theater, vendor sales, a holiday boutique, garden party, Camp Clover (a bereavement camp for children who have lost a loved one), Palliative Care baskets, and twice monthly teas for oncology patients among others. A holiday reception for employees and volunteers is a yearly event hosted by Short Hills Twig 21.

Plans are already under way for the Auxiliary's signature fundraiser, the biennial Kitchen Tour, for which both Lois Schneider Realtor and Wilmington Trust have agreed to be lead sponsors. A committee is busily preparing to feature several Summit area kitchens led by Co-Chairs Michelle Cameron and Diane Coloney of Summit Twig 5. The beneficiary of the 2017 event will be Atlantic Hospice.

As members of this vibrant and growing organization embark on a second century of service, we invite new members to join us in making a difference at Overlook. Please call the Auxiliary office at 908-522-2004 or visit [www.oaux.org](http://www.oaux.org) to explore opportunities that match your talents and interests.

## EXPEDITED CARE UNIT EASES EMERGENCY DEPARTMENT FLOW

With a daily average of some 170 patients coming through the doors of our Summit Emergency Department (ED), one group of patients has experienced the brunt of longer wait times. They are the ambulatory patients whose symptoms do not allow for fast-tracking, nor do they require critical medical attention. Accounting for about 30 percent of ED patients, they have traditionally competed for ED beds with very sick patients who most likely will be admitted to the hospital.

Now, however, those patients can flow through the ED with greater ease thanks to a newly opened Expedited Care Unit that features 16 fully equipped "pods" that allow for comfort and privacy while waiting for test results, receiving IV fluids, or heading for minor procedures like splinting and suturing. Greater access to care providers will include staff dedicated to expediting testing and/or treatment, thereby decreasing wait times and improving patient satisfaction overall.

Attending a May 31 ribbon-cutting were many of those involved in the planning and design of the new space, as well as donors to the Overlook Foundation's \$3 million Campaign for Emergency Services at Overlook. The Expedited Care Unit is just Phase One of the renovation and reconfiguration of the hospital's existing ED space, with additional modifications planned to optimize patient flow, increase communication, and care for patients more efficiently and effectively.



Performing the ceremonial ribbon-cutting were Dr. Chris Amalfitano, chair of Overlook's Emergency Medicine Department; Dr. David Istvan of TeamHealth Emergency Medicine, whose physicians staff our ED; Ed Reeves of the Reeves Foundation; and Alan Lieber, president of Overlook Medical Center.

# URGENT CARE CENTERS

## Offer Fast, Reliable, Cost-Effective Care

You accidentally cut yourself while chopping vegetables. Your son falls off his skateboard and may have fractured his wrist. Your sore throat gets worse over the weekend. Where would you turn in each of these situations? An emergency department or urgent care center?

"For sudden minor, nonlife-threatening illnesses or injuries, an urgent care center is your best bet," says Gerry Durney, director of operations at Overlook Medical Center, which operates emergency departments at Overlook's Summit and Union campuses and urgent care centers in Clark and Green Brook. "Aside from shorter wait times, Overlook's urgent care centers offer substantial cost savings compared to a typical emergency department visit, extended office hours with no appointment necessary, and access to board-certified family physicians, imaging and lab services.

"While Overlook has made great strides in streamlining care in its emergency departments, urgent care centers are usually able to see walk-in patients within 15-30 minutes, simply because the care is more specific," adds Durney.

Then, there's the cost factor. The average urgent care visit costs patients \$50-150 for basic care, with additional fees for shots, X-rays, and lab tests. The average emergency department visit costs \$1,233. In most cases, health insurance will cover either an urgent care center or an emergency department visit. However, patients should be aware that their co-pay is based on the facility they visit. It is usually less expensive to go to an urgent care center than an emergency department.

"We play an important role in meeting the healthcare needs of our communities, especially those without a hospital close by," comments Tina Sabharwal, M.D., medical director, Urgent & Specialty Care, at 100 Commerce Place in Clark. "Our urgent care center supports primary care physicians whose hours are more limited, and it allows patients who don't have a primary physician to get care without overburdening the emergency department. Emergency departments were never designed to provide primary care. They are designed for real emergencies.

"We provide urgent and routine primary care for adults and children over the age of two, as well as support assisted living facilities and nursing homes in our area," explains Dr. Sabharwal. "We also partner with more than 175 companies, townships, and community organizations to meet their employee health needs, such as annual employee physicals; drug, hearing and vision screenings; pre-employment physicals; and treatment of work-related injuries."

### Our urgent care centers are not designed to be primary care practices or emergency departments, but rather the bridge between the two.

Overlook's urgent care centers welcome walk-in patients. No appointment is necessary. Both Clark's Urgent & Specialty Care and Green Brook's Medemerge, at 1005 North Washington Avenue, are open weekends and every evening. When patients need medical attention and their primary care physician's office is closed, the urgent care center staff can examine and treat them and coordinate follow-up care with their primary provider.

"Of course, if someone comes in and we think they need to be in the emergency department, we'll get them there immediately," assures Dr. Sabharwal. "Our urgent care centers are not designed to be primary care practices or emergency departments, but rather the bridge between the two.

"Our goal is to keep more people in our communities healthy and out of the hospital; and judging from the number of 90-plus year-olds we see each week, I'd say we're on the right track!"



Dr. Tina Sabharwal

# HERITAGE SOCIETY MEMBERS MAKE A DIFFERENCE

Overlook surgeon Yaron Moshel astonished the largest-ever gathering of Heritage Society members at the group's annual luncheon in December, with reports of advances in surgery, including his awake-brain surgery that spares gray matter and a patient's ability to move, speak, and process sensations. The more than 60 members and their guests who attended also heard about the pledged estate gift by the late Bobbi Sutherland of Westfield. Her gift will help to replace all the chairs in the infusion room of the Carol G. Simon Cancer Center.



Jean Davies, Helen Stroz, Evemarie Gilfillan, Lorie McDonald, and Byron Arison



Kassandra Romas, Annette Mackie, and Lenore Ford

Mrs. Robert J. Abelson  
Barbara and Alfred Alleyne  
Anne S. and Paul A. Babineau  
Mr. and Mrs. Amos T. Beason  
Mr. and Mrs. John P. Bent Jr.  
Mr. David Bialoglow  
Clelia Biamonti and Adam G. Psychos  
Miss Audrey L. Boise  
Ms. Marylane T. Burry  
Mr. and Mrs. David C. Bushnell  
Teresa C. Byrne  
Mrs. Palma Celiano  
Mr. David J. Cesarz  
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Membership in the society remains near its all-time high, with 169 members. The society added five new members since the 2015 luncheon and, in addition to Ms. Sutherland, lost members Betty Opie of Summit, Arlene Peterson of Watchung, and Henry G. Parker III of Madison. Their gifts all supported the unrestricted fund.

All people who name the foundation in their will, designate a gift from their IRA or retirement account, donate a life insurance policy or an interest in real estate, or create a charitable trust qualify for membership in the Overlook Heritage Society. To learn more about how you can change someone's life through your estate plan, please call Kenneth Cole at (908) 522-2181 or e-mail him at [kenneth.cole@atlantichealth.org](mailto:kenneth.cole@atlantichealth.org).



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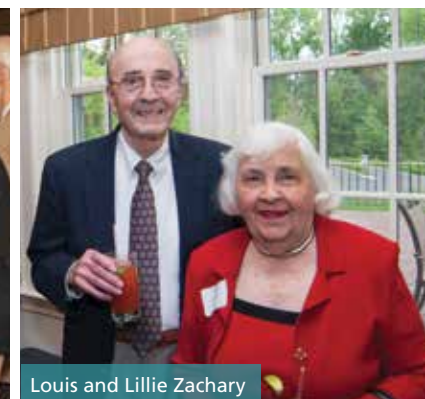
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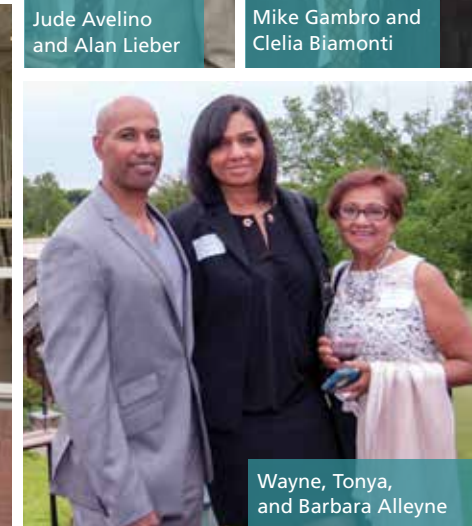
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### HIGH SCHOOL STUDENTS STEP UP FOR BREAST CANCER AWARENESS

In honor of Breast Cancer Awareness Month, the Student Council and Student Government Association at Scotch Plains-Fanwood High School teamed up to sell custom-designed pink T-shirts for their Homecoming Weekend. Representatives from both organizations visited the Breast Center at Overlook to deliver the funds they raised to (left) Benjamin Schneider, M.D. and Anne Davidson, medical director and coordinator, respectively; (rear) Alexa Hudak, Taylor Zucosky, Gia Parés, Grace Murphy, Gabriella Marino, Sam Lusk, Henry Lewand, (front) Lukas Stein, Katherine Keiser, and Max Lusk.



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## UNITED AIRLINES ON TIME WITH TOY DELIVERY

Newark Liberty-based United Airlines flight attendants landed at the Overlook pediatric unit in October. Under staff oversight the attendants met with each hospitalized patient and family members to deliver Ben Flyin teddy bears and toys as part of a national program conducted by attendants themselves. Required to take personal time for the event, some attendants flew in from San Francisco, the Southwest, and Florida specifically for the Overlook delivery.



## GOLFERS ENJOY DAY IN THE SUN

The foundation's 26th Annual Golf Tournament, held at Canoe Brook Country Club in Summit, raised more than \$120,000 to benefit Emergency Services at Overlook. Among the golfers hitting the links last June were Brian Gragnolati, president and chief executive officer of Atlantic Health System, joined by current and past foundation trustees Josh Weinreich, Jack Mann, and Steve Stone.



An enthusiastic team of volunteers from the Emergency Department staff helped keep the day running smoothly, while reminding golfers that their support is key in our efforts to better serve our community.



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## OVERLOOK HELIPAD TAKES PATIENT TRANSPORT TO NEW HEIGHTS

Prior to the completion of the helipad this fall, friends of the Overlook Foundation were given a hard-hat tour of the area by Marty Manfredi, construction manager for Overlook. The helipad went operational in late November, with about a dozen patients each month being transported here from several different hospitals in order to receive the top-level neurological services we offer. Among those attending the preview were (left) Jordan Glatt and Ed Reeves, and (right) Mike Tanenbaum and Bob Mulcahy.



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Ifesonye U. Emezie, R.N.  
Susan A. Engel  
Bernadette Epps  
Carla Errico  
Jennifer Estela-Stollwerck  
Louis Faraone  
Mary Farrell

Cliff S. Hamilton, M.D.  
Suzanne Hamilton, R.D.  
Michele Harrison  
Marion Hawkins  
Richard Heitner  
Barbara A. Herrmann  
Sorcha Hicks  
Nicole Hilborn  
Anne-Marie Hladun  
Camille Honig, R.N.  
Nicole Hooks  
Margaret J. Dolan  
Marie Christine Dorilas  
Frances Drigun  
Lauren E. Duggan  
Gerard A. Durney  
Rita A. Dyer  
Antonio Elazegui  
Michele Elkins, M.D.  
Ifesonye U. Emezie, R.N.  
Susan A. Engel  
Bernadette Epps  
Carla Errico  
Jennifer Estela-Stollwerck  
Louis Faraone  
Mary Farrell



Diane Fischl,  
MaryPat Sullivan,  
and Cornelia Gilpin



Jennifer Moran, Jude Lark,  
and Dr. Neeraja Kairam



## OVERLOOK EMPLOYEES WARM UP TO GIVING BACK

In early December, dozens of Overlook staffers stopped by for a warm cup of hot chocolate or coffee while learning how the hospital and our patients benefit from employee giving. Hosted by the Employee Campaign Advisory Committee, the winter-themed social provided the backdrop for an interactive exchange designed to continue building a culture of philanthropy at Overlook. Among the employee donors who posed with Slim the Snowman were members of the Cath Lab team: Lisa Prisk, Sophia Goldman, Elaina Holden, Edyta Ruczynski, and Valentina Surin-Craig.

# 2016 OPERATING STATISTICS

Admissions  
24,232

Average  
Length of Stay  
4.4 days

Births  
2,558

Same Day  
Surgical  
Procedures  
9,412

Inpatient  
Surgeries  
5,373

Emergency  
Department  
Visits  
100,726

## OVERLOOK AT A GLANCE

Located in Summit, New Jersey, Overlook Medical Center is a nationally recognized, nonprofit regional medical center providing state-of-the-art health care in a healing, family-centered environment. Since its founding in 1906, Overlook has strived to offer patients access to expert, compassionate care and the most advanced technology and treatments in the heart of their community.

**We define success as providing exceptional care and service to our patients and their families every day.**

Part of Atlantic Health System, one of the largest nonprofit health care systems in New Jersey, Overlook has 504 beds, 1,577 attending physicians, 85 medical residents and 3,617 employees.

- The largest and most experienced CyberKnife program in New Jersey
- Level IV Epilepsy Center, the first and only facility in the tri-state area using MEG technology to help locate the source of seizures and facilitate surgical treatment
- Baby-Friendly Designated birth facility (World Health Organization and UNICEF)
- More than 100 board-certified physicians in some 20 medical and surgical specialties in the Goryeb Children's Center
- Advanced Comprehensive Stroke Center (The Joint Commission)
- Center of Excellence in Bariatric Surgery (American Society for Metabolic and Bariatric Surgery)
- Most spine surgeries in New Jersey (Gold Seal of Approval™ from Joint Commission for Spine Program)
- Breast Center of Excellence (American College of Radiology)
- The Carol G. Simon Cancer Center, a major clinical research affiliate of The Rutgers Cancer Institute of New Jersey (Outstanding Achievement Award and Three-Year Approval with Commendation from the American College of Surgeons Commission on Cancer)
- The Thomas Glasser Caregivers Center, the first hospital-based center in New Jersey dedicated to those caring for loved ones with extended hospital stays
- Level III Intensive Perinatal Unit (New Jersey Department of Health and Senior Services)
- New Jersey's only eating disorders program providing comprehensive treatment exclusively for children and adolescents



## WE'RE ONE OF THE BEST!

Overlook Medical Center has been recognized as the only hospital in New Jersey to be named one of America's 100 Best Hospitals for General Surgery™ in 2017 by consumer healthcare rankings group, Healthgrades®. The hospital was also named one of America's 100 Best Hospitals for Stroke Care™ and Critical Care™. This is the fourth year Overlook has achieved this top recognition for Stroke Care, and the second year for Critical Care.

Overlook is also recognized among the top five percent of more than 4,500 hospitals nationwide for its clinical performance in Neurosciences, Treatment of Stroke, Critical Care, Bariatric Surgery and General Surgery. In fact, Overlook is the only hospital in New Jersey recognized for both achievements in Neurosciences and Stroke. We are also the only hospital in New Jersey to receive both the Healthgrades 2017 Neuroscience Excellence Award™ and Stroke Care Excellence Award™, most notably, for the eighth year in a row.

New this year, Overlook is recognized for Superior Performance in Bariatric Surgery and achieved the Bariatric Surgery Excellence Award. Our team approach to clinical excellence -- from the skilled surgeon who performs the surgery to the skilled nurses and staff who care for the patient and maintain quality care -- contributes to Overlook's outstanding outcomes. More importantly, our quality is consistent, as we perform among the highest number of bariatric surgeries in New Jersey.

In addition to these achievements, Overlook is a recipient of the coveted Excellence Award in three more categories: Critical Care, Gastrointestinal Care, and General Surgery. Check out the complete list of recognitions below, including the many areas where we receive Five-Star ratings.

Below is a complete list of Overlook's recognitions from Healthgrades for 2017:

### BEST SPECIALTY

America's 100 Best Hospitals for Stroke Care™ - Four Years in a Row  
America's 100 Best Hospitals for General Surgery™  
America's 100 Best Hospitals for Critical Care™ - Two Years in a Row

### NEUROSCIENCE AND STROKE

Neurosciences Excellence Award - Three Years in a Row  
Top 5% in the Nation for Neurosciences - Three Years in a Row  
Stroke Care Excellence Award - Eight Years in a Row  
Top 5% in the Nation for Treatment of Stroke - Five Years in a Row  
Five-Star Recipient for Treatment of Stroke - Ten Years in a Row

### CRITICAL CARE

Critical Care Excellence Award – Two Years in a Row  
Top 5% in the National for Critical Care – Two Years in a Row  
Five-Star Recipient for Treatment of Sepsis – Six Years in a Row  
Five-Star Recipient for Treatment of Respiratory Failure – Three Years in a Row

### GENERAL SURGERY

General Surgery Excellence Award  
Top Five Percent in the Nation for General Surgery

### GASTROINTESTINAL

Gastrointestinal Care Excellence Award  
Top Ten Percent in the National for Overall GI Services  
Five-Star Recipient for Esophageal/Stomach Surgeries  
Five-Star Recipient for Small Intestine Surgeries – Four Years in a Row  
Five-Star Recipient for Colorectal Surgeries – Four Years in a Row  
Five-Star Recipient for Treatment of Bowel Obstruction – Four Years in a Row

### BIARIATRIC

Bariatric Surgery Excellence Award  
Superior Performance in Bariatric Surgery  
Top Five Percent of Hospitals Evaluated for Bariatric Surgery  
Five-Star Recipient for Overall Bariatric Surgery

### PULMONARY

Five-Star Recipient for Treatment of Chronic Obstructive Pulmonary Disease

### CARDIAC

Five-Star Recipient for Treatment of Heart Attack – Five Years in a Row  
Five-Star Recipient for Treatment of Heart Failure – Four Years in a Row



# GIVING AT A GLANCE

The Overlook Foundation raises funds that are used to purchase state-of-the-art equipment and fund special programs to help Overlook Medical Center remain in the forefront of medical care.

If you would like to become a member of the "Overlook Medical Center Family" by supporting the Foundation, you may

- Become a "Friend of Overlook Medical Center" with an annual gift of \$100 or more;
- Designate your gift for a restricted or specific project or allow the Foundation's board of trustees to determine the most needed application of your donation;
- Make a Gift of Gratitude in honor of a caregiver;
- Make a donation to memorialize or commemorate an individual, family or group;
- Make a planned or deferred gift to maximize tax advantages and/or protect current or future income, thereby becoming a member of the Heritage Society.

All Overlook Foundation gifts are tax deductible and remain at Overlook.



## OVERLOOK FOUNDATION

Restricted Gifts  
for Capital  
and Program  
\$5,590,586

Unrestricted  
Annual Support  
\$1,006,355

Total  
\$6,596,941

For more information about how you can help further Overlook's mission to provide exemplary health care services to its communities, please contact

The Overlook Foundation  
36 Upper Overlook Road  
P. O. Box 220  
Summit, NJ 07902-0220  
908-522-2840

www.overlookfoundation.org

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*Director, Neuroscience Services, Atlantic Neuroscience Institute*

## Friends Remembered

Since our last report, we have lost several beloved members of the Overlook Foundation family. We recognize their special contributions to Overlook and to our community, and we extend our heartfelt condolences to their families.

Robert E. Allen  
Robert J. Bauer  
John P. Bent  
Jay Bloom  
Elizabeth E. Brucker  
Cara M. Corbo  
Robert J. Daeschler  
Nancy S. Derrey  
Laurie Finn  
Marc J. Friedenberg

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Mildred Simson  
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# OVERLOOK FOUNDATION

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